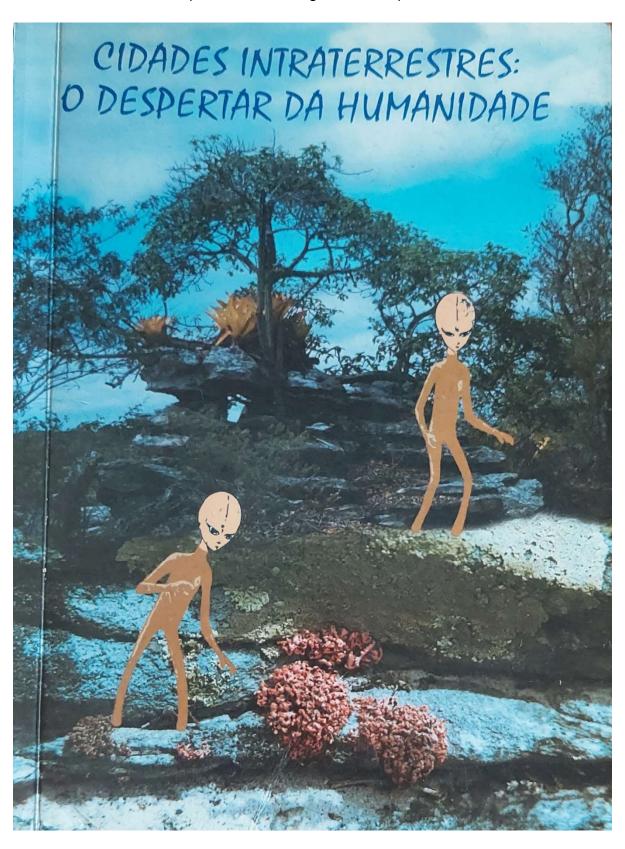
INTRATERRESTRIAL CITIES: AWAKENING THE HUMANITY

(last review in August of 2022).



THE INTRATERRESTRIAL CIVILIZATIONS

All those whose ambition is to remove the bandage covering the eyes, soon after have reading these pages, prepare the heart for the news. You will discover the God's Creation pulsating inside the Planet.

Count Rochester (*)

(*) Count Rochester is a disembodied spirit, author of various extraordinary works published by Brazilian Spiritist Federation (FEB) and others. Now, He is one of the Protecting Spirit of our groups.

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2nd Part

Old Messages (Only in the Portuguese printed version)

3rd Part

(Only in the Portuguese printed version)
2nd edition of "The Intraterrestrials of Stelta" and "Armat –
Submarine Colony

Bibliographic References (Only in the Portuguese printed version)



Nothing of that you will experience, as group or individually, neither is above your merit nor less to be avoided.

Rampa

INTRODUCTION

Dear daughters,

Your minds connected to the Divine Light of Love command the mobilizing will of

the Soul's ascending strength.

You have been humble and lovingly devoted to the work, as it is natural in the

souls wrapped by the feminine charm.

As brave and courageous women, you have been facing the opponents even

feared by a lot of evolved Spirits.

You shall dedicate again to the work even not imposed by Evolved Spirits. As you

well know the Laws, only the work performed in the light of sincere love redeems the Spirit's mistakes. Do not remain longer in crucifixion. Exert efforts in the

restoring labor so that you reach the freedom deserved.

In the astral plane, already shines among men the Light that shall touch the

hearts of a lot of brothers still sleeping. These messages may prepare them

to conduct themselves at the last moments of the planetary rescue.

To you, our gratitude for the trust and faith in the work performed with

determination and courage for facing your old and prejudiced society,

revealing you as obedient soul aware of your earthly mission.

For your love devoted to this this work, only Jesus can reward and pour on you,

His sweet fragrance of Blessed Love.

Hail the powerful Light!

Yours Master,

Ramatis.

Members of GER": Edilza, Margarida, Maria Clara, Penny and Simone.

HERCILIO TALKS ABOUT THE BOOK

01. The reason GER was invited

I feel the strong the presence of Hercílio Maes.

Soon, He communicated with us:

Be on Peace with Jesus, dear Sisters.

Little time we had to meet each other in the matter, but the empathy was always great and immediate (it refers to Mrs. Margarida).

We belong to the Great Spiritual Family of Master Ramatis, who seeks to gather His children that, reluctant in wrongdoing have lost great opportunities the Father granted them along of various incarnations.

The hard activities we have done in the matter are also gifts granted from God to His in debt sons of past lives.

Face courageously one more redeeming work. You can!

Indeed, the Master had invited other groups throughout the Earth for divulgating about pulsating life inside he Planet Earth, but a lot were the excuses for not doing it.

To face the human hypocrisy is a challenge for few ones.

Go ahead women, warriors of Light.

Hercilio Maes, 09/09/2002.

Note: Just minutes before, I had asked to other companions, "Why did not the Master offer this task to other Spiritist House under His responsibility, since there are other more experienced mediums able to do it. Why did he choose us?" Soon, he gave us the answer above.

Thank you, dear brother.

May Jesus bless us!

Margarida.

02. Support to our Work

Days later, Hercílio honored us with his wise words:

May Peace of Jesus be with you, dear sisters!

It is not easy bring to the profane world, absolute truths still kept under a veil of mystery and superstition. Men little know of themselves and about the Planet where inhabit. If men believed and practiced the Master Nazarene's sublime lessons, now, you would not have to remove the veil that no longer would exist.

Unfortunately, the "cycle of incarnations" is full of declined spirits unable to assimilate the sublime lessons coming from the High, whether by ignorance, rebellion or apathy.

Sisters, we reaffirm our support to you on the current work.

The evolved intraterrestrial brothers always contributed in favor of the Planet Earth.

The Evolved Spirits know and work together with intraterrestrial brothers, whose extraordinary cities contribute for the Planet's balance.

Go ahead, despite of distrust of a lot of people. Wait that only God Father and Evolved Spirits bless you all for the accomplished duty.

Peace forever!

Hercilio

Note: Hercilio Maes is the Spiritual medium or channel that received the largest number of messages from dear Master Ramatis. He was pioneer on the roads never known before. Our dear brothers Hercilio and Ramatis suffered prejudice by revealing hidden truths. Now, the history repeats with us.

CLARIFYING WORDS

Historically, the humanity has seen modified its perceptions about life, universe and even about human life. Even so, we still have our minds petrified on truths brought by Science and Religions, as if they were absolute, hindering us for new discoveries.

Over various journeys, the modern Science contributed in establishing methods and techniques to investigate the unknown, thus distancing itself from imponderable realities of life, seeking to join evidences that would explain in a merely materialistic perspective, the chemical, physical and biological phenomena.

The religious doctrines, in turn, multiplied themselves quickly, sometimes by the eagerness to dominate or obtain information able to appease the human needs and curiosity, often worrying about the form and diverting from the content usually common to them all.

Nevertheless, it is enough a glance on the world to reveal how so much still lack us, to understand, feel and live in fullness, connected to the Universal cyclical movement, with various planes of existence and in harmony with our neighbor and Universe.

Ramatis who is the same beloved Master Kuthumi, by means of his messages, he invites us to enlarge our perception of world and remove the veil covering us the eyes. With his knowledge about universal power, he breaks the barriers of prejudice and teaches us that the solution for our suffering is closer than we suppose.

To take part in the contruction of his book was something unexpected and far above our merit. However, as workers of last hour, we took the opportunity with all our strength and we did our best to answer the Master's expectation.

We exerted efforts, dedication and love that made us grateful for such kindness. It was above our understanding and longings for this life.

The Earth is alive! Life is pulsating inside and outside the Earth. We are a lot of spirits sharing life in it, and, as brothers, we shall recognize each other as brothers, so that, the ideal of Love given by Christ is finally fulfilled.

Our intraterrestrial brothers thought very much bringing contribution to the Planet Earth and us, as incarnating spirits. Nevertheless, they live their fullness in an

occult way, given to their extraordinary level of evolvement, which would not be understood, times before.

Time has come to reveal the presence of intraterrestrial spirits and friends for those already prepared to recognize or understand them.

Jesus is Power directing and sustaining us!

GER's team: Edilza, Maria Clara, Penha, Penny and Simone.

GRATEFULNESS

This book is simple in its appearance, but rich and great in its content.

We did not ask anyone outside GESJ to make a Preface, Introduction, Presentation and so on, because the **messages coming from powerful minds already say everything by themselves.** Moreover, other words would not express our thoughts about this unknown issue: **Human life inside the Earth.**

This humble work results from efforts of the Group GESH (Grupo Espirita Shama Hare). We must thank God, Jesus, our beloved Masters Ramatis, Shama Hare, and the Great Universal White Fraternity that granted us this blessed opportunity of spiritual work, far above our merit. To the Fraternal Spirituality that have bee working with us in various activities and situations, giving us the support and protection against incessant attacks coming from negative forces.

We also thank the evolved extraterrestrial brothers, Commanders Ashtar Sheram, Setun Shenar and Yuri with their workers of light, our brothers of stars, as we lovingly call them.

It is unnecessary to thank our dear intraterrestrial brothers that are already part of the daily routine and objective of this work.

It could seem a joke, but we also are thankful to our enemies, wizards, sorcerers, black magicians and others of the present and past time, embodied and disembodied spirits who sought wool and left shorn! They continue disturbing us twenty-fours a day seeking to destroy us. It is vain hope, impossible dream!

All of their effort only strengthened our spirit. We grew spiritually in courage, union, obedience, discipline, wisdom, trust and faith.

Indeed, those unhappy brothers were excellent instruments of test, and good teachers for us.

Thanks to you insane brothers! Who knows, one day, in a future life, you also face similar tests based on Divine Laws that "The sowing is free but the harvest is mandatory".

Yes, we will die, as well as everything dies, when the Father wishes, not by desire of negative beings. Thus, we offer to you this simple work in its presentation, but great, sublime and wonderful in its content.

May Jesus bless us!

Margarida's Team: Edilza, Maria Clara, Penha, Penny and Simone.

Vitoria/ES, April of 2003.

MESSAGES OF THE BOOK - BY VARIOUS BEINGS

That God Father has a lot of homes, everybody knows.

That there are a lot of subterranean homes, you must divulge by means of many and simple revelations.

That the Darkness dares to stop your steps, there is no news.

Ensure the shield of faith and trust, since the objective of the Light is above those rebel enemies against the light.

Keep you on Strength and Light. Be you on Peace with Lord Jesus!

Rampa, GESH, 09/21/2002.

01. <u>Invitation to New work - Book about intraterrestrial Beings</u>

Sisters.

Peace be in your hearts!

You have been fulfilling with wisdom and determination the guidelines entrusted to you. As good disciples, you have been travelling the path that directs the trainees toward the progress and wisdom.

This humanity needs so much of words of wisdom and comfort, as well as actions of faith and courage to awaken in each one, the same power of light.

After a lot of achievements and doors opened, we bring to you another work that will grant to humanity, enlightenment and understanding in those hearts hardened by selfishness, pride and hatred.

For own benefit of those who heard about the intraterrestrial beings, it is necessary to divulge these messages so that everyone know them. It was the Father's wish that all creatures on earth, at the end of the planetary cycle, could hear and understand about all things that just a few ones know.

It means to reveal everything, which is hidden.

We do not impose; we only invite you to become again, instruments of words of Light and Love abundantly gushing over this humanity.

You must reveal among men about our beloved brothers that are moral, spiritual and scientifically evolved in relation to humans. They inhabit advanced intraterrestrial cities of the Planet, where the way of life, longings and attitudes express the high vibrational level of them.

The embodied human beings must bear in mind that a lot of those brothers that one day inhabited here, today, they inhabit intraterrestrial cities, while earthly people think they are lost or dead.

You can ask your questions.

Medium: We are afraid of the work does not go well after ready, as we would like.

Ramatis: We know of your conditions due to poor development and training of mediums in this type of task. However, considering the determination shown in

performing other tasks up to now, this group have the conditions to carry it out as necessary and required like others works transmitted in favor of the humanity.

It is sure that "attacks" seeking to interrupt the process of revelation in course grow worse, and the moment requires discipline, dedication, courage and obedience.

We remain transmitting the necessary information able to answer your questions later. **This is the only presence of mine**, but other brothers continue assisting you in constructing the work.

Medium: We hope Jesus protects us in this new task, in the same way we have done others even with limitation and difficulties!

Ramatis: Yes, so it will be. We count on your courage and determination as well as other members of Group GESH. The most we need are discipline and obedience before the constant attacks coming from the Power of Evil daring **"to abort it."**

Remain strong and united as team so that the adversaries do not found any gap able to reach you.

That the "efforts against the light "be thrown away by the "field of force" of yours, so that you go ahead, without interrupting the journey. You tread the path of light and anything may interrupt the journey of others treading the same path.

May the disciples remain attentive to the job only attuned with the spiritual assistance, because there are a lot of sufferers in need! Every day, more and more spirits disoriented and lost leave from the abyssal regions in complete state of moral destruction, in need of spiritual work and help. Work while sleeping, and even awakened with astral body as you have done.

We need of courageous and determined hands working and serving according to Jesus Gospel. Nothing else matters now than the important work of rescue and warnings addressed to the humanity by addition of Mercy and Sublime Love from the One who is in Heaven guiding us.

Coordinator of every activity of spiritual help, from the simplest to the most complex, long or dangerous tasks, everything His Beloved Heart commands. He nourishes everyone with His infinite Love, and it is for Him we must work and offer sweat and tiredness.

Since long ago, we prepared the disciples that should perform the task given to you now, but fear was above them. Fear of failing, which is already to fail in itself

and let them far from the blessed work. Be you, workers of last hour in fulfilling the work in a lovingly way, ignoring the cries of protest, hatred, attacks of destruction and looks of reprobation.

Be you, faithful disciples in fulfilling the duty until the end, revealing to the humanity about the intraterrestrial life inside the Planet Earth.

Again, remove the veil covering the eyes of ignorant earthly inhabitants and wait from Spirits of Light, the reward for the accomplished duty.

Be you far from the earthly criticism, and keep your mind in the work that will be hard.

Medium: We will exert efforts, goodwill, love and respect to accomplish the job.

Ramatis: I will be with you transmitting the messages during the period of work.

Ramatis = Master Kuthumi of GFBU Morro de Chapeu, Bahia, Brasil, 09/07/2002.

Note: Ramatis is the Spiritual Protector of GESJ (main office) ASJ (social work) and GESH (new name of the Group GER).

02. The Book

Blessed is Jesus!

Beloved daughters,

Once again, we have another task able to expose you in danger by the bestial creatures that want at all costs, to stop the knowledge.

If there is still so much ignorance about the planetary life, it is because of men that allowed it. From Above, lights of progress had never ceased.

As a lot of you already said, the "**Enough**" would come when the kowledge be brought to the sunlight, even with sacrifices of your bodies and minds, or giving up the material goods, it must be done, because it is "the last stage of the planetary transition".

Those who do not wish to walk; they have already given up, while those who intend to remain, no longer can do it.

We believe in this Group always obedient and persistent in fulfilling all the requests given them.

Believe in your Protecting Spirits and Guides that never would ask you anything beyond your strength or skills.

People like you, Sister (it refers to Margarida, responsible for the Spiritist Groups) who has already the physical body tired out due to the advanced age, you shall suffer harder the attacks coming from the darkness, but as you always say, you would do your best for no longer return to the condition of suffering and pain. So, will be!

Hail the Light!

Shama Hare (*), Morro do Chapeu, BA, Brasil, 08/08/2002.

(*) Disciple of Master Ramatis; Protecting Guide of Margarida, President of the Spiritist Groups.

03. The Task

It was in September 7, 2002, at 9:00 pm at the hotel in Morro do Chapeu, Chapada Diamantina/ BA when we knew that should begin at once the next task.

We were coming from a long and dangerous battle in the abyss of the astral plane, when our dear Mentors Ramatis and Shama Hare gave us green signal.

We would like to take a tour, but as a popular proverb says, **"Man proposes, God disposes**", far from us knowing of another task already programed from Above for us to fulfill, by request of dear Master Ramatis.

However, the first signal was not that, since we had already received a message on board the bus from Vitoria to Feira de Santana/BA, which we ignored, given the euphoria of the tour, like kids on vacation!

Margarida

04. Prepare men for what will come from inside the Earth

Firstly, I have seen three spaceships flying over the bus, accompanying us.

Then, I have seen Mrs. Margarida in the astral plane writing down a book. She used an old ink pen, which ink shone intensely on the paper. Much of the book was ready, because a lot of pages were turned upside, about to end it.

Finally, I felt strong presence of the Vice-commander Setum Shenar who introduced himself different from usual. He seemed "human" with golden brown hair and tanned face, body and features similar a human body. He gave the following message:

Earthly brothers, we greet you in the name of the Light!

Blessed is the Force for bringing you here again!

Blessed is the Light guiding you!

Sister, you received the "key" to open the doors and divulge about us among men transmitting them our messages.

You also received the "stone" to illuminate your way and to open the "portals of communication" for the contacts necessary to the revelations.

Through the Divulgations, you have been registering and informing everyone about the activities of Heavenly Forces around the Earth.

You used well the gifts given to you (here there was an interruption; seconds later continues) ..., and as generous and determinate spirits, you made the Ideals of the Hosts of Light shine on Earth.

It is true that much of the work remained behind on the way, since a lot of workers (spiritual mediums) gave up the job, even so, effort and faith keeps the flame of the truth spreading on Earth.

Our words are like little winged seeds blown by the wind about the labor of embodied sisters. These "seeds" falling on the fertile soil surely may produce new seeds, thus continuing the cycle of life.

No "dark power" can silence voices echoing in the collective conscience of this humanity, whereas, our presence already vibrates strongly in the inner core of these beings. If today, we appeared in a Spaceship of Rescue, a lot of people would no longer remain inert, terrified or dead.

There is a new task of revelation, which you already begun, and must materialize it with same effort, even though controversial: Prepare men for what is coming from inside the Earth, whereas, for what come from Heaven, you are ready.

Everyone must know that in this same Planet, evolved civilizations build cities accessed by tunnels or corridors. Shaked are "Forces of Light" cultivating the civilization that may emerge as embryo of the new earthly civilization.

Men must know about intraterrestrial beings that long ago have been working with various energies of Nature, including the human one. These energies are useful for constructing the dense matter and to forge the atomic materials necessary for the activities, they must perform.

Emerged from the mud, is the pulsating embryo of the new earthly civilization.

Setum Shenar, 09/07/2002.

05. Revealing the Occult Matter

Hail Peace!

It is not by chance the worlds meet each other. From these encounters come new knowledge impelling the creatures to an angelical trajectory.

To reveal the matter hidden due to human irresponsibility, indifference and pride, it is a hard task and sometimes painful.

Men listen to what they want, not what they need, and thus, for a lot of people to remove the own veil now, it may sound like a joke.

Many others fed on own bitterness and unhappiness, they may judge the revelations as insane or perverse actions. However, there is a group, for which we work and that will receive the Cup of Light in the hands and drink it as if it were the wine served by the Holy Grail, because wherever reigns Peace and germinates Love germinates, over there is the Body and Blood of Christ.

Go ahead Sisters to fulfill the task given to you by beloved Ramatis, and remove the veil of human ignorance, extending to your embodied brothers, the carpet of light inviting them to a progressive and happy spiritual ascension.

With love, I reaffirm our presence with you at constant vigils, so that your strength does not weaken.

Bear in mind that God Father prepared your steps sustained by His Son, Jesus.

There is no Force in the universe able to stop them.

Hail the Light!

Count Rochester, 11/22/2002

06. Kanopson XR3 Basis

I have seen approaching cautiously, three beings closer the place where we sat down. They were different beings, tall, thin and with long neck. Behind the long head, there was a kind of high collar with three parts like a portable satellite plate. They dressed on clear garments reminding of trunks and branches of the surrounding trees, giving the impression of mimicry. They emitted sounds, which mentally I translate here:

Earthly greetings,

What are you doing here?

I did not answer, because we were beginning the opening prayer. They understood and looked at us. When they heard the name of Commander Asthar Sheram identifying his vibration, they relaxed the defensive posture they had.

After the prayer, they said that worked next to that place. They showed us tall antennas with radars pointing upwards. They easily captured the whirl of thoughts of mine and then, we communicated mentally. They came from Planet Mars for implanting here their high technology at the field control, from one of the access portal.

For penetrating the Earth, the spaceships should emit a sound/signal and receive back another one. Then, like a lock and key, both sounds fit well; the passage opens so that the spaceships penetrate easily, without waste of energy. They are like small doors opening and closing at once.

They could take the shape desired. One of them became a beautiful white horse circulating and monitoring the human behavior and thoughts in that region. He gave us the following information:

Kanopson XR3 Basis is a sound to identify a small landing and supply station.

They call me Aaron, commandant of the basis here. From Mars, I was designated by the Ashtar Command designated to implant and monitor this region. We belong to the spatial command. Now, we are working in the planetary transition and, little contact we have with humans, whose culture and varied expressions of

Art we know. We always follow up the advances on researches carried out by this humanity through a monitored network, keeping our command centers updated. Periodically, we send bulletins to the stars, so that the spaceships surrounding the planet know and follow up the progress of human activities.

We know that various human groups make research about us, and we must act carefully on Earth, since the work we fulfill requires all this care.

We study the human behavior, language and we only approach when necessary.

Indeed, our spaceships follow them up and move away any undesired being.

Man is curious to understand the unknown, but he knows the hunger and cannot exterminate it. They hatred and cannot control it.

Then, it is not time to bring to the human knowledge, the varied and advanced technologies we have, which would not be useful to improve them, morally speaking.

Medium: I asked if they knew of the work carried out by our worker's team.

Answer: The system updates and let me know (he sought data in his mind as it were a computer).

The Master of yours guides you. He is as Force-light in the Stars Realm.

Be you on Peace!

We hope your job soften the hardened hearts, as well as the rain softens the soil!

You are humans completely different of others.

Blessed is Master Ramatis guiding you!

Aaron, Morro do Chapeu, 09/08/2002.

07. Where fear appears, plant courage

Greetings, daughters of Light!

Here is Commander Yuri speaking.

You have the minds ready for the task you fulfill.

Your astral bodies are clean and protected so that the strong energy received, do not hurt you.

After recovered and prepared, you are going to visit the intraterrestrial cities, and from there bring gifts of light, pearls of Love of Master Jesus, transformed into knowledge addressed to all humanity.

We hope you all may access the Inexhaustible Source of Love to understand what will come.

You know that a lot of people cannot understand you yet. Do not judge them. They cannot yet reach the highest fruits from the "tree of life". You shall devote yourselves in spreading precious seeds and wait until the hearts free from attachments to the matter let the light shine.

We are protecting and strengthening you for facing a lot of troubles and it could not be different at this time of the Final Battle between Light and Darkness.

It is the time to each Spirit of Light defends his own flag, revealing to the "opponent army" that the Planetary Christ is alive in His children's hearts and only Love is strong enough to face the purulent wounds of hate, envy, pride, selfishness and vanity, among others.

We know about the long Battle, which demands so much time and work, tests of strength and confirmation of votes uttered by newcomers composing the Army of Light.

We are commanding you in the Operation Rescue. You must know the ways guiding you toward the safe Aid Centers.

You must know the places where you shall inhabit and be ready to stay there.

It requires strengthening of faith, trust and hope. Anything reaches you, other than you have thrown into space. We assure that your renewal always means a factor in extinction of force from the Law of Return.

We remain listening to you and, at the least signal of frequency modified and detected by our sensors, we immediately rescue you.

Then, you shall to renew yourselves and do not wait the difficult hours to remove the veil of ignorance and see that some people live more to grow than grow to live.

Peace in your hearts!

Wherever fear appears, plant courage and remove the paralyzing fear.

Wherever pain appears, you shall love more and more.

Wherever despair appears, hurry up the step to faith.

Do this, so that we can rescue you!

Hail the Light!

Extraterrestrial Yuri, the Planet Patrol's Commander

Question: You are saying the preparation of this book refer to the programs to rescue the embodied human beings. Is not it?

Answer: You are right. Besides the divulgation of the issue given to you, these messages seek to, unconsciously and consciously, prepare the humanity for the painful moments they may face. We hope the seeds thrown may touch the hardened hearts and germinate fertilized by pain and despair.

Our simple words of encouragement, probably empty for a lot of people, gain new meaning when the earthly illusions gradually become the hard reality worshipped by human foolishness. Then, they can understand and act.

Question: Then, by revealing to the world about the existence and way of life of intraterrestrial beings will prepare men for the last minute choices?

Answer: Yes, and not only, the incarnating ones, but all of disincarnating attached to them in the Astral Plane composed into groups of reading and meditation on the book.

The book can touch various sectors of earthly life, making you highlighted and responsible for destabilizing men from their spiritual comfort due to fast, serious and profound changes about to take place in life and organization of your cities.

Discussions about the lost human values may take shape by moving beings destabilizing the stagnant force.

A lot of people will wake up and begin to walk. Others will retake the inertia and complacency, but will receive other unpleasant stimuli.

Extraterrestrial Yuri, Commander of the Operation Rescue.

08. No human action is free of consequences

I have seen three different beings. The tallest one lived in Letha city. His body had a beautiful golden color. The medium one lived in Stelta and his body had silver color perhaps referred to his clothes, not the skin. I could not differentiate them sexually as male or female. Their bodies seemed to be like little children, whose hands had two or no finger.

Then, I received the following message.

We hope the incautious minds understand the messages transmitted by increment of the Father's Mercy, so that neither madness nor terror reaches them.

Dear brothers, I'm Elsim, resident in Stelta. I represent my people in greeting the earthly humanity.

Strange it may seem, our existence is real and free of prejudice.

We warn you about the excessive negative load you are throwing on your Planet. No human action is free of consequences; no negative thought has neutral reaction and no word uttered crosses through space without reaching its target. Therefore, you must recognize that everything you planted, you are reaping, and will reap the bitterest fruits of excessive prejudice, fear, attachment and intolerance.

By refusing every form of learning directing to the right way, the current humanity looks for ephemeral pleasures and happiness thinking that after satiated the first hunger of pleasure, it reaches their deepest fibers.

Happiness is not of this world, said Jesus, and we tell you, not even of this hour. However, those able to hear and understand us, they know that can sow their future happiness, since they start right now.

First, abandon the attachments to the matter and respective sensations such as the illusory and temporal power, which must change into supreme power to dominate internally, the still primary instincts.

Next, **get rid of luxury** that illusorily feed on life, a lot of embodied beings. You must change it into desire to the sublime love that being perennial, gives the true life, exalting the spirit that can only animate the flesh.

Then, get rid of prejudice acting as if it were an insurmountable barrier. Change it into free access and control of your minds, preparing you for the days of contact.

To other beings, whose difficulty is greater in accepting us; try at least bear in mind the idea that life manifests itself in many ways and places. Not only as you understand, but also and especially beyond of your short human comprehension.

You as are sons of God, yes, but you have never heard that you are His only son. Only one became singular by His Love to you. He is your beloved elder Brother Jesus, whom we worship for representing the simple pronounce of His Name, an opportunity for elevating His Loving Energy.

Give up the excessive pride in thinking you are unique and exclusive race.

Get rid of selfishness in thinking you are the only heirs of the Earth.

Bear in mind that you are just one more person facing your own foolishness, and as soon as possible, prepare your minds to accept us.

We stay with you all the way, want or not. This is the Creator Father's Will, not of yours. We want to stay with you on Peace and prepare you for the confrontation coming. The more you join us, greater the chances of a happy Earth.

Come to us with open hearts and lucid minds, and prepared to know new reality. We await you, as brothers to visit us as soon as possible.

Elsim, Intraterrestrial of Stelta City.

At this point, Elsim told me that such contact was part of the work of awakening souls related to the vibrations of Stelta when each being touched by this message would connect with the work team of that city including the preparation, training and visiting the intraterrestrial cities. Many of them can read and feel nothing but criticize them. Others can feel but not be able to explain the strange familiarity of such words in their souls.

Q: Is there connection among us of the earthly surface and you, intraterrestrial beings, because of our sidereal origin?

A: Old companions meet each other after long journeys and recognize themselves, despite time and distance. Nothing happens in the Universe, without logic and reason, other way, everything would be incidentally, and you know it is not true. Nevertheless, it is earlier to go farther on this issue.

Q: Who were the other two Beings with you yesterday? I barely asked the question when one of them said:

A: Let me introduce myself. I am Onsã, inhabitant of Letha.

We talk to you earthly brothers, with love of those who long ago follow you. Based on the historical line of this humanity, we invite you to think about the way you are taking and preparing to your destiny.

You know that every day, you are building your future. However, you still live as if only the present time matters. Through your religious manifestation, you try to see beyond the matter, but as in old times, it seems to be stronger the attachment to the matter than the belief in itself. That what should represent your religion with the Above, it puts you more distant.

Why do you need strange people to defeat or disturb you? By chance, are not you experts at doing it?

How foolish this humanity is!

Get rid of the infectious paralysis of your animalized Self and attain you to the angelic state of the renewed spirit.

Be happy, the day will come to put an end to the historical legacy of suffering incarnating and disincarnating of perverse spirits that continue creeping in the mud of deep incomprehension and intolerance.

Come to us with open hearts, lucid minds! Be happy for to be children of the Father

Onsã, intraterrestrial of Letha City.

At this point, other Intraterrestrial approaches speaking:

Lenthy is my name and I am inhabitant of Okay. Long ago, I study on human beings with their ways of life. We love your people and the way you give up the matter in favor the spirit. However, it is sad to see so few beings dedicated to such an attitude of detachment, when many others could live this way and awaken to the Light. Then, we work so that you find in the Light, **a very happy life.**

Be sure that inhabitants of Okay will welcome you with much love. They carefully prepare themselves to stay with you.

We have never desired pain, but as we already told you, the harvest you do today results from the past sow. When you used bad seeds, you planted pain and suffering you face today. We offer you peace in our city.

Come to us with lucid mind and happy heart, so that in your souls, Love prevails and you enjoy the stay we offer you.

Lenthy, Intraterrestrial of Okay city

Note:

Stelta is an intraterrestrial city placed in Domingos Martins, ES/Brasil. **Okay** is an intraterrestrial city placed in Chapada Diamantina/BA, Brasil. **Letha** is an intraterrestrial city placed at Rocador Mountain/MT, Brasil.

GENERAL ARRANGEMENT ABOUT INTRATERRESTRIAL CITIES

When have exhausted all your hope, have faith, because we will appear from inside and from outside the Earth, with our spaceships to rescue all those that doing the good, they have activated the Marks of Christ and selected themselves for the Rescue. It is the end for the cycle of Evil and beginning of Peacetime.

Intraterrestrial Arfat, 01/04/2003.

GENERAL ARRANGEMENT ABOUT INTRATERRESTRIAL CITIES

01. Animals

Q: Are there animals and humans inhabiting together in intraterrestrial cities?

A: The animal life represents stages still delayed referred to the development of the monad. However, despite of being brothers in inferior conditions, at times, they can integrate with inhabitants of Stelta and with others of Okay city.

Q: What do you mean by that? Could you tell us which sectors of the cities you refer to and what kind of animals are present there?

A: Likewise, the equilibrium of forces established between living beings of your dimension, the intraterrestrial cities also need their elements interconnected through complementary devices. So, in the same way the insect pollinates the flower and from it gets its food, there are some animals in Stelta interacting with fruit trees, feeding on its fruits while rendering valuable service in disseminating its seeds. In general, it refers to the primates that little differ from the human condition at levels of evolvement of worlds.

Water is also present fulfilling work similar to that current today, but there is no dependence on the part of the Stelta's people, which is visible among beings of the surface.

Water, vegetables and animals present in Stelta serve as means of approximating the inhabitants to a reality different from that they used to have.

We can see in Letha, as well as in some sections of Okay, a great variety of species in a harmonic way with the local people, originated from the mental creation of their inhabitants putting into practice the mental empowerment and consolidating the study and work they like best.

It is normal to walk in the clean streets of Letha and meet birds with transparent, thin round beak, soft colors and human eyes, as if they were real beings staring us.

Even more different is the reality of some sections of all these intraterrestrial cities destined to receive the human beings. The fraternal Love wanted and Divine Goodness allowed that those sections prepared for the reception of incarnated beings were exactly like the reality of natural environment of the surface. Such a measure coming from generous hearts sought the adaptation of the rescued ones to new house, as if they were in Medical Centers undergoing to integral physical and mental health.

Children are largely favored in these cases. They feel familiar with the new environment, which has the same characteristics of those they used to have and left behind, depending on the Rescue Parties providing the children a comfortable adaptation for well-being.

Q: Are there poisonous and dangerous beings together with human beings in your intraterrestrial cities?

A: There is no imminent danger in Okay, Stelta and Letha Cities, which is of sheltering beings in the stage of regeneration, like in the New Land. So, it is unnecessary painful trials or atonements, eliminating every fear and negativity in itself. Power of Evil will not dwell in the regenerating beds. Everything out of order gradually takes its course according to the loving plan of the Major Experienced and Evolved Being.

Ersam, 10/05/2002

02. <u>Food</u>

The intraterrestrial beings concentrate all efforts for the immortal spirit to evolve, knowing that the dense form is transitory and perishable.

From their minds, project their simple and practical bodies, which guide them in the material life, to consume basic energy to subsistence.

Their acommodations collective or individual are simple and comfortable, without furniture and utensils, unlike the human homes on the surface. Food and ostentation of human beings direct them to overfill their homes with useless things.

They live a simple and harmonic way, always trying to activate the earthly salutary energies. According to evolutionary category, they feed on vegetables, fruits, juices, pastes, never existing in that category no being who feeds on his inferior brother.

They respect all the Kingdoms of Nature and spend only the necessary to survive.

The most evolved beings capture and transform the energy prane into source of energy for maintenance of their bodies.

They produce food in a way to share it equally among them, without privileges or deviations for any category of creature or profession.

There is in every region, collective supply nuclei, where people do not worry about food shortage. They always seek balance and simplicity in living. Their bodies absorb all food eaten. There are not organic excretions being unnecessary the sewage system or similar. Thence, there is neither contamination nor disease in its cities by inadequate sanitation.

Ersam, 10/12/2002.

03. Family

One of the most difficult reality to transmit is to whom have not yet reached enough understanding about the way of living the intraterrestrial beings. The more evolved beings are, ess attached and emotionally they are. There is, however, children growing up, evolving at different stages, and living far from their parents. It does not mean, they enjoy it, but shall be this way. It is the case of Stelta City, where the couple often announces their separation from the son, looking for others renovating works. The children, in turn, as evolved spirits, understand the choice made by their parents.

Q: There is no need of families like ours?

A: There is not in the way you know family on Earth. Intentionally, they form the nuclei, no longer governed by the karmic cycle, based on the painful relations by misuse of free will.

In the Regenerating Planets like the Earth of the future, as well as in the intraterrestrial cities bound to shape the future earthly civilization, the sidereal teams plan the encounter based on individual needs in guiding each being to evolve.

Thus, in Stelta, families can be temporarily composed seeking correction and vibrational adjustments stimulated by close contact.

In Okay City, the choices seek only opportunities for manifestation in the denser planes seeking learning.

In Letha City, the fraternal Love join groups of spiritual family according to vibrational affinity.

The universal cosmic movement acts like the musician who joins the musical notes, harmonizing them into the sound able to touch deeply the listeners' feelings of peace.

The family nuclei in Letha City are cells of the universal family in composition to guarantee the power and strength of a people through union.

04. Individual and collective transport

The biggest centers have single and collective transport circulating through the large avenues. They all are aerial, because the "wheel" no more exists.

In the most developed centers, people fly inside the cities, without transportation aid. They project from the bodies, an appendix to allow them to move.

The more evolved ones teach others in exchange of learning through the Schools and Universities existent in those cities.

The intraterrestrial Spirits sorry to see brothers of the surface still living in such a primitive state by own choice, with excessive pride and greed. If men respected the Divine Laws, long ago, the Father would have allowed them aid of Superior Minds that also inhabit the Planet, bringing progress to the Beings and to Earth.

Blessed is Jesus!

Ersam, 10/12/02.

There are several ways of moving within the intraterrestrial cities. The local spaceships transport the families and individuals inhabiting the first degrees of the city.

They are too small aerial vehicles; which startup is activated mentally by those who intend to move somehow. This way of driving transports improves the mental-collective strength of the inhabitants.

Q: Are there single transports?

A: No. wherever one wishes to go in the cities, there is always a group going there, in working or in family. The evolved way of life seeks to approach the minds, in liberating the individualized Ego instead of awakening of collective force.

Soon after these explanations, I have seen a kind of microbus with a group of intraterrestrial beings on board. They all together were concentrated on the vehicle displacement in the air like a feather, as if it were moved by a slight stream of air.

Q: Which is the material of the transport, I can see?

A: The forged matter uses elements still unknown to your chemistry, but looks like aluminum, but free of acidity.

Q: Where is that material from?

A: The inhabitants of evolved minds produce and send to shape them.

Q: Is it the same material of the spaceships flying over the surface crossing our atmosphere?

A: Yes, the base is the same, but depending on the mission, each flying machine receives specific treatment, for the necessary displacement.

Q: Could you give us an example?

A: Yes, the corrosive action of substances composing the atmosphere requires the neutralization through a thin layer of special varnish on the metallic surface, giving it the required protection.

Q: How do they make the varnish?

A: They use substances unknown to you. Those vehicles destined to get into the lakes, rivers and seas, they use a substance, when in contact with water, it hardens isolating the atoms and maintaining the balance between the forces of attraction and repulsion of chemical elements existent in the atmosphere and in spaceships.

Q: Even the big spaceships use the same material?

A: No, each civilization created its own technique and improved it as they could.

Note: I think it explains a lot forms of spaceships already sighted.

Orcadim, 10/26/2002.

05. Habitation

Constructions are shaped mentally by capture of the cosmic energy already processed by the land, joined the elements of the earth itself composing the necessary material.

They share harmonically collective houses, attracted by vibrational affinity. The more evolved the Being is, less individual becomes and then share collective homes, while those of subtler vibration still live in small family groups seeking collective well-being.

In Stelta City, for example, there are a lot of families and individualized groups forming habitational complex. In this same city, the higher commands inhabit harmonically in collective houses.

From these intraterrestrial cities, emerge superior energy bringing balance to the Planet.

Ersam, 10/12/02

06. Religion

The religion of intraterrestrial beings connects them deeply to the Creator. They have rooms appropriate to worship the Major Father. Composed into groups by affinity, they connect with Superior Minds capturing the essence of the sublime messages bringing them, understanding and reverence to the Creator. They capture and assimilate the message, transforming it into daily thoughts, words and actions confirming faith and trust in God.

The intraterrestrial beings are docile and obedient to the Immutable Laws, without false attitudes or hypocrisy to the Father, as well as in daily peaceful collective coexistence. Evolved minds form around themselves the breeze of goodness felt by all who approach.

In turn, the human beings look for a lot of religions, so that save their souls from eternal fire. They believe that only by reading the Scriptures and knowing how to recite the verses, by heart, they are free and safe.

Wake up poor children! Practice charity, even without an official religion. In your hearts, Love pulsates and your hands the charity operates.

You are beings chosen bringing the Marks of Christ.

Blessed is the Light!

Ersam, 10/12/2002

07. Knowledge about the Spirit and Cosmos

The intraterrestrial brothers seek to acquire most of knowledge about life of the Spirit and of the Cosmos, in order advancing more and at the same time shortening more and more the distance separating them from superior minds referred to the perfectionism of actions, and well-serve the Creator.

Perhaps by the distorted human point of view, the acquisition of knowledge occurs for pride or vanity, but I tell you, the inferior feelings that enslave men in

the matter; were already surpassed long ago by these same brothers, who are above humans in the evolutionary scale.

There are a lot of professions in the intraterrestrial cities where the beings choose the one, they like more, however, without refusing to know and study other professions, not to compete with others, but always seeking help and progress, becoming more and more a homogeneous and harmonic group, because the more evolved the mind is, larger the possibility to join as unique mind.

In some intraterrestrial cities of high evolution, the Government organizations constitute themselves into groups of beings whose unique mind commands.

Do not take unique mind as soul-group.

The unique-minds are people who continue existing individually; only the superlative minds become a harmonious group, increasing its capacity of power and action, thus bringing benefits to whom command and respective staff.

They always seek perfection to approach more and more to the Father, as well as to help the neighbor and those beings far from Light.

They have powerful strength controlled by their superior mind.

They live inside the earth, although so evolved, due to the karmic merit, because one day, they lived on the earthly surface and did not respect God's Laws, thus contributing for destruction of the order and progress. This way, they do not feel yet able to receive directly the blessed sunrays from the King Star.

Earthly brothers, you must get in intraterrestrial cities with respect and fearless; learn from them, the profound lessons about the superior life.

Ersam, 10/12/02

08. Schools

Everywhere, there are Schools in the city. Where there are Learning Nucleus, there is a building to promote a good learning. In general, Schools are placed at the open spaces and you can see varied groups of students followed up by instructors, making researches about the desired issue.

The Teaching basis is The Applied Pedagogy, including exercises so that the students know the main subject of his study, complementing with readings, lectures, videos and even accessing the Akashic Registers, whenever is possible.

The rescue incursions are also important in elucidating aspects that vary from the Humanity's moral evolution to the systemic configuration of creatures' bodies.

The intraterrestrial brothers enjoy specially to study on vegetable biochemistry and elements often disappeared from the species cultivated. They devote themselves in studying and understanding about healing. They isolate and increase the healing gases applying first on themselves, testing the balanced or non-balanced effects, and finally presenting the result of such experience.

Treatment is the main issue in all Universities, because the intraterrestrial civilization is similar in other Orbs that already started the regenerating path and seek through work to harmonize in themselves, the Universal Law.

It is in this time that various categories of spirits try to associate themselves with the various groups of spiritual work. In general, the greatest troubles at times of trials and atonements determine the work to each person to do.

Thus, Master Ramatis, who is the Master of the union, had his virtue developed when faced the separatism preached and practiced before. The Excelsius Love of Master Jesus came to balance the excessive hatred existent in the past and so on. The scenario you see today is a mirror of the past reflecting the other side of the human primitivism changed by the creative force into a blessing of light.

Each of you is participant of the same progress; you only differ from your intraterrestrial brothers, by the moment of evolution in which you live. Why fear them, if there are not relevant difference? They are ready to welcome you. Be you also ready for the encounter coming by Increment of Mercy of the Father and take the occasion to absorb energies for the regenerating life on the Earth.

Blessed is Love of God commanding everything!

Blessed is the Major Plan protecting everyone!

Hail the Light!

May God save you!

Nefertiti, 10/05/2002

Only the students, not obliged, but who want indeed to study, attend intraterrestrial schools. They are not such as a lot of earthly students that avoid as much as possible the school.

The Methodology differs from yours, because with evolved minds and high technology, it is unnecessary notebook, pencil, eraser, and so on. They use

advanced resources that project images or words so real, that make the students feel as integral part of the lesson studied.

The intraterrestrial children grow up integrated with education, seeking to become experts at learning what they like indeed, and then choose a profession seeking perfection in what they do.

Some Centers have Universities likewise in the earthly surface that receive students from different places, since they are able to attend them and interested on moral/spiritual development too.

As the intraterrestrial beings grow and age, more they recall what had learned in previous lives, making faster progress and applying them easily to the lessons they prefer now. They do not forget the previous lessons learned, but improve them in every existence, in this or that activity chosen.

In some nuclei, children are happy, intelligent, gentle and obedient, always eager for learning and encouraged to correct themselves and study, seeking perfection since childhood, even without systematic and traumatic exigency of loving parents.

Without punishment, pressure and exigency of parents, they spend a happy childhood, learning and studying, always looking for a useful future in the community where they live.

The intraterrestrial beings get from nature, lessons and knowledge to sustain life, without bringing it any harm or imbalance. They study without attack, destroy or pollute it. They share harmony everything.

They seek to know deeply, all the secrets of the Nature Kingdom, extracting the fluid essence for treatments and healings without hurting its physical morphology.

They shape in the mind, any project before to materialize them, always analyzing the collective benefits they bring and never to provoke damages or imbalances to any element of nature.

Their superior strength regenerates the imbalanced inferior realms provoked by insane minds of beings of the terrestrial surface.

At Schools, the beginner, gradually activates the learning of previous lives, improving it and continue studying what had initiated or complementing it.

09. <u>Dimensional Barriers</u>

I slowly left the physical body getting in a turmoil of tunnels full of light, which I crossed at high speed. There was not means of transportation or similar as occurred in other times.

Later, I arrived in a place, where I could see in front of me, a big gate about 40 meters high, which material resembled gold.

The two-side gate was as high as the wall. From it left a pure and strong vibration so good that invited me to enter in, as if it attracted me magnetically. In fact, the wall seemed a barrier preventing me of penetrating at once in that too strong energy.

The return was very difficult. My bodies seemed out of order; some returned, others seemed magnetized to the place. I do not know, but I had the impression I spent long time until retake my normal condition. Finally, I recognized my physical body and felt myself invaded by a strong cold sweat. Then, I heard someone saying:

To get into cities of vibrations denser than that those of yours, it is like to breathe deeply the air and holding it until the moment of leaving. You have not the physical body prepared to exchange forces with the astral of such environments.

Do not forget that such cities also exist in the material plane, but at different dimension of those, you know. In few minutes, you can transpose the dimensional barriers separating you and the cities, and in seconds transpose them back, only using your own subtle bodies without special equipment.

We are preparing you to circulate internally in those cities, as a tourist travels in a country unknown to him.

This preparation is very fast; at times can sound strange to your physical body. Do not worry! Quickly the staff of the House prepares you for immediate physical recovery.

As your displacement, bear in mind, you do not belong to any other world different from this one, where you live. Have the minds anchored in this reality, and sure of returning to the physically body.

We cannot bring you back, if you do not want, and due to the nature of the work you fulfill, as well as cities visited, to sleep means run risk, which must avoid. Thence, it is up to you the mental command to come and go, always remembering the higher vibrations invite to a permanent stay in other planes, however the lower

vibrations and connections of your karmic cycle impel you to go ahead untying the bonds to conquer freedom coming.

May the Peace be in all planetary quadrants!

May the Peace be in your hearts too!

Commander Ashtar Sheram, 10/12/2002.

Q: Are you here? The Medium asks surprised by the Commander's visit.

A: Yes, they called me to bring you back. Since long time, we have been working together and I know your energies as if they were of mine. However, anymore, I do it, because it is up to you to develop mental self-control.

Save the Force! Save the Light!

Commander Ashtar Sheram

10. Intra-extraterrestrials and terrestrial Beings together

The intraterrestrial brothers have been working, hand in hand, with extraterrestrial and terrestrial Beings. As evolved spirits they only seek the collective good in the various works they perform. So, they seek to minimize damages caused by the human insanity, in the rescue of inferior brothers dived in darkness and in fights with Beasts, in giving support and protection to the Hosts of the Good.

They take part of the Planetary Transition, with active and laborious hands, together with the Major Commands of Light.

A little portion of the rescued humans must reaffirm themselves on Faith and Trust in the Father's Major Force, because the bestial troops invade the planet in such a way that to the unbeliever, it seems a house abandoned by the Father. However, those who believe in the God's Lamb be sure of the Presence of Light in the hearts, for not to become self- victim, vibrating in fear, despair and incredulity, connected to the darkness preventing some trained minds from advancing in the work.

Pray and watch, and work more and more!

We know of this moment of insanity, materialism, and incredulity.

Keep on faith, brave warriors, and throw to those able to see and hear; the seed of hope of a New Age that will emerge from the deepest earthly regions.

The intraterrestrial beings come to render concrete the kindness of the Father who never abandons His children, even those who consider themselves alone.

Blessed is Jesus!

Ersam, 10/12/2002.

11. <u>Harmonious Sociability</u>

Q: How will be the contact between humans and intraterrestrial beings?

A: First, the human beings visit the First Aid Posts already prepared for assistance and lodging. Only after adaptation to the environment and received by intraterrestrial beings, they participate in trainings and know the high technology to use farther in the New Earth.

When humans have their minds already warned about the Rescue and dwelling in the intraterrestrial cities, the impacts and surprise reduce so much, thus contributing for faster physical and emotional balance and then start learning new scientific knowledge and advanced technology.

The more they learn, easier will to restart living on the surface.

Appease your hearts, human beings!

Learn how to love!

Ersam, 10/12/2002.

12. Look at the Signs

The Father offers a lot of chances to the creatures to renew themselves, however these ones refuse it.

How rebel creatures they are!

During the planetary transition, a lot of people will go mad unable to face themselves when realize the missed opportunities.

Others will commit suicide not supporting their own fall. Few ones even frightened will recognize the Father's Love and feel the flame of faith touch them the hearts, and then sent to receive help.

We hope the minds of those destined to direct the crowds toward the rescue tunnels must be with clear mind and confident in the One who everything sees! May they have in the hearts the certainty of the Light guiding them the steps! Only in this way, confident, despite the chaos, they fulfill the work that only they can do.

May the brothers on the surface know of the existence of life inside the Earth, and about the possibility of deserving, by own actions, living in our world!

Wake up humans, time urges!

In the intraterrestrial world there is no darkness; there is always a soft light illuminating everything. The searches and discoveries made by intraterrestrial beings always seek the progress and common good. They are meek and peacemakers only wanting to help others, in the name of Jesus.

Look at the "signs" on the surface, where you live. More and more shorter is the time to occur the great transformation.

Be you ready, as much as possible, instructing yourselves and your dear ones to be firm and confident in that hour of planetary pain. Seek Jesus; pray His loving words to keep you balanced, despite the chaos.

Q: Will go to intraterrestrial cities, those creatures arrived in the Spiritual World, after have suffered violent or collective deaths?

A: Those who disincarnate collectively unprepared to face the painful hour, they only lived for the matter, as if there was nothing else in the world and, will be enslaved and sucked by "hordes of darkness." Nevertheless, the workers of light will rescue them and others sending them to where they deserve.

Some disembodied ones of that hour will be sent to intraterrestrial worlds and receive help as we already told you. Some of them are already among us.

Fawcett, 10/19/2002

13. Reincarnating Extra-intraterrestrials on the Surface

There are intraterrestrial beings incarnated in the whole Planet. They compose the Rescue Parties trained to direct the rescued ones to inside the Earth.

Those that fail in fulfilling the determinations, after selected according to their actions, go to worlds where they deserve.

In the same way, a lot of extraterrestrial beings have incarnated in recent times specially to divulge about the planetary transition and to work actively (do not confuse them with decayed ones) will have their memories activated in the opportune moment, when may recognize themselves, as they are indeed and the reason they are over there. They will act correctly at times of collective madness.

They are extraterrestrial and intraterrestrial beings incarnated at "End of times" in a difficult mission of helping the earthly brothers, where once they lived physically in the evolutionary cycle of incarnations.

Millions of years ago, intraterrestrial beings also incarnated on the earthly surface for mission of helping and progress, but they failed. After the correction necessary by the Law, they returned to live with dear ones inside the Earth. They returned once again, now without fear of failing.

The Father directs everything with infinite Love.

Q: Could I get more information about this issue?

A: In each planetary cycle of life, often incarnate among humans, a lot of intraterrestrial and extraterrestrial beings of profound knowledge for accelerate the progress of the Planet and its inhabitants.

Not all them get to fulfill the program to which submitted when came to Earth. They accepted the bad influence, thus failing and only returning to their dear ones, after the necessary trials.

A lot of of them fulfill satisfactory the mission to which have come. Others have already returned to their dear ones, and others are on the way. There are still those that will have a long path until return to their home world.

Evolution is a dynamic process and the one, who fails, he needs of corrective actions until stay in the evolutionary route.

Peace forever!

Orcadim, 10/26/2002.

14. Since Atlantis

In Atlantis, a lot of declined and exiled intraterrestrial and extraterrestrial beings have been incarnating among others evolved ones seeking to impel the planetary progress.

The earthly authorities felt very happy before the perspective of the great planned evolutionary progress.

They knew, however, the fallen hearts need fraternal support by Superior Beings to lead them to the right way. Unhappily, the ambition and pride spoke louder in those fallen souls.

Very disappointed, we came back to our homes, but confident in the Superior Force that always offers new chance of progress, even to the foolish and insane ones, incarnating on the earthly surface, always seeking the progress of the humanity.

Nowadays, likewise in that time, brothers from stars and from interior of the Earth join with brothers of the terrestrial surface for promoting the programmed evolutionary progress, now, definitive and urgent.

Ramses, 11/02/2002.

15. Refused Offering

The current man does not work hand in hand with evolved extraterrestrial and intraterrestrial beings, because when these directly offered help to human beings, they only wanted Science and Technology to dominate others. The extraterrestrial beings gave up the offering, sure, that it would not bring progress for all humanity. The Evolved Beings went away for not agree with earthly rulers.

Times later, these Leaders of some Nations made a deal with Reptilians that offered them advanced technology, no matter how would use it, since they could develop freely the genetic experiments with humans as they wanted.

Thus, the terrestrial beings lost the great chance of advancing spiritually and in the planetary evolution, failing in form and moral, bringing immensurable damage to the Earth.

Once again, the Father offers to human beings, the last opportunity to help them. He, who decides contrary to the Light, he follows the evolutionary course in another world according to his vibration; but he, who decides for the Light will have new chances of progress on Earth.

Humans, bear in mind: This is the last opportunity you have offered by the Father

Orcadim, 10/26/2002.

16. Verticalization of the Earth's axis

After the verticalization of the Earth's axis, the intraterrestrial cities remain closed and outside will be activated the protective shield, preventing that seismic tremors or other inferior energy reaches the cities and its inhabitants.

From inside the cities, the planetary chaos will be monitored by balanced and evolved minds prepared to see, without self-suffering, the regions reached by catastrophes.

The evolved underwater and intra-oceanic cities will leave from earth toward places already determined. From other less developed cities, the inhabitants are transferred to larger nuclei hermetically isolated for not to be damaged.

Some of those small nuclei may emerge closer the surface.

From intraterrestrial cities – Energy Power Motive Center – leaves the energy to envelop the whole Earth, balancing its molecules, thus avoiding the destruction, explosion and fragmentation of the Planet.

All this may last long time, which allows the rescued inhabitants, according to their merit, the opportunity of renewal and learning for future restart.

Regardless of the human will or credibility, catastrophes may occur, and those spirits unprepared that refused them, will see the Earth Renewed. They will restart in other places similar or inferior world that left behind.

Seek to renew yourself on faith at once, work with Jesus, and assure a place in the transportation toward the New Age of Peace and Progress.

17. Energy Supply in intraterrestrial cities.

The Intraterrestrial cities capture the sunlight and cosmic energies from big crystals, storing them with telluric energy to maintain intraterrestrial life.

The crystals continuously emit waves of energy to sustain life of the city.

The evolved intraterrestrial cities as Light & Love City capture pure energy and distribute it throughout the Earth, ensuring the Planet's molecular cohesion, and avoiding its disintegration during the verticalization of the Earth's axis.

Each intraterrestrial city is independent in its energy consumption and sustaining its inhabitants in diverse needs.

Each intraterrestrial city has a Central Government, Food Supply Center and Energy Distribution Center, and each inhabitant knows of his collective role, without any demonstration of selfishness or attachment. The whole city seeks to make easier the inhabitants' life.

Ersam, 11/02/2002

18. The Rescue Operation

The less developed intraterrestrial nuclei have relevant role for the planetary rescue, since their inhabitants adapt more easily to life on the earthly surface, as well as to the human shape. They answer for the first contacts with the rescued ones, without causing them troubles. Lots of these beings already move naturally among humans, in a disguised way, having their energy more compatible for the first contact.

The cities closer the surface will receive the largest number of rescued people.

A smaller number go to other cities of subtler evolution; these ones kept high vibration on Faith and Trust in the Father. They actively awaited the events, working for those who refused to hear and to see.

The rescued human beings undergo a special training, aimed at accelerating the progress of the new humanity.

The vibratory level of each one, according to their achievements, work and merit select them for the specific rescue and the location to stay.

It will not be the religion to determine the type of rescue, but the good actions and choices done over lifetime.

Blessed is Jesus!

Ersam, 11/02/2002.

19. Who will be rescued

When know of pulsating life inside the Earth, Transition Planetary, and Rescue by intraterrestrial and extraterrestrial beings, a lot of them will ask how, what, where to go, whom to look for, and so on.

Everyone must know that only actions, thoughts, love to the neighbor and giving up the inertia of life in the matter, grant them the seeds to intimate renewal to their own benefit and to others. By practicing the Gospel of Jesus, somehow, it favors the rescue.

No one can authorize this or that rescue according to his/her own will. Not even Superior Beings can elect even a dear one, if this one does not acquired the necessary vibration quota through intimate renewal. Without these attributes, there is no rescue, only taken to less dense levels.

Those who do not reach the condition of rescue and help, they are inexorably thrown away. Brothers, it is up to you, the singular task to authorize and select yourself for the rescue. It means, each one answers for self- rescue according with the vibrational level achieved through the acts performed in the material life.

As those who think themselves saviors, they have already made their choices and will reap the bitter fruits of a preterit sowing.

You cannot awaken all of consciousness only with these words. They awaken, yes, those with the field prepared for receiving the seeds and after these germinate with intensity in their hearts.

Lots of beings will hear and see, but few will understand and others remain sleeping.

Each one answers for own actions. The Law is implacable and correct.

Q: What happen with people that do not know of intraterrestrial life?

A: All population of the planet able for the rescue will somehow receive information about the intraterrestrial beings.

The illiterate people and others unable of reading about the issue, while sleeping, they have guides directing them to the First Aid Centers of Spiritual Colonies close to the earth, already prepared to receive them with due explanation. Spirits who live therein, they know about the Transition Process and some departments answer for this service.

Not only extraterrestrial and intraterrestrial beings have the intention of awakening the humanity. There is also a large number of Evolved Spirits engaged in awakening these souls. In fact, a lot of these Evolved Brothers answer for a large number of revelations in the physical plane.

Blessed is Jesus!

Ersam, 11/02/2002.

20. Lodging for Rescued Beings

At high speed, we crossed through the tunnels illuminated with soft green light. At the end, we saw a very high waterfall surrounded by green vegetation and water. After this place, we found an intraterrestrial lodging.

The walls were smooth and brilliant. Someone turned on a bottom and appeared rooms with soft colored clothes; t-shirts, pants of same type, with drawstrings, white towels and a lot of bathrooms with showers.

I opened the shower, which water was light, different from that ours. It seemed not wet the skin. Amidst that dense energy, I felt myself, as if I were flying. Then the Instructor spoke:

Water is lighter in the intraterrestrial cities, giving the sensation you get not wet. See that everything you can touch or feel seems softer to you. It is because of the vibration above your bodies.

Foods also you feel different and lighter, however you ingest them in quantity you used to have, since they are of slight composition, but of higher energetic content able to satiate with small portions.

You can feel the rarefied air, despite the low altitude. Gradually your bodies adapt to the environment, just as you do when you change altitude, or abrupt temperature.

You must watch your thoughts, for depending on the direction you give to thought, there will be more or less difficulty in adapting to the environment.

Q: Are the majority of rescued spirits going to intraterrestrial cities?

A: The intraterrestrial cities are prepared to receive a programmed number of beings, survivors and spirits of disincarnating people during the chaos and will inhabit the New Land. The rescued beings do not go to the same place.

As you know, the rescued beings, composed into similar groups, go to intraterrestrial cities, spaceships, or planets specially prepared to receive them.

Be you ready, connected with Jesus and His Hosts of Light; Work in favor of the neighbor and wait for friendly hands direct you to the Aid Center where you deserve.

Peace in Jesus,

Ersam, 11/02/2002.

21. Lodgings and Food

The rescued beings receive food equally nutritious in appearance and quality in every points of rescue. In the more developed cities, food is lighter and softer, and near the earthly surface, it is similar those existent in your reality; however, the manufacture and handling have unique recipe.

In the Aid Lodging, the rescued beings can also feel differences in perception and vibration, depending on the city to house them. Lodgings of the biggest cities was carefully adapted in the same way as those of the earthly surface.

To reveal to the world, about the existence of another equally real world inside the earth may provoke impacts on a lot of human minds. Nevertheless, it seeks the awakening of human beings, for easier displacement in the opportune moment.

Unhappily, a lot of people may refuse once more the divine grace granted by the Higher Hosts. The projects shaped in their mind through common efforts are materialized, as well as the Planetary Evacuation, Redemption and Transition Project drawn by experienced evolved minds and transmitted to intraterrestrial brothers joined expontaneously. Together they prepared the plans and put them into practice for the human needs and to fulfill superior orders.

Orcadim, 11/16/2002

22. Seeking Adaptation

The underground world keeps many pleasant surprises for terrestrial beings. Adaptations were made so that humans feel comfortable. They adjusted the

environment, imitating that of yours. They also worried about food prepared without sacrificing the lower brother. They have done everything to welcome those who may arrive unbalanced and frightened.

The intraterrestrial brothers seek to minimize at most, the emotional impacts for those who will come. A lot of them will remain asleep for a period of internal adaptation until they reach the stage of visiting and learning.

The intraterrestrial brothers are not subservient; they are loving, fraternal and know well the human instincts. They seek perfection in everything they do, and this way to welcome other brothers. They want to show everything in the best possible way.

May the humans give up foolish habits, sophistication and vices, because in this stay, will not find subsidies to sustain them. Seek only the Light of the High, Mercy and Goodness of the Father, and everything else comes by increment of His Mercy.

Blessed is Jesus!

Ersam, 11/02/2002.

23. When announces the great hour

It is dark night. The spirit struggles and strikes.

It is a clear day reflecting on the folly gestures. The Spirit seeks to renew and strengthen itself. It wakes up in the stars.

After crossing through the tunnels toward the cities, the rescued ones on board of collective transports go to Aid Centers. On foot, it would be danger or they could be lost

On board, they receive the First Aid, if are injured, desperate or demented, seeking fast aid for such suffering.

The Rescue Parties are ready to act, as soon as the Great Hour sounds.

In fact, the rescue already happens, because always catastrophes take place with collective deaths in your Orb, as well as in the physical and astral planes.

Do not fear. Look for own renewal through the Christ's Love, doing good and surrendering unconditionally to the Father.

Ersam, 11/02/2002.

24. Occupation

In the basis cities, in the first steps of evolution of civilization like Stelta, Okay and Letha cities, the occupations refer to Education, Transport, Security, Health and Arts.

For Education Answers Instructors that are at the same time, apprentices and teachers, because as they teach, they also learn about Education. The individual, whose skill goes to healing works, he develops predominantly on human energy research seeking to develop alternatives for application of salutary resources in well-being of the creature. In other beings, the tendency is to motivate the neighbor through the arts. For this case, there are often the artistic sectors in the cities promoting events, which, in turn, provide individual and common welfare.

As the instructors make progress, they develop functions more and more complex until no more individually can do it, but only collectively.

For tasks of Security and Maintenance of borderlines of cities and tunnels interconnecting them, the oldest and most evolved inhabitants answer for them.

10/05/02.

25. Work

The Intraterrestrial Beings have active and dynamic daily life. Their minds always seek knowledge for the spirit improvement, while the hands work to do good.

The daily workers do not receive payment, as you know. Each one gives a quota of work to his/her profession or specialty. Everyone works for everyone. The workshops, factories and industries share their products among all of inhabitants: food, clothes, teaching and Schools. Even the Scientists work for common welfare.

There are those beings that periodically change from one to another task and learn how to work in various activities promoting common welfare. Every adults work. Women give a smaller quota, because, they divide the time to take care of the children, guiding them in studying and in moral and spiritual learning, strengthening each being under their responsibility. Children go to school to continue the study started at home.

They have specific equipment that requires physical effort to perform the work. Each inhabitant emanates from himself, sincere and fraternal feelings, and vibrations involving everyone. There are neither lies nor hypocrisy for these negative feelings completely refused by Evolved Beings.

The intraterrestrial beings that fail, are those that incarnated on the earthly surface, and let them be contaminated by daily inferior habits, since these feelings no longer exist among them. Even the foreign beings that temporarily visit or study in intraterrestrial cities, they are magnetically surrounded with local superior energies. They neutralize and demagnetize the miasmas brought in their hearts, for not to germinate, grow and multiply. This, we do not see among you, since the noble feelings fight against the dark magnetic barrier, which tries to destroy them.

Serenity is what you will feel vibrating in the air, when you breathe inside the Earth.

Q: Are you, inhabitant of Okay?

A: We work together in various cities.

Orcadim, 11/16/2002.

26. Entertainment

Q: Are there sports and other entertainment in intraterrestrial cities?

A: Not as know them, because they lost their function when left behind the physical body. Moreover, the competitive events no longer exist too. The cooperation consists of healthy values more appropriated for those people.

After a daily work, groups of intraterrestrial beings join in the flowered squares to attend the open-air theater or symphonic orchestras. Some groups prefer the temples to get in touch with the Major Hosts, others go to schools to continue vocational courses or complementing studies. Always cheerful, they seek permanently the intimate harmony.

Orcadim, 11/16/2002.

27. Medicine

I can see large, tall, rounded buildings of cylindrical shape having intense brightness.

I entered in a large room full of equipment unknown to me. I still admired everything, when the Spiritual Instructor spoke:

The intraterrestrial cities neither have hospitals nor patients. Doctors practice medicine differently than you know it. They study and improve themselves seeking to know morphologically the physical body, and how function various other bodies, ensuring the healthy maintenance of life and bodies.

In case of accident with wounded beings, these receive the First Aid *in locum* through the specific magnetic beams to heal bones or any damaged structure in the physical body.

Women do not have their children in a painful way. The process is completely different from yours.

The medical scientists work, study, and make researches at laboratories always seeking the community benefit. Through the researches, they seek to improve more and more the quality of the inhabitant's life, in the physical and spiritual bodies. They make extra-planetary exchanges for improving and perfecting the future humanity race.

Doctors also answer for creating and improvement of clothes used to visit the earthly surface, thus avoiding any type of contamination. They also answer for equipment to neutralize the external microorganisms, and preparation of treatment rooms for the rescued beings.

They belong to the most evolved category, among all the inhabitants.

They command the Guide Stations, forming groups to instruct the population how to conduct themselves under the risk situations, in the well-living and information about the latest advances and discoveries bringing benefits to facilitate even more the population's daily life.

South, 11/30/2002

28. Studying bodies of living beings

The study on Genetics is very advanced, seeking the perfection of bodies parallel to the Spirits' evolution.

At schools, the student gradually activates the preterit learning then perfecting it, giving continuity to the stage where has begun or complemented the knowledge acquired.

We have High Technology that allows us to study the bodies of living beings without damaging them. These machines can project or decompose the various bodies, or just project on a screen of high precision, the organism internally detailing the whole or only parts, as the doctor wants it in that moment.

Students improve the use of the mind as a creative force.

While we received the message, the medium received a very interesting clairvoyance:

I can see a student doing mental training. Next, I see an old leafy tree of twisted darkened trunk. There a student very serious volitating, and slowly he goes climbing up the gigantic tree. While he is climbing up, he looks at the tree that, in turn, goes modeling its body, which was new, when he reached its top. From its old appearance, the tree was brand-in-new.

The Spiritual Instructor continued speaking.

For getting such skill, the student had fulfilled with determination, will and discipline several stages of the training.

Q: Do not the trees age and fall?

A: Regarding their own cycle of life, the trees are always renewed, rejuvenated and even when necessary, transferred to other place. By mental conduction, they remove all the roots, and transport the tree for a sort of transparent cylinder with some substance in its bottom, where put the roots immersed and thence taken to another place previously chosen.

South, 11/30/2002.

29. City inside the Planet for rescued beings

Out of the physical body, at once I have seen a pyramid. Inside it, we crossed through narrow corridors accessed by invisible doors.

As we advanced, we saw a soft light shining the pathway. After certain time, which seemed long to me, another invisible door opened on the wall, and we arrived in a wide room with a small vehicle, like one of those we see in playgrounds, enough for two or three persons. The vehicle was "closed" and when were opened the side doors, we went up.

First, the vehicle crossed through a tunnel in front of us and at certain point the rails disappeared, and the vehicle started to fly at low speed and low altitude. We crossed through tunnels partially clear.

Next, we arrived in a very large circular wall, made of malleable and shiny material. We got off and walked on foot. We crossed through the wall, which brilliant material was adhered to our body. On the other side of the wall, we found a small corridor and soon appeared another wall of material similar the first one. We went through it too, and the substance adhered was absorbed by our body.

Then, we crossed through a cleaning chamber, said the instructor. On the other side, there was a forest with giant trees, where we entered. A few meters ahead, appeared several very tall buildings (skyscrapers), made of material as if it were green crystal also applied on the whole city. We walked on the streets, not wide there. I did not see the local inhabitants. We entered in one of the buildings with a large hall, very bright and without furniture. Then, flying we visited the city.

After, we left that place on the opposite side, which door giving on the sea.

Then, spoke the Being that was with me.

You visited the city built and planned for Planetary Transition. After the earthly seismic tremors, this is one of the cities bound to emerge as new home for the old inhabitants, already renewed. Like this, others exist at various points on the Earth, constructed from the cosmic, telluric, and human energy in a complex process, by evolved extraterrestrial and intraterrestrial minds that you cannot understand yet.

Those who will inhabit these cities in the future, they go while staying inside the Earth for a previous knowledge of the future homes.

Q: Who are you?

A: Call me Vetha, (Being of Venus).

The cities, where the rescued ones will visit before returning to the earthly surface, they have equipment and materials necessary for the reconstruction of the New Land. They are materials and equipment for people to study and learn how to use them during their stay in the subterranean worlds.

May the Divine Force guide and protect you!

Vetha, 12/06/2002.

30. New Cities in the New Age

Some intraterrestrial cities were specifically built to be inhabited after the Verticalization of the Earth's axis. After intense cataclysms, these cities will be used as the first lodgings at certain regions of the planet.

While staying inside the Earth, having the minds already balanced, the rescued beings start the preparatory courses. These courses seek the adaptation within the Christian moral conduct dictated by the Gospel of Jesus, and awakening of consciences about the knowledge acquired during the long period of training and study, as well as during the physical sleep on the earthly surface. **They may also initiate knowledge, study and practice of new technology to use them in the future.**

After acquired profound knowledge, they make researches and tours in the cities where will inhabit later.

While staying inside the earth, they remain in Cities like Letha, Okay and Stelta.

Not all of humans rescued from the terrestrial surface will awaken and begin to study about the advanced technology.

After having composed into groups according to each individual knowledge and skill, they develop various resources useful for the new stage of life on earth. It refers not only to the New Advanced Technology. They will also develop resources regard to medicine, with emphasis on Phototherapy, Homeopathy, Nutrition and other activities aiming at constituting the new Earth. Everyone may receive instruction and knowledge.

The Major Plan is synchronized and harmonious.

The inhabitants of the New Land will learn how to reduce the production of garbage and toxins, with best usage from the environment to common welfare, building and renewing the Planet and never going back to the intentional destruction of life springs.

Blessed is Light!

Vetha, 12/07/2002.

31. At the trumpet sound

When the trumpet sounds announcing the Planetary Rescue, some tunnels accessible to crowds will be visible and a lot of

people will run towards them, thinking to be safe from the established general insanity. They will be right and then, destined to shelters.

Okay city is placed where most of the inhabitants of the earthly surface are humble people. The destructive progress of humans comes slowly over there; neither disturbing nor alerting the city placed inside the Earth at this end of planetary cycle.

In Okay City, the accommodations and facilities for the rescued beings are ready, as well as storage of food for distribution to the various Rescue Centers. The spaceships are also ready.

The various access tunnels are strictly empty and clean.

Every intraterrestrial cities wait the supreme moment of the planetary transformation.

The vigilance and follow up in the human nuclei is continuous, so that know in advance and to prevent acts able to provoke risk to the planet and intraterrestrial cities

The whole process involving the intraterrestrial inhabitants happens according with the Major Plan, however, with humans of the earthly surface, the free will and uncontrolled emotions still conduct their unbalanced actions, thence they remain under strict vigilance.

Okay city may be the largest rescue center bound to receive a majority of wounded beings.

May the Force of Love lead us!

The extraterrestrial spaceships parked around the Earth ensure the support of the planetary axis, balance and cohesion made by dissemination of the cosmic energy captured and transformed through the Energy Centers inside the Earth.

Human beings of the terrestrial surface have no idea how they still survive, given his acts up to now only sought to destroy everything.

There will be "Enough!" because the Planet reaches its limit of living.

It is the Force of Light that sustain on courage and love the life on Earth.

Orcadim, 12/14/02.

32. Access Tunnels to intraterrestrial cities

All tunnels accessing the intraterrestrial cities during the rescue by beings of the terrestrial surface, they are ready with suitable illumination.

There is a turmoil of tunnels interconnecting the intraterrestrial cities and the terrestrial surface. Not all of them with free access for those who will come, only a few tunnels will lead them to the Rescue Centers.

The terrestrial beings could mentally reach these tunnels accessing the intraterrestrial cities, but millions of ordinary men of the terrestrial surface cannot even imagine the possibility of life inside the earth, much less of inhabiting over there.

While the Humanity walks too slowly, we will have so much work, waste of time and of energy to lead it to the rescue.

Since two thousand years ago, Jesus told you "Love one another". However, you turned your back and covered the ears to Jesus, Sublime Being who brought you the good conduct to evolve. Now, you must work hard, with much love, to lead the few ones able to overcome the lower feelings and allow themselves another opportunity of making progress.

The planetary rescue is not a static process that may occur only when the trumpet sounds. On the contrary, this moment, will announces the end of the rescue culminating into collective pain and despair.

The rescue already happens, because always there are humans sent to intraterrestrial cities or others centers of extraterrestrial rescue. Evolution is dynamic.

Peace forever!

Orcadim, 12/14/2002.

33. Intraterrestrial cities in the whole Planet

There are intraterrestrial cities throughout the Planet and lots of them with important function in the rescue operation. The cities have different vibrational levels, from the most evolved, generating light-energy for the entire Orb, until the most primitive ones close to the terrestrial surface.

The Brazilian intraterrestrial cities may receive the largest number of rescued beings, being Brazil the world's barn, where pulsates the Planet Earth's heart.

The intraterrestrial cities flood the Orb with salutary energies to keep balanced the Planet.

Since ancient times, from the bowels of the Earth emanate energies of balance.

It is the time to remove the veil of ignorance from the consciousness already awakened to Light

It's time to know and believe in abundant life existent inside the Earth.

Indians know us; animals do not frighten with us, only the intelligent men do not believe and fear us, when suspect the possibility of our existence. Love breaks the barrier of fear. We have so much love to offer you.

Let us follow you without fear!

Rami, 12/28/2002

34. Temporary Stay

The intraterrestrial cities bound to receive you at temporary rescue, with physical or astral body; they are as real as the hardest stone you know.

In these cities, you can find the necessary balance to renew yourselves for a new beginning, love and fraternity to impel you toward new progress, and knowledge to facilitate the restarting in the New Earth.

It is only depending on you to enjoy the stay, improving yourself, since we cannot change your intimate feelings, and only yourself can awaken the superior consciousness.

Seek at once, prepare your minds for a different and fantastic future. Since you work lovingly and share it abundantly, there will not surprise, when you awaken in the new reality to which you deserved by own actions.

Hail the Light!

Orcadim, 12/21/2002.

35. The drastic future of transition

In the developed intraterrestrial cities, we work with evolved minds already with a high degree of purity reaching resources of materialization and dematerialization of substances. These minds can project, shape and materialize everything used by the rescued humans, placing them in a dimension they can use. We could not use products that do not exist in our cities to feed the humans brought here.

The substances used for the manufacture of every equipment and materials necessary, they come from the Planet Earth, which is the link between us of the terrestrial surface those from inside the Planet.

We neither invent nor create nothing at all; we just transform.

These Rescue Parties always visit the terrestrial surface, bringing to inside the Earth, a lot of disincarnating brothers from collective deaths and others that should not die by drastic and violent way.

These Rescue Parties have been working intensely in these moments of alert you live now.

Some brothers of the surface are already with us.

The majority of beings remains sleeping, and few ones that are about to wake, when be aware of their present condition. However, not all this work reflects the drastic future of the planetary transition.

Blessed is the Light!

South, 12/21/2002

I can see rescued beings sleeping in an intraterrestrial city. One of them wakes up, looks around and starts crossing wildly through the corridors, screaming that she wants to get rid of that place to breathe. Hysterically, she runs until find a hole on the wall where "wind" gets in and falls asleep. Then an intraterrestrial being put her on a bed covered with something adhered to the body and then wrapped by a kind of white smoke.

12/21/2002.

36. Subtle Change to other dimension

Q: Which is the solution for the human physiological dejects, when go to intraterrestrial cities?

A: The human physiological dejects undergo a disinfecting process, dried and changed into fertilizer, and finally return the surface.

The human beings may leave nothing behind, other than sincere friendships.

While adapting to new environment, the type of food ingested contribute to reduce at most the volume of dejects in the body. All the food eaten there, has a pleasant taste and a high-energy content to be absorbed by the physical bodies at final phase of changing from third dimension to other subtler, where the Earth will be.

Absence of diseases reflects the best changes occurred in the human bodies. These diseases exist due to the high level of food contaminated and the air they breathe. However, the ordinary humans do not see the transformation from the physical body to subtler matter. Only, he, who has spiritual life, he can see details of improvement in the physical body. It must bear in mind, the incarnating human beings cannot become subtle his body to another dimension, since its negative karma requires a rude body according to his stage of evolution. Only after the planetary transition it is possible.

Hail the Force of the Light!

Blessed is Jesus!

South, 12/21/2002.

37. Frightened Rescued Spirits

I have seen various access tunnels given on the terrestrial surface, some in the water and others in mountains.

There are frightened people observing the intraterrestrial beings thinking they are those characters of fiction movies going to destroy and to subdue the Planet. Then someone spoke:

The fiction or terror films about the Extraterrestrial Beings disseminate fear and panic disturbing the man minds. They create barriers to hinder the friendly contact, making them full of disturbances and thus unbalancing the rescued ones that may remain sleeping, which requires additional treatment for restoring them the physical, psychic, and emotional strength.

In all of the Aid Centers, there will be imbalanced brought by disobedient and undisciplined terrestrial beings.

South, 12/21/2002.

I have seen the rescue of a man with a child. Both of them were surprised with everything in that place such as intraterrestrial beings, and the tunnel that lit up as they stepped on it. They were in a large white hall where entered for personal hygiene and feeding. They were obedient and very happy.

38. The Future Renewed Earth

Without physical body, I could see my silver cord stretching a lot. I left the earthly atmosphere; I went up until I could see our Galaxy at distance. I was flying into space and surprised by that unexpected trip, when I saw a Brother of Stars with me. He took me by the hand until the Orion City, where an explosion of colors and lights of indescribable beauty involved me. They took me to a room where Ortham, Orthon and Orthanine (three important doctors, our friends and inhabitants of Orion) were waiting for me. They laid me on a stretcher and made me a surgeon, maybe changing cells of my astral body and implanting a white helmet on my head. I felt myself younger. Then they told me, I was going to the future and my body should be prepared.

Q: What are you doing?

A: We're preparing new chemical elements to compose the Earth's body.

They let me returning to the Earth. I was already far from Orion, when I noticed a different color of soft blue translucent like the seawater. By volitating, I approached the crust, on the beach with too white sand. As I stepped on it, I felt it as soft as I had stepped on a carpet. My feet sank and I was surprised to see that my feet did not get dirty with the contact with the too soft sand.

In front of me, the sunrays were brightly reaching the sea, ending on the sand like a white bedspread covering the mattress. I did not resist; I had my feet wet. The water involved the feet without touching them. It is difficult to explain it.

It seemed that a wax involved me the body avoiding the water to wet my feet. Again, not resisting to the inviting beauty and fresh temperature of the sea, I went in, until I felt the water reaching my chest. I left the body free floating as if my warm arms conducting me. The water was lighter than ours.

I was so curious to discover that fantastic world where I dived with open eyes so that see that way of living including exotic fishes, which caudal fin moved rapidly as a ship's propeller.

Velvet green algae rocked gently from side to side following the water movement.

Q: Could the brother speak of astral trip we had? Is the renewed Earth already materialized at fourth dimension?

Answer: With the work fulfilled by the sidereal engineers, as well as the radiations of human minds projecting for the ideal future of a New Earth, we are

building the double of your Planet at fourth dimension. Some chemical elements produced through nuclear fusion may enter into its composition, filling up the gaps of some of them, no more existent, while other elements will raise vibrationally.

While I was speaking, I saw a periodic table, where some elements no more existed. They were empty spaces and others changed into its lighter copy. He continued explaing:

The work is not finish yet, missing some elements, but you have seen them reconstituted in the environment present in the "Renewed Planet" with elevated presence of water in relation to the land.

Q: Will be the sun far away?

A: Not necessarily; there will only have changes in the atmospheric planetary coverage with different gases in quality and proportion, creating a natural barrier against excessive heat and abrupt changes of temperature. Moreover, new elements may throw away the rays dangerous to life.

Only one continent without borderlines or barriers will be your new house.

Be you ready to deserve inhabiting there. Work is the way; Love is the vehicle.

May the Father's Light anchor in your hearts and then expand beyond the horizon that you can see involving all humanity!

God save you!

Orthanine, 01/04/2003.

39. The Future Mankind

Out of the physical body, I was sent to an intraterrestrial city, where let me confused because I was in the city mentioned on the book, we were reading "The Future Mankind". The local inhabitant called Zi, received me and said:

This is mental contact. I am at Council meeting. We know, the Planet that shelter us, it is about to undergo a large transformation affecting us too. We cannot know how deep can be the changes, but we know, it requires urgent measures to preserve the city and its inhabitants. The clergy try to alert the people, while the Government Council refuses a massive warning.

Some scientists have been using vril energy to develop a kind of shield for protecting part of the city. We are afraid of, as well as those, who know about it, they fear for the future.

The majority ignore completely the reality on the terrestrial surface, although, over the time, we had a lot of evidences about the existence of other lives, beyond our reaching.

We are trying additional contacts to clarify us about future events.

Q: Indeed, the Planet Earth is reaching its end of cycle with deep changes in its geography. On the terrestrial surface, callings of alert continue, but few ones are aware of the process, or at least value the messages of enlightenment and callings of alert disseminated throughout the world. The intraterrestrial and extraterrestrial Beings and Spirits of Light inform us about accommodation in the developed intraterrestrial cities prepared to welcome Beings of the surface since they believe and deserve rescue during the intense cataclysms. We believe in God, in Jesus and in those that in His Name guide us. We believe that everyone is under the Father's eyes and His people may receive the help deserved, because no one is helpless.

Zi: He, who knows the truth, he fears for the future. (...communication interrupted here).

01/10/2003

40. The less developed intraterrestrial cities

There are intraterrestrial cities still inhabited by very primitive beings, a little above the primates. They only know their own world and nothing else. Among them, there are those longing for a different life, but unable to express it that only remain in their mind, as a distant dream. That category of beings cannot survive on Earth. They go to other planets to continue their evolutionary journey.

Any strange man or animal that by chance landed in that Orb, it/he would be devoured even before could know what was going on or where was.

There are others not so primitive intraterrestrial cities, but still on a lower scale, which inhabitants already have an organized Governmental System; intellectually have already made progress, but spiritually, they still have a long way ahead. Some of these intraterrestrial cities may emerge. Part of them may be future dwellings for the earthly renewed beings.

There is a long way to go ahead, before you know everything about life.

Hail the Light!

Zenin, 01/10/2003.

41. Elemental Beings

As soon as possible, evacuate the area! If men had lad learned to listen to the sounds of Nature, they would no longer suffer pain, Kaplum said.

Then someone spoke:

The little Elementals of Nature, even marginalized by the human dominating spirits, they fulfill the guidelines received for protecting and supporting their "enemies" whenever possible.

A lot of these little beings no more exist on the terrestrial surface. Now, they enjoy new life fulfilling functions similar to the previous ones, in intraterrestrial cities.

They inhabit shelters usually with the same characteristics of the regions they inhabited on earth.

They are hard workers always faithful to the tasks they must fulfill. The human beings will meet them when arrive here. Then, they will know how much had disturbed the poor, fragile little earthly creatures.

Q: Who are you?

A: I come from Okay City for helping Orcadim to train the Elemental beings in the task they fulfill in a loving way.

Q: Which strange language speaks the little Kaplum? (The elemental being transmitted its initial message using a strange, not legible language, which was translated to the medium, by Samion).

A: The Elementals (i.e. gnomes and dwarfs) use a peculiar dialect that can vary from region to region, as a form of communication more comfortable for them.

Q: Why did he speak to me in his home language if I could not understand it?

A: In the astral plane, you are like one of them, although in big size. (We laughed at such comparison).

Q: Does it have a name?

A: No, but you can call it gnomish.

Samion, 12/13/2002.

At this point, the Elemental Kaplum spoke again:

We hope, you humans understand that must love one another as well as love all beings created by God. Without Love, a lot of you cannot survive and will face the pains coming. As Brothers, we must work together. Without Love, the mankind perishes.

Q: What you, Elemental beings do in an intraterrestrial city?

A: We do the same thing we did before: we take care of plants, we prepare the soil, we drive earthly earthworms, and other little beings of the soil and from decomposition of the matter.

Q: Is there cycle of matter in intraterrestrial cities too?

A: They taught us, the Divine Mercy is so great. In some sectors, there is such a dense cycle of matter that patients sheltered in the terrestrial surface could touch them. It is so that the fragile minds not to go mad with abrupt change. This is the Father's Love for us. Can you see what the Father is doing for you? What are you going to do for Him?

Kaplum, 12/13/02.

GENERAL NOTION ABOUT THE SUBTERRANEAN CITIES BY RAMATIS

The human being had never thought the intraterrestrial worlds could exist; much less that hearts created to love could reach such a power of destruction.

Ranquilau.

01. Presence of Master Ramatis

We all feel blessed in front of the Master Ramatis.

As much as Love vibrates in our heart, when we see it wrapping us with that typical vibration of Master, we feel in a state of torpor; as well as you incarnating beings can feel.

Great is also our surprise before the task He offers to you, and listen to Him, as if were to ourselves. We know it is not true. We work indirectly, but surely we stay with you all the way. Each of us even as simple worker, we are with you, offering our fraternal presence and hands in the collective work.

Dr. Cruz, 09/07/2002 (Head of the medical team of GESJ).

02. Ramatis, force that shines

As I can see, they create a special protecting room to carry out this work. In this room are the vice-commander Sethum Shenar, Nefertiti and Lobsang Rampa.

The atmosphere presents and indescribable lightness. Probably, we are in out of the astral gravity.

The presence of Master Ramatis is all. I mean, the armor is his own body, in which we are inside. On the high, in front of us, we see an intense focus of light, which seems to be his heart, even though, I did have not seen him today, but he seems to be everywhere. Then I hear the loving words:

"Ramatis is force that shines! Nefertiti sings.

"He is light and heat," continues Setum Shenar.

"His presence is source of life gushing pure Love!' concludes Lobsang Rampa, singing the three Beings together in a perfect harmony.

Above us, outside Abrigo Servos de Jesus (ASJ) I can see the big body of Master Jesus embracing us lovingly, like the Mother who bends over her son, protecting him.

09/21/2002

03. The Father's Great work

Beloved daughters,

Do not worry about what lack to you. Keep busy your minds with everything you have already achieved. It is on this solid basis of Love already evolved in you that I act.

If there were no chance of rectitude and seriousness in the result of the planned work, the Divine Mercy would not have invited you

Let us remember of many brothers without the least faith like the mustard seed, waiting for explanation capable of elevating them to the spheres of spiritual understanding.

Therefore, bear you in mind that I write for the little ones, whose understanding needs to be enlarged so that, when the opportunity comes, they apply the mildness of their hearts to the inevitable encounter with the intraterrestrial civilizations.

Unveil and announce to the world the Father's great work"

You can do it, says your Master here.

Peace forever!

09/21/2002.

04. Improving the Mediumship

I can see on the region of my front chakra, a transparent quartz crystal, in a pyramidal shape. I also see my pineal gland full of crystals like drops immersed in some astral fluid.

An external stimulus like cerebral electric pulse activates these crystals to produce a fine beam of light, like rays reaching the crystal drop, which in turn, is also activated reflecting back the large beam of light.

I feel strong presence of Master Ramatis and, through the light reflected on the crystal drop, I could read his thought gently involving my mind. He said:

Fraternal greetings,

You have advanced in the communicating process established with us. So, it shall be, because the mind already awakened, understands and accepts the work, indeed.

Another benefit of the explanation about the manifestation and reception of messages we bring to you, is to help the readers in understanding the devices we use to communicate, not only involving them by the human intuitive power, but mainly at intellectual and preparatory work developed over years, balancing the mind of the medium, through resources already showed.

Do you remember of the painful process of implanting the crystal in your front chakra seeking extra sensory perception, as a complement to the forces already agitated in your cerebral area longing to evolve?

As it was said, you were called as last-minute workers, because those who have already brought in the astral body, the conditions to fulfill such work, they gave up it, not to us, but to themselves.

Do not worry about your skill to work. It is not of yours. He, the Father offers it to you, in the way you can do it, without disturbing the work team. However, you can feel somehow badly, while getting in touch with "denser energies" impelling your spirits to progress, but nothing more than you can bear.

However, time is up to make mistakes. Let us continue explaining.

05. The Mind Self-Control

We send these images to put you before realities completely forgotten or unknown. Of course, the filter of consciousness manifested physically purifies the information; however, we would not start such work without having previously foreseen all of the possible interferences that could occur. We know very well the minds of your mediums in in such a way that we can foresee every vibrational manifestation.

It is through the self-control and personal effort that we pay our attention, so that, through this work, you can balance again your cerebral lobes.

Your goodwill to serve others, it opens the sources of Light reaching you and washing your spirits that, in turn, detect this passage and, the symptoms of this cleaning are felt like torpor and dormancy that soon disappear and you feel well again.

Dedicate to reinforce among you, the connection with us so that the balance of forces remains, even in the face of attacks and struggles.

The intraterrestrial civilization readjust with us, few distortions that you can detect and solve, when necessary.

May your Spirits welcome the Divine Light pouring its content upon the humanity, in the proper moment!

I greet you in the name of the Light.

11/02/2002.

06. Life and Reproduction in Okay

Okay City is also a hospital for receiving creatures and rescued spirits and comforting them during the worst moments of the great transition.

As you have seen, the inhabitants of Okay are of small stature (about one and half meter), with pattern of cooper skin like people of Stelta. **They have big heads denoting high mental skill**, which reflects on the advanced technology in that city. **They are as pure as children are, in charge of sheltering most of the children and free them from larger sufferings farther.** They feed on fruits and live for about a thousand of years.

They cultivate advanced agriculture, the basis of food in the renewed land. The beds de foods are lovingly cultivated, like real beams of light.

Q: Do they feed?

A: Lots of them feed, but as they age, they evolve more and more, unlike people on the terrestrial surface, whose physical maturity often do not follow the spiritual progress.

The resident of Okay, the more evolved he is, more he makes progress, and thence, no more feeding over the years.

Q: Do they have children?

A: In the same way that people of the terrestrial surface does not have the same evolutionary stage, the people of Okay too. Then, the individual, whose life was not enough to reach the ideal degree of evolution in that civilization, he reincarnates again. He plans his return, incarnation, even before disincarnating. He must define the body to continue his mission on Earth.

Q: Does he can choose his parents?

A: Yes, and he can combine with the elect parents about the malleable substance so that he, mentally, shapes his body. After resting, he reincarnates.

Q: Master Ramatis, I did not understand yet about the reproduction in Okay.

A: We will return to all the cities, explaining better the issue and identifying other aspects not yet considered.

However, I assure you, the union between people of Okay occurs according to their will, mentally and without physical contact. This union only occurs between the cells granted by each of the couple, which represents the malleable substance where one of the parents will shape, mentally, his new body. At the incarnating, the spirit spends a short period in vitalizing rest. When the body is ready, the mind awakens and commands its entrance into the new garment continuing its evolution from where had stopped.

While resting, the mind gets strength and spiritual teaching in the sidereal schools, which allows them accessing energies capable of contributing for their evolutionary plan.

Q: Could you please, explain again about fertilization and development of bodies for inhabitants of Okay?

A: They have the bodies by process of fertilization. In laboratories, the productive cells come from any cell of the body, thence; they do not need internal or external reproductive organs, long ago abolished.

From the fertilization in a special chamber with a nutritive substance, the initial cell, shaped mentally, begins to multiply through the vital impulse, generated mentally by the future child.

The energy load printed in that corpuscular set, allows the development until the desired moment, when the soul awaken and the newborn begin to inhabit it.

In another clairvoyance, I saw two beings sat down in a special room, maybe made of glass. They removed a cell from the body and put it in a container, which was on the table, in front of them, and then, connected their mental frequencies in the love of his companion. Even though, they did not differentiate sexual morphology, one presented female energy, the other, male energy. Being free by the encounter and warmth of both energies, the two cells become one.

The scene disappeared and gave place to another.

I saw the mental energy of the future child animating the formed cell, when then; it began to divide rapidly forming an embryo.

Again, this scene disappeared, giving place to another.

I saw the adult spirit starting a process like hibernation with unfolding (division) of bodies. While one body slept, the other went to the high spheres.

The body under development continued slowly immersed in a nutritious substance and driven by the load of mental energy triggered by its future inhabitant.

Q: How long does the body development last?

A: It depends on the spiritual age of the reincarnating being, since the energy responsible to shape mentally, can be more or less able limiting the whole process, generally, about three and seven months (terrestrial time) depending on each situation.

09/21/2002.

07. Constitution of intraterrestrial cities

Master Ramatis continues answering the questions, now about constitution of intraterrestrial cities.

Q: What is the evolutionary difference among intraterrestrial cities? Is there evolution of intraterrestrial cities?

A: In fact, beings at evolved evolutionary stage compose the different races involved in construction/ constitution of intraterrestrial cities, although they have varied stages of evolution. The cities of Letha, Odim, and Light & Love are at high degree of evolution, as you can see when visit them.

Initially, we give you a general view on environment and beings to you describe detailing as much as possible such elements.

Master Ramatis inquired whether I had understood the previous message and after my positive answer, he continued:

Every city inside the planet is like a concise block of stairs. Each step represents a sector of the city with beings appropriate to that vibrational stage. When reach the superior degree, the bodies change, as well as change their own needs. It means, the higher the step is, more evolved the group of inhabitants and less complex the structures composing the bodies and sections of the cities where they inhabit. By following this logic, the environment where they live also differs.

This explanation is necessary to understand the further details, when we are always being referring to those beings at initial steps of the big staircase.

However, nothing impedes other beings of the same city, but at higher levels, to introduce themselves and to address their fraternal words.

I tell you it, to not see them as result of your imagination, crazy attack, or visit of foreigners in that city, we shall study later. So, the explanation is necessary to the previous knowledge, so that avoid mental confusion, because once taken possession of the primary image of each inhabitant, you can define by primary typical aspects, which city is the communicating being came from.

Q: Thank you, Master. The environment conditions, bodies and tasks involving the inhabitants from lower steps of the cities, refer to the quality of the vibration required by these beings to carry out the work chosen as a source of progress, which is the Rescue Planetary.

Long ago, when people of the terrestrial surface had not yet spoken of extraplanetary life, about the evolved spirits of generous hearts, started the flame of gratitude, when their minds learned about the difficult progress of the current humanity.

They offered themselves spontaneously to reward everything they received by means of work or help during the painful "Planetary Rescue". Then they began to endeavor in constructing the shelters, in a subtle dimension, composing the embryos of the cities you know today. Up to now, they have been working incessantly and making progress, because work and progress go hand in hand.

After strengthened, the tunnels gradually began connecting the small nuclei seeking the exchange of forces, formation and strengthening of magnetic fields protecting the cities, and pressure exerted by density of the matter around it.

They constructed various access tunnels among the cities, and from these until the surface of the planet, forming true channels of air and conducting the redemptive energies of the mentioned pressure.

09/21/2002.

08. Elons

As already foreseen, we continue the work, explaining about the nature of bodies of intraterrestrial beings. As you know, it is not the dense matter present in the physical composition of intraterrestrial beings, but, like you, we speak of brothers having seven bodies.

Elements present in the terrestrial nature constitutes their physical bodies.

They obtain the raw material necessary, capturing mentally and shaping the body with natural elements of the nature mentioned above.

Q: Could you explain it better?

A: As I told you, in general, there is no physical contact for the reproductive process of intraterrestrial beings, except in Stelta City, which still presents a type of primary relation, but different from that applied by human beings. Thus, they shape the whole process mentally driven by sincere feelings that, in turn, command and direct the vital forces mobilizing sincere desire in fulfilling the wished purpose.

The elements constituting the matter are neither those corresponding nor similar that known by your Science, being particles smaller than those of the atom and abundant, especially as gases dispersed throughout the earthly atmosphere.

Q: Do you mean energy prana?

A: Yes, like prana, the vital energy animates your physical body. **Elons constitute strength of material nature to animate the bodies of those beings that you know.** They are substances infinitely smaller than the tiny known atoms particles. They are like bricks, the Creation applies for constituting the physical matter of intraterrestrial beings and respective cities.

As we said, those particles differ from the chemical elements in the human bodies; however, with the same pattern of the planetary constitution and all its components, because wished the Father that from powerful explosions emerged the material necessary to the Creation.

Q: Do these elements constitute everything in the intraterrestrial cities, or only bodies of intraterrestrial beings?

A: Everything that constitutes the material shaped mentally had its origin in the elements described above.

Q: Do these elements from the earthly atmosphere make the intraterrestrial beings dependent on our environment, or not?

A: Yes, there is dependence, however with sufficient technology to remove the material in quantity, free from the astral and physical waste produced by humans. The intraterrestrial life is intimately associated to life of your Planet, being these earthly children as humans as you are.

The societies include various organizations such as houses, buildings, schools and abundant squares; because the sunlight achieved and transmitted act as powerful generator of force and energy to feed those peoples.

Q: Are there grandfathers and grandmothers together with the family?

A: As said before, there are not karmic family relations among intraterrestrial beings, thence, there is no need for genetic origin established with karmic ties like man of the terrestrial surface.

Q: Is there negative forces in those intraterrestrial cities we visited?

A: There is not. Forces from this nature, in fact, exist in primitive intraterrestrial worlds, but their organic constitution and organization are not the proposal for this work. In another occasion, we talk about it, otherwise, we could affect the understanding of this issue disturbing the incarnated minds, to the detriment of the understanding necessary now.

We have been demonstrating the different group relations involving the intraterrestrial cities of Okay, Letha and Stelta, so developed and, since long time ago, crimes disappeared the primitive relation of crimes in those cities.

Failures occurred among intraterrestrial beings denote the deficiencies of individuals in their approach with virtuous sources of love, goodness and justice. They are fragments of thoughts and emotions that out of tone in the universal music, are tiny infractions when compared to those of yours, within the Laws and Divine Justice. Thence, it is not necessary the primitive and embarrassing correction of the spirit, through illness or criminal correction.

The mistakes are task seeking the healing by the own individual or with other evolved brother.

09/28/2002.

09. Accepting and understanding

The "Enough!" is about to come. Bear in mind, you must transport the blessed and salutary energies to compose again, faith and hope of those who cross through your ways.

Go, knock and the door of understanding opens to you. Then, you must open the door for those who come behind you. More than simple understanding, the human beings must accept indeed, the reality about the intraterrestrial life.

This book, beam of light serves as introduction to the issue shining in the minds, opening the door of understanding and irradiating in the hearts, then opening the door of acceptance.

Together, acceptance and understanding allow the individuals, the opportunity to meet and inhabit the cities described here.

09/28/2002.

10. The Future Earth

The nature of intraterrestrial cities resembles the balance existing in the physical world, but in those cities, the existing harmony becomes unbreakable by human actions, since the evolved intraterrestrial beings do not judge themselves above other forms of life.

Q: In that trip to Morro do Chapeu; we visited a cave where I saw hybrid birds, made with elements of both worlds. What do you say about that episode?

A: In that time, was already included in your mind, material capable of fermenting and growing in your brains being able to fulfill the content we present you now.

Okay city has in that place, one of its access door given on the Rescue Section that shall house a portion of the local community, and others beings brought by spaceships from neighboring cities. They are adapted like the earthly resting houses, which aesthetic appearance comforts the human brain, while put them far from the human confrontation.

Over there, there are birds like those known by human beings. When they sing, various rescued beings recognize them naturally.

Everywhere, there are green bushes chemically produced, making them as palpable as birds, easy to the human perception. In that sector, as well as in other similar ones constructed around other cities, reveal the pure love to the future welfare of the mankind.

Q: Will these hybrid beings have an important role in regenerating the earthly physical environment?

A: The intraterrestrial cities have strategic points of communities of the most varied ways of life that in the future may compose the natural earthly environment. These points may rise above the earthly soil, breaking it through cracks raised from cataclysms indicating the beginning of the planetary reconstruction over there. It is the gift from the Father to all creatures that have believed, trust and committed themselves for the preservation of the good on Earth.

Q: Then, those who return to the earthly surface receive this gift as the start-up. Is not it?

A: Not only the natural elements, but the whole technology learned in that "period of resting/retiring" at intraterrestrial cities. The Spirits lucid at "compulsory stay" will learn survival techniques and spend the time to the happy learning of new surviving techniques to enable them the construction of cities in the terrestrial surface.

Q: Which techniques do you mean and why not remain inside the planet?

A: Let's answer one at a time.

First, you will learn with the Instructors, the elder brothers, the techniques regarding the application and harmonization of corporal energies, with special attention about the mental energy applied for elaboration and manipulation of the matter necessary to life. Second, **you learn how to use better the sunlight**, star closer to the Earth.

Third, Next, you will know and learn how to use better the climatic conditions of the new planet, as well as the vegetable and mineral essences, as the first raw material in the construction of houses, medicines and food.

Fourth, we shall know, new instructions about the world political organization, so that you learn how to become one people of a social mixture resulted from the planetary chaos bound to inherit a vast world governed by a single law, and without borderline.

Finally, you will be united through Love flooding you as a blessed opportunity of starting again, and of pain, to make you remember forever of all that has happened and in such a way that, in your future lifetime, the preterit mistakes become strong reminders of the path you should never go back.

10/11/2002.

11. The Intruding Planet

The cosmic waves raised by the magnetism of the Intruding Planet associated to the impact of coupling certainly generate strong shocks on the structure of the Planet Earth.

Where there are subterranean gaps on the subsoil, the propagation generates pressure and gases expelled by the vibration. When large shocks reach all the continents, a lot of people think the apocalyptic time came. Seismic waves shake cities for minutes, having reduced the intensity by magnetic field of our starships.

The World Governments will try at most to hide the global results from the "Astral Beast" (also called as Cleaner Planet, Intruding Planet, Absinth or Hercobulus.)

However, those beings already prepared will know of the irreversible hour coming. While clarifying to you, we neither intend to disseminate panic nor disorder, but prepare you to be calm while acting. Take the occasion to divulge that a signal has already reached the human senses. Your Science will explain at its convenience, however you who see the worlds not only with the eyes of reason, know that only God can explain such phenomenon.

Q: Who are you? (The medium did not recognize the Master's style).

A: It is your Master speaking.

Q: At times your language seams different to me.

A: Not every blue pens write with same blue tone, just as not all mediums transmit in the same way, the Spirit's thought.

Q: Why can I feel your presence so close and in a human way?

A: Because of the preparation we do every Friday in GESH. You must be ready to visit with me, the intraterrestrial cities, one by one, recording every detail in your mind, as if you were writing down on paper.

You are going to receive a very heavy load of pure energy, as if the brain were receiving a heavy load of pure oxygen. You may feel dizziness, feeling of intoxication, mental confusion and lightness of the body. Avoid vibratory falls for not suffering dangerous shocks.

Do not worry about get ready to serve. Just serve and you see develop in your mind, in a sensible and logical way, the ideal sequence of events announcing to the world about the organization and functioning of the cities inside the Earth.

Q: Which body you have now?

A: It is a mental superior body.

Q: Are you not a projection?

A: One of my bodies is here. Others work wherever they can.

Q: I could spend hours talking mentally with you.

A: It is enough you stay the hours necessary.

10/11/2002.

12. Letha helping the neighbor

The inhabitants of Letha dedicate themselves to the spiritual study and improvement by means of varied techniques of aiding others. By means of musical notes, they compose the melodies crossing through the different vibrational levels, reaching the first stages of evolution, pouring on those people the salutary effects of Love.

The development of unfolding techniques of spiritual bodies enables them to take trips applying the coercive effort to aid other spirits still looking for own intimate strength.

It means, the Intraterrestrial beings devote themselves in helping others to evolve. They have as Instructors, other intraterrestrial beings that already reached an advanced evolvement and, in turn, dedicate themselves to the construction and collective application of the knowhow acquired.

Q: Is it a food factory?

A: Some sections of the University of Light dedicated themselves in preparing the right conditions to accommodate the human beings during the planetary transition. You have seen a section, where the characteristics of some terrestrial vegetal species will feed some people here and then reproduce them mentally.

Q: What else do you learn here? (I saw vegetable beds changed into colored tablets used in salads).

A: The inhabitants of Stelta City know about the human routine. They receive updated information and prepare the minds for receiving and helping the rescued beings in their cities. Some evolved beings periodically visit Letha City so that

learn with the local inhabitants. They are like your Spiritual Teachers. The knowledge acquired results into immediate or subsequent practice with full utilization.

Q: Then from here leaves the people to aid the other cities?

A: Each city has its experienced "Rescue Party" for that purpose.

Q: Does the people of Letha feed. Is there a waste drainage system?

A: The pure energy of their minds is completely absorbed without waste.

10/11/2002.

13. The transforming Cocoon

It is hard the scenario we show you, however, it reflects about the long journey of the humanity finally going to Abyss. A lot of them evolved and humble earthly brothers are around you. Voices echo in time remembering you about the past mistakes and pains to you correct them.

As we have said, "sowing is free, and the harvest is compulsory". Once the Divine Mercy never leaves you alone, we stay with you in the painful harvest.

The Major forces keep around you the "apparatus of light" to feed your energies against the power of evil. Keep strong and firm, meek and prudent and always devoted to the "Hosts of Light" washing the nuptial tunic that definitely connect you with Christ.

The intraterrestrial cities, which the local people uses as "transforming cocoon in the spiritual metamorphosis" as shelter and equally means for you, opportunity in transforming the current terrible caterpillars into multicolored beautiful and free butterfly tomorrow.

Sisters, take advantage of the change granted by the Divine Providence. Get rid of prejudice, fear, selfishness and pride, and seek the Light.

I am Master Ramatis greeting you.

10/19/2002.

14. Between Light and Shadows

Beloved daughters,

Divine Providence granted you an opportunity of working as task and ascension. In the same measure, are the "opponent forces" seeking interrupt the process, because says the Law that every face has two sides. We present to you, the side of Light to illuminate the human consciousness. The opposite side, of shadows, eclipses the eyes of those who look for liberating force of the enlightenment.

Both of antagonistic forces are confronted in the human incarnating being, who brings his inner core, Light, the primordial source of life and Shadow amidst a stock of errors.

To carry out this work means to confront your past and present; is to revolve and clean the bottoms of the soul, making to shine intensely, the light of each one.

Only the union of your burning flames can make the necessary glare able to throw put away and stop the shadow, which seeks to hide the generous work.

Q: Master, what do you mean, if apparently everything is going well?

A: It is not like this. (There was an interruption here).

Q: Could you tell us more about, why, how, where did it happen?

A: More important than explanation, is to correct your energetic standard. Put aside your concerns and direct the mind to the issue in question. As you know, you are not the Angels of light you should be, but candidates of my heart chosen to move from the past of shadows to eternal light. Then, be patient with your own errors, which represent and identify edges of the soul, which demands renewal through the reciprocal and true love.

Keep on courage and determination, not only with the perverse creatures you have been facing, but also in facing yourselves; so that unveil the masks of desire and pride.

Do not fear! Do not cry! Work and renew yourselves!

Let us return to the work with Elsim of visiting the intraterrestrial Letha City.

11/30/2002.

15. Protecting walls in intraterrestrial cities

In Letha city, we cross through the main portal driven by instructors and spiritual friends, as guides and to whom you must make the questions so that later compose the report of experience.

Q: Is the city really protected by walls, in the way I have seen it with a large gate, under meditation?

A: As I already told you, the intraterrestrial cities receive beings of evolved spiritual level, under regeneration, disseminated in different evolutionary stages through which they make progress along of each lifetime. Nevertheless, there are negative forces throughout the Planet Earth able to disturb the beginners in the path of progress, as well as other beings whose ferocity and impel them to invasion.

So that avoid vibrational fall and unnecessary wear of forces, there are huge gates protecting the intraterrestrial cities and that constrain the undesired beings.

10/12/2002.

16. Politics and Society

We continue clarifying the issue above.

In the intraterrestrial cities, which you will visit sooner, Politics long ago disappeared, because those Beings know of their function and contribution for the collective progress.

While people grow, they direct the studies for the social sectors where must act, to continue he evolutionary process. Thus, the teacher identifies himself with the young people's Education. Doctors dedicate themselves to study the healing fluids to restore the health, and musicians find in the vibrational sounds, the content to evolve them in knowledge and resources for common good, and also in other sectors, including the Administrative. They all live together in sectors better to them evolve and to renewal of humankind.

The social meetings value the acquired knowledge, when they take the occasion to disseminate it among friends of other areas, harmonizing the various tendencies into a single path of light.

There are neither fights nor conflicts resulted from uncontrolled primitive competition. They all contribute for knowledge able to impel men to the superior level of life, free from recrimination or criticisms about individual deficiencies, and without distorted emotions.

Everyone looks for correction of own difficulties, which they already bring mapped and classified for vibrational adjustment, not for other person point them out, but to understand them before the reciprocal forgiveness. They exert efforts for individual moral, spiritual and emotional improvement. The further the spirit is from disturbing imbalances, better is to fulfill its function as a whole.

Q: Are they beings in stage of regeneration and not of atonement?

A: As we said, in the cities where you study, the spirit has various evolutionary steps to reach, based on his individual efforts and work. Then, the statement is right not contradicting us. In fact, beings longing for progress advance toward ascension, starting from regeneration, pass through total redemption until to reach the Supreme Good. Redeemed, they integrate to the spirit group in a new stage, more advanced, like the student leaving from primary to secondary school.

Blessed are those who accept the Christ dictates, for building a happy life. Unhappy are those rooted in delinquency and primitive sensations, far from acquire happiness.

May your more evolved intraterrestrial brothers be with you, as example of progress!

10/05/2002.

17. Universe Evolutionary Movement

The Universe evolutionary movement is dynamic and of ascension. It means, that is below rises, from the worst to best.

He, who refuses to follow the uninterrupted process of ascension, he falls to levels with gross vibration and slow progress. Until they return to the point where fell and started again, they lost so much, including those spirits that accompanied them in their evolution, thus becoming alone.

Painful life has the wandering spirit!

A lot of people looking for choice, they find themselves in this situation of evolutionary deviation. They will cry, under pains and sufferings, revolt, pride, vanity and everything that impelled them to fall.

Those who evolve within the Law, they keep strong on Faith, overcame the difficulties and reaffirmed on Christ Work.

Be you support for the spirits ascending to the Father's happy houses, thus reducing the distance among those that one day left you behind and today are loving hands impelling you toward the Superior Spheres.

Jesus is the Major Flame you must follow toward the tortuous paths until you reach liberation.

Peace forever!

Q: What about the intraterrestrial beings?

A: They are Aid vehicles, instructed by the Father for conducting the souls prepared for the great evolutionary jump, as well as the extraterrestrial beings, both are children of same Uncreated Creator. According with the Law, he, who goes ahead, he must give the hand for those who come behind, thus forming and indestructible chain of brothers helping each other.

10/09/2002.

18. The Balanced Spirit

The energies dispersed wasted.

Energy is fundamental principle for development of creatures. The more the consumption of energy is, less the progress.

Once have understood it, you must reflect about on daily dispersed energies, as waste and unproductive force.

Evolved spirits spend time in applying correctly the energies necessary to carry out the work; it depends on you to review the correct monitoring in the waste of precious healing energies.

Feelings are also factors of imbalance, by representing a dense range involving the physical body. The emotional body, which is highly sensitive, it registers every changes affecting it.

The higher the number of signals is, more intense the movement of the emotional body is, and larger are the spaces marked by vibrational waves. The greater and more frequent are the affected areas, more disturbed the frequency of vibration in that body is.

Thus, the balanced spirit must establish his mental filter able to purify the information, so that only touches the emotional body, the information able to support it, without altering too much, the arrangement of light beams.

The alignment of the material composed depends largely on mental attitude, confident and renewing in a perfect and permanent synchronism in maintain the order.

The chaos in which live most of bodies involving the disembodied spirits, it results from absence of faith in God, in general, from the strong human inclination to exalt aspects of instinctive animal nature.

Illness comes from the subtle imbalance afflicting all humanity. They are callings of alert from Nature to human beings, so that mobilize them the will in balancing again the intimate energy, reducing the areas of larger conflict and disturbance, thus keeping the channels of cosmic energies able to flow freely among you.

By knowing well, the net circulating in every human bodies, the intraterrestrial brothers know this net of communication among bodies, keeping them constantly free and healthy.

When is noticed the accumulation of little changes in one of the bodies, especially the emotional, the intraterrestrial brothers look for available resources and through immersion baths, they regenerate the initial state, avoiding even small errors.

From this self-control and special care, occurs the absence of residues and diseases that characterize them, more evolved than those people of the terrestrial surface.

Moreover, from this fact also occurs the mental health and perfect balance achieved by the great masters who this humankind has ever known.

Q: Master, you mentioned the emotional body with such distinction that made me confused.

A: The confusion is in you, not in the matter showed. But let me explain it in another way to you understand better. You have your physical body molded from the energetic source, which is your mental body. Your nature even primary distinguishes from another body, due to the intense emotions you have concentrate, delimits unbalancing itself of others bodies, at times giving the illusion of own life.

Q: Is it like thought-forms?

A: Yes, just as thought-forms come from determined and firm thoughts, the **feeling forms** constitute fictitious individuals, generated by intense and constant

feelings repeatedly manifested on the emotional body, which, after a certain period, they begin separating and becoming closer, until they attach themselves to the material body able to change the shape.

Q: Then the aura, which we can see, does it result from the energetic activity of these mental, emotional and physical bodies?

A: That aura you see around each creature on this planet, it results from the exchange of forces among these and those bodies, which we cannot talk about it now.

We explain it, so that you know, the evolution achieved by Intraterrestrial beings is neither miracle nor preference of the Father for some of His children, but from collective efforts achieved by Spirits that gradually evolve in controlling their own thoughts and emotions. These must always act in perfect harmony in the realization of beings that awaken beyond the human destructive instincts, and free from fear involving most of them.

This king of being is the tasty fruit achieved by personal effort in dominating the healing energies. The detachment mentioned before also results from true love already developed as force integrating the Cosmos.

We also to tell you about the mystery of progress so that you know it accompanying you, for your firm will in achieving the extraordinary benefits in abandoning the old man toward the new man.

10/22/2002.

19. The fly

After meditating, I have seen a very big fly. Its eyes transmitted so much negative energy and its wings beat generating images that seemed to stay amidst the messages coming from the High and us.

When we begin meditating, the fly begins to flap its wings. It had been thrown by an opening on the window, when it was still a larva.

In the astral plane, strong attacks sought to cross through the barrier of Light. Among of the objects thrown, one brought the larva to where stayed and developed within a few weeks, black with gray wings and haired paws.

I was confused with everything happened in the astral. Then, I asked a question to Master Ramatis:

Q: Master, with this strong protection existent against the dark beings around this Spiritist House, how that larva could evolve so fast and became such a disgusting insect?

A: For you, embodied beings, the work of receiving messages, before considered as "treasure" by the Occultism, it is also hard work of learning and tests. The both factors results from the practice in which, while working, you also "penetrate the initiatory portals" of the spiritual formation that you look for.

Indeed, you have received integral and complementary load of protection. Nevertheless, the assimilation of the Principles of Love and Peace, which we try sending to you, when conceived by the limited human mind, it is impossible to translate being necessary to develop internally, feelings able to approach you the ideals transmitted. So, it was allowed the larva got into the protecting space of that being you have seen, so that you could see it with your own eyes and to destroy it that was born and developed fed on thoughts deviated from the salutary frequency bound to common good.

Q: Do you mean the larva was introduced by "action from dark beings" allowed by Superior Spirits, and fed on negative thoughts of people here?

A: Yes, it is.

Q: Did it happen so that we could understand and learned how to face the power of evil by the principle of antagonistic forces?

A: Yes, it is.

Q: Are we correct in exerting efforts together for minimizing the dissociative force caused by that being's influence and then to destroy it?

A: You must act firm and decisively, in strengthening the ties among you in the spiritual work and from such union, break the light able to disintegrate the primitive form, which seeks to interfere in the task.

Q: Does it not mean waste of time and energy?

A: Little daughter, time is nothing in the way you understand. It is relative to the load of knowledge put into practice. Time is relative to the practice and progress of yours.

The delay of few weeks in your earthly calendar can represent a progress of decades, or even centuries based on spiritual karmic point of view.

Sometime later during the meeting, something similar happened again. The meditation was very difficult, and amidst a dense gray cloud, I felt the presence of a negative being, which I tried to identify, without success. Then I prayed and it disappeared.

The place was a clearer, when I saw black packages hanging in the air around us. The place seemed prepared with traps for us, at night.

Someone said, the work would be more difficult, but it would be useful for us, as training to identify strange forces.

01/04/2003.

20. Planet Earth, Laboratory of Souls

Dear daughters,

Our beloved Planet Earth is also laboratory of many peoples of various points of the Universe for hard transformations. The large miscegenation of souls in the millenarian nights has granted for everybody, lots of opportunities of progress.

Most of the beings fallen in the past, they readjusted themselves within the Law, by returning the home planets or remaining on Earth helping those beings still afraid of awakening, or others that had already awakened and about to be free.

Time is up to make choices in the opposite direction to the spiritual progress. The Planet screams for renewal and Peace.

New cycle of light enters in the dark night, banishing for the time necessary, those beings not compatible with the New House.

In those final moments, the warnings in big luminous signs call the slept minds, and the word Love kept in few hearts of those who have faith, expanding itself in search of those who want to change.

I leave you on Peace!

01/18/2003.

21. You are not the only one of the Universe

There are a lot of advanced intraterrestrial cities on Earth, where people already have understanding, knowledge and work for the Planet's welfare. Let us describe the main ones:

It urges humans of the terrestrial surface abandon the fixed idea of being the only inhabitant of the Universe. It is a childish idea no more even accepted by the humblest inhabitant of the Earth in this New Age emerging.

These human beings must know that the intraterrestrial cities have largely contributed in their lifetimes, on the contrary, the Planet would already be unbalanced in the Universe.

Understand and change at once the childish idea you have been practicing for millennia. It is time to this humanity to wake up!

Changes occur every time, but you refuse to abandon the illusion built in your world.

The intraterrestrial brothers offer their hands to you. Do you the same gesture for the construction of a solid future of blessing and peace.

Peace forever!

01/18/2003.

22. Work is Personification of Love

Beloved daughters,

The sources of energy feed you permanently. Do not doubt, the materialization of this work is precious collaboration from the High for this Planet's destiny.

Beings destined for divulging this work, they go ahead opening other paths. Keep on faith and give up the fear so that everything goes well. Nothing and no one can stop the powerful Light and Love of Christ poured generously over this Humanity.

Continue practicing His Teachings to "Love God above all things and your neighbor as yourself".

Work more and more, because Work is Personification of Love.

02/21/2003.

23. The Final Test

Blessed is the Light!

Brothers, much has suffered the earthly humanity and little has learned the human being about the true lessons of the Gospel of Jesus.

The final test will select the blind of those who can see; the deaf of those who can hear, and so on.

The test is the period when you must expose the results conquered during the last cycle of lifetime, as new opportunity from the Father to the unbelievers.

Memories of wrong past will rise, brought by the sublime moment of pain and atonement. They mean additional resources in self-discovering to you choose the future.

The proud ones will not survive before the evidences.

The selfish ones will think only they have rights because were cruelly affected.

The unbelievers will think they are crazy.

The unprepared ones will take little advantage of so much offered them.

Therefore, brothers divulge among men about the great trial coming, and about the period of twenty-eight thousand years ending, as ascension or fall for the Angels of God.

For the unprepared and lazy student who does not endeavor to prepare himself, he still has this chance so that while seeking the answers required for pain, he finds even his intimate resources able to own rescue.

Peace forever!

09/28/2002.

24. Now is another time

Raise the thoughts above the earthly misery exerting efforts for the Father's work.

Every week, your spirits receive new load of energy for you bravely to face the vicissitudes.

Around you have lots of beings daring to destroy your way and altering your vibratory field. Ignore them. Receive them as young children that ignore the Father's wise Laws. With your mental strength, keep them at distance, so that they neither disturb you nor absorb your precious energies. It is another time. This is not the time to help them yet, but for helping the blind humankind going toward the abyss of pain. Everything else now is less important. We must address energies for disseminating of messages, as help and awakening men with good grace.

Q: Who are these beings and what do they do here?

A: They stand on line advancing more and more until the end of the work. They are armies of morbid beings, without the primordial light, wandering enslaved due to their careless souls.

They throw themselves uninterruptedly over you. Keep your vibrational ties connected with us.

Love each other!

10/22/2002.

25. <u>Interviews and Lectures</u>

As you knew in the previous contact, we must disseminate largely this job so that if reaches even the most petrified hearts. It does not matter, for the accomplishment of our objective, the way to divulge it, since its content and principles are preserved.

Thence, it has already begun the work of preparing those Beings chosen by the spirituality and invited by us to receive such revelations. They will undergo mental hygiene and keep in mind, the process of creation of the work.

Gradually, these minds confront with realities as clear as extraordinary; however, only the permanent contact can facilitate the understanding and acceptance. After this preparatory stage, they must materialize the desire from the High, in making public the knowledge among the earthly humanity.

Interviews and lectures about the issue occur by means of theatrical presentation widely studied and rehearsed. We must carefully observe this item, so that present the information and revelations compatible with the level of the spirit.

As we already said, we neither intend to incite panic nor madness; only offer to the human beings, the ideal conditions for them to know how to follow up the events and then make their own choices.

There is always an appropriate moment for each individual to do good, but it is always an option when confronted with spiritual matter. It depends on each one, as soon as possible, to sharpen the edges still keeping them attached to so much pain, by means of humility and helping the neighbor.

Peace forever!

Ramatis (the same Master Kuthumi), 11/23/2002.

LETHA: INTRATERRESTRIAL CITY Serra do Roncador, MT/Brasil.

While preparing the work, we have seen the sweetness of your hearts changed into transforming energy. This essence fills up the Master's job, with His mark, legitimating it. If His words could not spread in the matter, His essence gives it life.

Hail the Force!

Blessed is the Light of Divine Lord Jesus!

Brother Francis (One of GESJ workers)

01. <u>Lethan – Personification of Power-Light of the City</u>

In Letha, we all are very skinny Beings, with bifid hands and feet like the inhabitants of Stelta; but taller, hairless and with large almond-shaped eyes.

A little ear adorns our big oval head. We no more need nostrils; we feed on air through skin.

The long neck holds the big head and thin bodies, as if were contradicting the physic law. It makes no sense, because the Universal Laws can be neither contradicted nor neglected at all.

It means, the big cranial box keeps in it, the encephalic mass, which electrical synapses have already changed into light, therefore, having no mass, they do not weigh; only occupy great volume, because we do not know yet how to control its expansion.

The oldest beings have no fingers; and, as said Master Ramatis, some of us keep the marks of progress in our bodies.

The existence of various sections at different stages of evolution characterizes the intraterrestrial cities, each one receiving beings compatible with its vibration.

Q: Do you mean that each intraterrestrial city have groups at different stages of evolution?

A: Yes, however there is a single line of evolution among them, varying only in this or that form and size, with the physical attribute necessary. Thus, we can see in Letha, some beings at early stage of evolution and later we have information about the other stages.

Q: Who are you?

A: I am an individual of Letha, personification of the power-light-power that governs this city.

Q: What did you say?

A: Each intraterrestrial nucleus begins with the arrival of beings wishing to evolve, contributing for evolution of the Planet Earth, which in preterit times shaped their own body. Now, they return their "mother body" to attain greater liberation.

Lethan, 09/21/2002.

Note: That Being seemed the city itself, light that animates and this, in turn, a cell of the Planet.

02. Inhabitants of Letha

Q: How are the brothers in Letha City?

A: They are evolved and loving beings. They no longer feed themselves on prepared food, only from own energy, without hurting the physical or genetic nature of the herb, also using this process with medicinal plants.

They are experienced spirits who seek through the knowledge, the progress and resources to help others.

They enjoy the songs able to elevate them to heavenly spheres. They use adherent clothes, which allow them to absorb the positive energies internally by the body.

They exchange with various intraterrestrial cities, always in friendly away, offering help to the less evolved beings, but without interfering in the merit of progress.

They visit the Planet surface getting along well Indians brothers protecting the "door", and instructing them in maintenance of life not with advanced technology, because their minds still in progress would not understand, but like an Elementary Teacher transmitting them the basic notions of Universal Love. They do not take lot of advantage with such approach, because of their karmic involvement with other peoples.

Fawcett, 10/19/2002.

Note: Colonel Percy Harrison Fawcett disappeared at the beginning of the last century.

03. Visiting the tunnels - I

By the time being, we will not visit the Letha City. First, you have to prepare the bodies for that visit. We will only visit the various access tunnels ending on the cities, forming a net of exchanges between Beings and energies distributed throughout the Planet.

There is an attempt by the negative forces in meeting the tunnels, but they ignore the high vibration of the them, which they only could know, by changing their own tuning. It means to leave from darkness to Light, which is impossible now.

The portals of the inferior astral are also under supervision by evolved intraterrestrial beings working with terrestrial brothers and of other planets during the Planetary Transition. They all work with Commander Yuri.

Fawcett, 10/05/2002.

04. Visiting the tunnels - II

I can see around "Abrigo Servos of Jesus" (Shelter Servants of Jesus Shelter) – (ASJ) a large and bright green shield like a curtain. Outside, the dark beings attack intensely daring to destroy us

I also can see the great African warrior Zambi with his men, lions, leopards and other animals that he affectionately calls them "my cats". They are inside the shield protecting the Shelter, ready for defending it. We are, in physical body, receiving this and other messages about this work.

Fawcett continues speaking:

The intraterrestrial life is active; vibrant, full of energy, work, study and cooperation. The intraterrestrial beings know well their own world and the terrestrial surface through the studying trips. They have already studied the various kingdoms of nature: Mineral, vegetable and animal.

They keep carefully the tunnels next to the surface for not to be vulnerable and discovered by people of inferior intentions, even though intense contact with humans only occur under superior criteria.

The intraterrestrial brothers fulfill the superior determinations, in a clear and organized way, without attitudes able to bring imbalance. They do everything with obedience and love.

Fawcett, 10/05/2002.

05. Our Medical Records

The time comes to you disconnect yourselves from the physical primary bodies and then to visit the cities you have been describing. You were dealt by subterranean tunnels until the main entrance of Letha. As was foreseen, normal changes occurred in the medical records by the medical who follow you up.

There are detailed medical reports describing the reactions corresponding to the actions you were submitted.

Your astral body after long contact with "superior force and strong flame of light", it loosened the ties, making you feel disconnected from the matter.

Endeavor to make your body obey the mental commands, so that we lead you easily.

The constant and unexpected heat and sweat, means the accelerated metabolism in adjusting the dense body with positive energy load brought with you from the city visited.

Dr. Cruz, 10/12/2002.

Note: Doctor Cruz (pseudonym) is leader of GESJ's medical team composed by terrestrial, intraterrestrial and extraterrestrial doctors. Three of the latter ones often help us during the astral trips. They are Orthon, Orthan and Orthanine from Arion City. They are joyful, jovial and good friends that already made me three spiritual surgeries at home. **Margarida**

06. Be ready for the coming transformation

You are going to get in intraterrestrial cities through the tunnels, which are not used by the rescued ones. Only those beings already initiated with adequate training can hold the high vibration over there. These high vibrations from intraterrestrial cities to terrestrial surface, they form a magnetic protecting field that equally attracts beings looking for simplicity and love and repels those of lower vibration.

Since hundreds of years, they have been keeping closed the "portals" given on the surface, because of those beings that in the past only looked for "treasures" and brought imbalance to the intraterrestrial beings. Thence, only those under permission and with compatible vibrational conditions can get into the mentioned portals.

For the rescued ones arriving unprepared and emotionally unbalanced, there will have sectors outside the cities, all of them with isolated access to its interior. He, who carelessly and not authorized enters the city; he can suffer intense vibrational impact able to kill him.

Terrestrial brothers, prepare you the most for the changes about to come, beginning by your own transformation.

It is intense the Creator's presence in the intraterrestrial environment giving the sensation of serenity and well-being. Pure and sincere love leaves from the inhabitants that have already surpassed the lower needs, desires, and look for own progress.

They fulfill the God's intentions of helping the terrestrial petrified hearts of the surface.

The intraterrestrial cities exchange with extraterrestrial beings that provide them the technological progress. They work together to transform the Earth into a flowery, fragrant garden, where the weed no longer reproduces, for lack of inferior energy, eliminated by the transformations coming. They seek Peace.

Peace in Jesus!

Fawcett, 10/19/2002.

07. Arts Expression I

I crossed through the portal accompanied by a brother of mine. One group of the Letha's inhabitants waited for us. There was a man, a woman, two children, a "teacher", an Administrator, and another woman, maybe the local receptionist.

Someone said, we were in a vibrational sorting sector. There was something like a curtain of energy through which we should cross as far as a path of brick stood out in the landscape, and seemed painted among buildings. As I went through the curtain, one of my bodies stood outside.

Q: Is it the place where Colonel Fawcett got in?

A: This curtain of selective energy surrounds the whole city, with access portals opened wherever it is possible and necessary. We cannot identify accurately them, but as you know, one of them is placed at Rocador Mountain in the sacred region of the Xavant Indians.

Again, under meditation, I can see a mine wagon. That path of light reminded me of a roller coaster. On board of the cart, we started to slide on the path of light, at times, going down or going up until we have seen something like a huge acoustic shell in the open air, where several musicians rehearsed music. The instruments reminded me those shells of marine animals, and gradually, the few sounds I heard reminded me of the sea and local beings.

The group you can see is a beginner at art of cosmic music. They begin by studying the reproduction of sounds of nature. Then, when they already control a such divine technique, they only perfecting it, developing the scales into vibrational tones that accompany the human body nature.

Thence, the musical note that you call "DO", repeats itself in another level of subtler sound in the spiritual plane. Next, another similar note manifests itself in

the lower mental world with certain specific sound, then in the higher mental until reaches the Buddhist Plane. At this stage, the trainee becomes a student, who achieves the degree of Musical Master able to produce any kind of sounds, with or without using instruments, in the most sublime or densest forms of manifestation. The students may also compose musical orchestras, where they only present themselves in a such perfect harmony enchanting and elevating the listeners to the universal sublime sounds.

Q: Where the techniques come from?

A: They come from Planet Venus.

Elsim, 11/15/2002.

08. Artistic Expression II

When you arrive in Letha, will be illuminated the path to direct you as far as the discoveries and revelations pertinent to the work you are doing. Visible paths, but not illuminated, cannot be trodden for not confronting with energies and vibrations incompatible with that of yours.

The musicians of Letha choose that symphony specially to welcome you and honor the seaside people.

Beings of Nature inspired the instruments used with sounds reproduced by means techniques developed by skilled artists of Letha. They present as familiar sounds, the fragrances sprinkled by sonorous vibrations that invigorated your souls, while descending pearls of light spilled over all the present beings, nourishing them with love and joy of living.

Not always groups visit our city, because in charge of exchange are the scientists and researchers, who come and go in search of new information for the studies they fulfill. They know of the existence of other working groups, but only under permission from the High.

Q: What is necessary to obtain authorization?

A: A mission must aim at adding knowledge of the terrestrial man capable of contributing to their moral and intellectual improvement.

Q: How is the selection of beings to integrate an orchestra like that we have seen?

A: First, the spirit detects his musical skill even as it evolves in the soul; the innate skills emerge, previously covered by clouds of inert emotions. To evolve is to discover the Beings 'essence allowing it to flourish into light.

Music, as well as other artistic expressions reveal the light of the soul and its development at most expression of love over there.

Q: Are there other forms of artistic expression in Letha?

A: As we already said, this concert was only to welcome the visitors. Later, go to study at University of Light, located at an intermediary level of evolution of this group of beings.

At University of Light, the intraterrestrial beings seek ways of helping others by studying and developing clear techniques of manipulating subtle bodies.

In the meantime, they offered us a drink, which Elsin said we should drink it, as invigorating medicine. He continued:

Each section at University of Light dedicate itself studying Science concerning the functioning and effect of each body and chakras over other bodies.

Hail the Light

Elsim, 11/15/2002.

09. Letha City

Hail the Light!

We study at University of Light, in which name of universal love, we greet you.

I am Loudi designated to accompany you in the city. You have trodden paths that seemed strangely illuminated. Bear in mind that in Letha City the "magnetism of each being" is capable of putting into action, devices to illuminate everywhere he wishes to transit or to be, according to the individual or collective will.

The device works like a switch, connecting the forces to illuminate a certain place. The conducting elements of mental force are like poles and threads that you have in your cities.

Q: Who illuminated the path that led us where the orchestra was?

A: It was through your superior will of sincerely get in our city, of course, "under superior permission".

Q: Does it also work with us?

A: Yes, we are beings that developed skills inherent to our human condition and present in you too. I mean, you also can develop the same skills, being enough to give up the lower feelings and behaviors. We denominate it as process of evolution.

Q: Besides the channels of energy and subtle bodies, what else do you study in that sector of Letha?

A: As Master Ramatis told you, each intraterrestrial city has different groups of inhabitants at distinct levels of evolution. There are sectors in Letha at initial, intermediate and advanced evolution. You have seen a sector at intermediate evolution.

Q: What happens to the individual when reaches the next stage? Does he go to another more evolved city, outside the Earth or stays in the same city?

A: The time of learning varies from each one. In Letha, the lifetime varies between 1000-1500 years based on your calendar. This is the period; a person spends to develop the intrinsic skills applying them collectively.

Thence, he begins a new lifetime free from the earthly ties and of lower feelings. So that live in Letha City, the person must be detached of the matter and have firm will to evolve. The spiritual understanding in accepting all of the laws governing the universe is the first part of the training.

At such phase, they avoid the interference of earthly dense energies. They still have contact with earthly beings seeking progress and self-control, but with minds prepared to guide, instruct and help human beings.

They dedicate themselves in studying and applying advanced techniques to the human condition. They protect the "main portal of Letha" and exchange with earthly brothers already familiar with their presence.

They know, the acquired knowledge should never stagnate in the mind. It is imperative the inhabitants of this sector of Letha transmit their knowledge to those in need and looking for knowledge: the incarnate man.

Loudi, 11/16/2002.

10. Emergency Plan

Elsim took me to the main entrance of Letha, where He introduced me to a new traveling companion named Abur. We walked silent until the place we wished.

In front of the gate, I prayed so that the Father granted us discernment to hear, see and to transmit to everybody there, about the still unknown intraterrestrial world.

Now we are maybe in an industrial section with buildings like hangars. I also can see various workers dressing on silver uniform, and on the heads have a protection with a visor probably made of glass. Some workers use a device like a laser welder, confirmed by Elsim. Abur continues:

A: There is also a machine capable of injecting energy enough to provoke a nuclear coalition. It is this way; they finish the repair of spaceships.

At that section, they manufacture the larger steel blades. Although hard, they are fully flexible and extremely resistant, which que mold into desired shape to manufacture the piece.

We construct our spaceships based on the intergalactic pattern with techniques appropriate to the purposes intended in the world we live and available on our Planet Earth.

The corrosive terrestrial atmosphere requires reinforced repair and revetment". They adjust tightly the flight instruments avoiding interference with magnetic waves of the Earth and humanity. Adjustments are also rigorous for not spreading harmful vibrations against the human physical nature.

Q: Who are you?

A: I am an extraterrestrial living temporarily in Letha, making the link between intraterrestrial and extraterrestrial worlds.

Q: What do mean?

A: There is an Emergency Plan given the possibility of a nuclear explosion. We have spaceships with shields against the poisonous mushroom rays avoiding unnecessary disintegration.

Q: Do you always work counting on such possibility?

A: Yes, because it exists, indeed. The human foolishness is unreasonable. Our spaceships and sectors of intraterrestrial cities follow up the political and war lives of the main governments, especially those who have already developed lethal weapons and atomic power with devastating effect either on their world, or in intraterrestrial world too.

Abur, 11/30/2002.

Note: Today, on December 26, 2002, the Brazilian "TV Globo" confirmed that, the North Korea, as well as Russia in partnership with Iran prepare an atomic bomb. The message of the extraterrestrial being happened on November 30, 2002. My companions and I did not know of the issue yet, because we have not time for even to listen to the daily news.

11. Day-by-day in Letha

In Letha City, we can find the spiritual evolution through the Arts. Thence, you were received by an orchestra that represents maximum honor.

Through Art, the spirit evolves.

Q: How they build the tunnels?

A: They build the tunnels with mental power, like a flower that blossoms. The tunnels outside are dense and closer downtown, the vibrational level increases, and density decreases.

Q: Are there animals in Letha?

A: There are not, as we already said.

Q: How is the people's day-by-day in Letha City?

A: It includes fulfilling tasks and leisure, construction and maintenance of spaceships, city, tunnels and other sections required by the Superior Spirituality. It also includes study and development of new techniques of contact with the physical world, aiming at healing, and improvement of genetic medicine and distribution of genes, relating this area of knowledge to the spiritual progress.

Q: Is there entertainment?

A: As entertainment, have development of techniques and instruments that enable the listener the awakening and spiritual progress. At the same time, it works as a prophylactic and curative measure. Everything is useful.

Food is just for absorption of superior energies. The trained minds answer for Electrification and the religious expression occurs by reciprocal respect.

It is worth mention the work by guardians of the portal accessing the city fulfilled by our group and the spiritual commitment to the Xavant Indians evolution.

Q: Do people of Letha wear ornaments?

A: Ornaments and beauty treatments are unnecessary, because they already understood the superficiality of a such beauty. Healing and toning of the natural beauty of each creature occurs with water from the natural sources, used and returned to the environment without changing its physical characteristics. They only use the special magnetism of this substance with respect and gratitude.

We introduced to you the intraterrestrial city of Letha. We are ready to clarify your doubts and then proceed with a detailed study about the Okay City.

Q: Is that a lighthouse?

Note: When Abur transmitted the message, I saw a strong light like our marine lighthouses.

A: Yes, they guide the spaceships landing, which device is perfect and automatic; but the crystal generating light intensifies its performance while approaching the spaceship.

Q: How does the spaceship move?

A: They also have a smaller crystal that emits radiation contributing to its displacement.

Abur, 11/30/2002.

12. Food, Sleep and Others

"the access portals in Letha City" are protected by experts at dealing with animals. By observing animals and plants, they learn how to communicate with them, knowing their biological mechanisms operation of bodies commanding them the behavior, when it is necessary to through away the intruders.

The study of animals and harvest of plants seek also to know minutely these beings' biology and behavior and farther use them as a natural barrier in those points, which accesses to the city are closed to the terrestrial surface.

The contacts and visits to the surface are part of the learning for the students of Letha City.

Q: Could we move inside the intraterrestrial city?

A: Think on it. (Immediately I was in one of the first stages of Letha).

Q: How is life here?

A: The activities start earlier. They sleep for two or three hours a day, which is enough to recharge them the energy. While sleeping, they feed on the higher energies sent through special food to each family nucleus.

Q: Do they sleep connected by devices?

A: While sleeping, they have any part of the body connected, especial the head, and rest invigorating the mind by influx of pure energy.

Q: Does it also happen at intermediate section?

A: No, in a more advanced stage disappears the representative meaning of the nourishing apparatus and restorative sleep. Those beings replace the energies while working.

We were taken to another section of Letha, where I saw inside small buildings, like houses, groups of men and women sleeping linked to a device placed on the wall similar to an air-cooled. From outside, this device captured through a plate similar to the solar panels, the energy coming from the High.

Q: Besides of studying animals and plants, to protect the portals and make contact with human beings, what else do people of Letha at this level of evolution?

A: They prepare themselves as Rescue Parties, manufacturing medicines and studying the human physiology and anatomy seeking to develop medicines, techniques and devices for assistance of organic deficiencies of humans rescued to that city.

They seek foresee everything necessary to assist promptly the new inhabitants.

They also study the human psychological profile so that the medical treatment be supplied with psychotherapy always seeking the balance and acceptance of new living conditions faced in the "Planetary Transition".

13. Nuclear weapon from space pointed earthwards

I have seen a device like a robot. It is in some planet or natural satellite in the space. There was another device, which I recognized as an artificial satellite. There was also a nuclear bomb pointed earthwards. Then, I have seen a red and a green button side by side. I did understand anything; however, it was sure that someone would come to give me explanation about a such suspicious thing.

Minutes after the clairvoyance, my Instructor Intus appeared and began the following conversation:

Q: Hi Intus, how are you? I have not seen you for years.

A: Yeah, I was away studying.

Q: what did you study?

A: I studied on human development; process and mechanisms of evolution of the spirit on the matter. Meanwhile, Brother Olim was with you.

Q: Intus please let me remember. Are you Extra or Intraterrestrial?

A: I am an Extraterrestrial; however, I lived in intraterrestrial cities for spiritual study and improvement.

Q: Where have you been?

A: I have been in Okay and Letha Cities.

Q: Did you know Light & Love City?

A: No, I did not.

Q: Could you give more information about the clairvoyance I had before?

A: The world discusses about war and peace, meanwhile there is in the space, devices capable of destroying the Planet.

The selfish human beings think if they cannot subdue the world, nobody else can. With their uncontrollable pride, they prefer the total destruction of the Planet than surrender to a Divine Force directing them.

Q: Have I seen a nuclear weapon pointed Earthwards, indeed?

A: Yes, there is satellite orbiting a planet with structure coupled to a high-powered nuclear bomb.

They gradually threw the pieces into space where fixed the equipment. On the surface of the star was a base with two buttons capable of triggering or imploding the star and the base itself, if necessary, activated from the Earth.

The mirrors capture sunlight changing it into chemical energy to ensure permanent functioning of the robot.

Intus, 01/18/2003.

14. The salutary energies of Letha

In Letha, the high vibrational level is beyond the human being of the terrestrial surface to where, we transmit the salutary energy of peace aiming at perfecting more and more this process. We cannot change or increase the vibration, but we can involve everyone with positive energies able to change them. Not always, it happens, despite of our sincere wish referred to the moral and spiritual progress of all humanity.

In the springs supplying the rivers, we always try to impregnate their waters with healing energies able to neutralize lot of negativities of the environment, but often, such is the contamination and destruction that our energies become innocuous.

All efforts of the intraterrestrial beings seeking progress is also addressed to the planet, which leads us in the evolutionary journey, other than human beings too.

Differently of the terrestrial surface, inside the Earth where we inhabit, it is flowery and bright, contrasting in this aspect with the asphyxiating atmosphere where you live.

There is a rest station where people of Letha go when necessary. Therein, they can use anti-gravity chambers where can see the Universe and other galaxies, or simply, walk through the woods.

After this explanation, we went away at high speed through a narrow tunnel to another place. I asked the guide if there was no danger of collision with other beings coming on the opposite side. He answered that had only one- way tunnels connecting locations in the same city.

South, 11/30/2002.

15. Colonel Fawcett's Words

I can see some being arriving in Letha City spreading intense energy. Soon after, Colonel Fawcett arrived. We left the place in a kind of flying apparatus attached to the feet toward Rocador Mountain. He spoke of the difficulties he had faced to fulfill his dream. In a retrospective of his mind, I could see him lying in the woods holding an amulet, and then putting it in its original place.

We continued the trip toward the Xavant Village. By astral trip, we could observe the Indians' daily life, and contacts between intraterrestrial beings with Xavant Indians. I have also seen a strong energy leaving from the land to surface. Maybe it was the luminous breeze from the evolved Letha City. Then Fawcett said:

In that time, people saw me as a lunatic and visionary man, for believing and looking for intraterrestrial cities. I suffered lot of and, at times, I believed I would die, due to the precarious situations I was, but I never had doubts about the subterranean cities existent.

There was no doubt in my heart and mind, even though, I had in my hands, the material proof, which now I know, and it was sent from inside the Earth.

In that time, I only wished to reveal the truth and find the portal toward the subterranean world. I knew, the key was with Xavant Indians, but I had no idea where the portal was. I did not know the greatness of searching and importance of the Xavant Indians for the Planet Earth.

In that time, Planetary Transition still was unknown to me. I could not imagine that rendering concrete in the matter, the plans drawn before the physical life (reincarnation), I would have been also rendering great plans for the future, planned by superior minds governing the Planet Earth.

The Intraterrestrial brothers are wonderful, meek beings. Unfortunately, the earthly beings will only know a small part of them that are fulfilling the Divine Plans and after the Planetary Transition, they return to their home worlds or to another Planet like this of ours, starting a process of evolution in a still primitive world.

Sisters, believe in Superior Minds guiding us.

Jesus is with us!

Fawcett, 10/05/2002.

16. About Xavant Indians

When I lived among men, I also shared the same ambitious desires that moved a lot of pathfinders that exterminated humans and no humans.

Now, after living in the spiritual reformatory and at extra-physical schools, I am recovered of the illusory disturbances of domination prevailed in my spirit. Even though with my painful conscience, the preterit mistakes no longer disturb me, because I had the chance to retake my right way again.

It hurts me to see brothers destroying each other, for endless power and money that moves the humanity. It also hurts when I see myself in those that are as I was, and still I can see in those beings, the prevailing primitive force of ignorance pushing the spirit into abyss of pain and karmic commitment.

Today, I am free of spiritual ignorance and I work to retake myself within the Laws, warning so much I can, my brothers of the surface about the enormous misunderstandings this humanity has been committing.

I send my special care to the Xavant Indians, as Guardians designated by the High to keep the "portals" accessing the intraterrestrial city that sheltered me.

To Letha come a lot of Indians to know its strength, organization and to awaken in themselves their ancestors' strong presence, inviting them to preserve it. However, on the other hand, "Powers of evil" try to break their links with us, altering them rhythm of pure life, and adopting the human civilized behavior.

By behind of that Machiavellian plan, is the interest for the sources and deposits of minerals kept by tribes little protected from the bad white man influence.

The Xavant Indians are now looking for money, giving it a value above reality. Lots of Indians already feel controlled by white man, as inferior ones and wish to "transform themselves into robots" like the "civilized man".

Indians have already their purity reasoning altered, which resembles the natural movement of energy circulating in nature. Then, what to do?

Alert them about the white man that only wants to enjoy the immensurable wealth that Indians have been consuming, without however destroying the precious good.

Alert them to exert efforts, as much as possible, to avoid the advance of white man in the region they occupy, for not see exterminated their indigenous language and culture, as has happened to other indigenous races.

Alert them to put into practice the precious knowledge we have transmitted them in various ways, over decades of fraternal work.

Join your voices to the echo of love that resounds in Rocador Mountain. Let us make snore again the Rocador Valley, so that the human evil force moves away, taking with himself his ambition and power of destruction.

Q: Brother, are you asking us to send this message to our Indians brothers in that region?

A: We are asking you to shout our appeal in all of men's hearts, especially those main characters of that story.

The village, which you visited is isolated and weakened, in an attempt to contain the avalanche of "destructive forces" that fall upon its people. Send them strength and courage as a resource to support and refresh their souls.

Hail the Light!

Blessed is Love, join all creatures and make them brothers.

Fawcett, 10/12/2002.

17. Guardians of the Key

At night, I can see intraterrestrial beings materialized in forests and in places without houses. The animals seemed to feel our presence; however, the most ferocious ones remained quiet. They were not afraid of nothing and did not attack us.

Q: What do intraterrestrial beings at night in those dense forests?

A: They often have tours to study and make research. During periodic incursions, they help animals and plants reducing the negative effects of environmental imbalances.

Q: What do you know about "Xavant Indians and tunnels?"

A: Some regions of Xavant Indians have tunnels giving on intraterrestrial cities by means of caves protected by even more primitive beings than Xavant Indians, guardians of the key. You have been close to one of those places.

Note: Indeed, we have been close to a cave accessing Letha City. This place was not in the village visited. Although close, it would take a few days to get permission from the other village chief. The own Cacique said that other Indians were not so meek like his tribe. We did not have another free day, and we came back without "report."

Q: How will the rescued humans find the access tunnels?

A: The tunnels with exit giving on the surface placed in inhospitable regions will not be free to rescue. For this purpose, there are some additional paths.

Humans can reach the tunnels guided by other humans previously intuited, or others who, due to the climatic circumstances will seek refuge in places where think to be safe and with existing access tunnels.

Humans should not worry too much in finding the safe place. They all will be helped. They should worry with their own intimate renewal, which will select them.

Blessed is Jesus!

Fawcett, 10/05/2002.

18. The Xavant Indians vs key

I have seen totally green, the indigenous region with leafy trees, animals running and a clean river. Then, I received the following message:

The ancestral ones wish the Xavant's spiritual evolution, united and happy with the **"key"** preserved.

We do not wish to see this people disappear before fulfilling the project granted them by Evolved Beings. We want to see the Xavant people fulfill with wisdom the mission they have on this Planet Earth.

By divulging all over the world about this beautiful city, my people becomes stronger and united protecting the "key."

Peace be among brothers!

Xavant Indian, 10/11/2000.

19. Xavant Indians and Portals

Being discriminated and impoverished, the Xavant Indians became nuclei of poverty all over Planet and the indigenous culture weaker.

In the New Age, everything will be different, but before the tragic events take place on this planet, the Xavant Community must continue its mission of protecting and removing intruders from the Holy City.

Evolved Spirits have helped us so much, but unfortunately, "dark forces" have usurped the Planet affecting all and everything, including the Global Ecosystem imbalanced.

Under the Father's blessings, we will see the Xavant Community cohesive helping and protecting the "Holy City's gates", which, in turn, will bring lot of spiritual progress to the primitive people.

We are thankful to your people for helping to keep cohesive the Xavant Nation.

Peace forever!

Cacique Xavant, 10/11/2000.

20. No Interference of Intraterrestrial Beings

Q: Why there is so much destruction on the terrestrial surface? Why do not Intraterrestrial interfere?

A: They respect the God's Laws. The evolved people inhabiting inside the Planet can neither interfere on the karma nor free will of human beings. They act in the way to not let the destruction hit the earthly centers of force. The Dynamic of Evolution of creatures only depends on God Father and, to Him, the intraterrestrial beings obey in a logical and rational way, since their lucid and sincere faith in the Creator allow them to understand its Dynamic of Evolution.

Whenever is possible, they interfere, without triggering situations able to change the course of human history. They respect the Divine Law.

Some intraterrestrial beings occasionally incarnate themselves on the earthly surface so that accelerate the human evolution and discover new horizons of progress.

Fawcett, 10/05/2002.

21. The Vibrational Law

Q: Why intraterrestrial beings existing for millennia inside the earth, remained silent up to now?

They remained silent under superior determination. Due to their nature superior to people of the surface who does not deserve live among evolved beings, would use in a way to harm the neighbor, an advanced technology if received it ready.

Q: What else avoided them in appearing, other than superior determination?

A: The Vibrational Law avoided them to appear on the earthly surface due to absolute necessity of the Planetary Transition that occurs in all the vibrational levels when some intraterrestrial cities may emerge to aid the human beings.

Today they introduce themselves also fulfilling superior determination. It does not mean the humans have evolved and deserve to live among those brothers.

Brothers, we wish Peace on Earth and kindness among men, because to save man is an individual and non-transferable task. It is up to him to save himself.

Blessed is Jesus!

Fawcett, 10/05/2002.

22. Arrangement for the Great Event

Groups of intraterrestrial beings in charge of each stage of planetary transition and of rescue were composed in intraterrestrial cities, which may receive beings rescued from earthly surface. They all are volunteers and began preparing the reception wards, stock of material, help, food and so on.

The access tunnels are clean and illuminated.

There are groups of doctors, psychologists and an entire support team seeking the adaptation of humans to the new environment. The intraterrestrial beings in charge to receive them, they have made intense training with people of the surface for acting as link between the two civilizations that will meet.

Terrestrial and intraterrestrial beings will live together for a period necessary so that the geological transformations take place on the planetary surface.

Q: Will not the intraterrestrial beings 'presence increase the panic of human beings on the surface?

A: One reason for training of thousands of brothers of the surface is to reduce the impact of the encounter provoked in minds already imbalanced. However, the most direct contact happens after the rescued ones are feeling well.

Jesus leads everything.

Q: Would not be dangerous the dark being's presence in intraterrestrial cities?

A: Superior Forces lead everything. The vibration of each one will ensure the rescue, not being able, therefore, to be of this category, to increase its vibration

or reach the minimum levels for to be among the rescued ones and penetrate the city.

Panic will only exist in childish human minds. Beings of Light lead them in a way to avoid any surprise. There are no accidents in the Father's Work.

Q: How is the adaptation of human physical bodies to the vibration of intraterrestrial cities? Have you for example adapted your body to the new life?

A: The rescued ones neither have to adapt definitively to the intraterrestrial cities, nor to adapt the bodies to these cities' vibration. Since the individual intimate renewal occurs, the evolution also occurs not from outside to inside. Because of creatures temporarily inhabits inside the earth, it does not mean change in the body's molecular constitution.

The Planet Earth itself changes to another less dense of subtler vibration and the inhabitant's bodies accompany this change, which is still far from the vibrational level of evolved intraterrestrial Beings.

The environments where will stay and others that terrestrial beings may visit for studying and learning are ready so that allow their presence with the dense physical bodies, without causing them disharmony. Everything is predicted and prepared for the welfare and good use of the rescued ones.

Fawcett, 10/19/2002.

23. Tunnels and Verticalization of the Earth's Axis

Q: What about the tunnels to lead the beings from surface to intraterrestrial cities?

A: The access tunnels given on the surface bound to conduct millions of rescued humans to intraterrestrial cities, they are clean and ready, but remain closed after the verticalization of the Earth's axis preventing the shaking of intraterrestrial cities.

Q: Are all they old or new constructions?

A: In some cities, the tunnels were specially built for the planetary rescue. They access nearby the Metropolis where a lot of people inhabit and may use them to inside the Earth.

Some people may think be getting into places described by Verne Jules and maybe will be right.

Lots of authors mentioned the cities they had visited, but had their works taken as fiction, because when the human rational mind ignores or does not accept anything, he apologizes as supernatural or fiction.

Unbelieving and faithless humans, you must change themselves and awaken while there is time!

Blessed is Jesus!

Fawcett, 10/05/2002.

24. Rescue Centers

Q: What are Rescue Centers?

A: They care Aid Centers that will receive the brothers of the surface. They already prepared with lodgings, and also prepared conveniently the intraterrestrial brothers for direct contact with humans that in its majority has never heard of such beings.

The painful moments you live because of the past errors, will be behind. Take the occasion among intraterrestrial beings to share the knowledge about life.

Earthly brothers prepare you internally and renew your Faith on the Superior Command of your lives.

Blessed is Jesus!

Fawcett, 10/05/20

25. Constructions

Q: The intraterrestrial beings in charge of the Rescue Mission, do they knew recently about this event, like us did?

A: Since long ago, they have been preparing themselves for this moment. The cities that will host the human beings were built specifically for those who came from outside. They have advanced technology, however are not free of the rescue training. Together with superior commanders, they update all the intraterrestrial beings about the planetary transition.

Humans be you ready sharing with Forces of Good!

Fawcett, 10/05/2002.

26. Fraternity and solidarity

Q: Where are placed the shelters for the rescued ones?

A: Letha City has Aid Pavilions built on the outskirts for those people rescued from surface for the earthly brothers' adaptation, learning and preparation for returning after

the Planet's seismic tremors.

Q: What about the preparation for the critical phase of transition?

A: The works are intense and uninterrupted for the awakening of the largest number of souls. God Father wishes to see all His children well informed as others with same conditions of choice about the future, given the events taking place.

There are a lot of people slept serving to the negative forces, which rejoice not only with those to them connected, but with other who did not yet make their choices. These ones live for matter, do not hurt anyone, but also do not take any positive attitude in favor of others. Every human being answers for the evil practiced, as well as for the good not done.

Q: What should we do?

A: We hope all humanity answers the request from Above in awakening the conscience for the difficult hour of transition approaching.

Why do not they see the world is chaotic and violence at alarming levels? Why do not see lack of security, fear and insane minds generalized?

They want to see nothing, thinking not to be reached in their "perfect worlds".

Poor fellows they are! Wake up while there is time!

From inside the earth, evolved beings offer their hands and wait them with fraternity and love.

Why do not you, humans help those brothers also suffering now?

Brothers, Practice Fraternity and Solidarity!

Fawcett, 10/19/2002.

27. The Disincarnating Spirits Rescue

Q: Could you clarify about the rescue of Spirits to intraterrestrial cities?

A: During the three days of darkness, there will have millions of deaths. Those beings died in a violent way, when getting in the spiritual world, depending on the correct or wrong way they lived, since we cannot judge them, will be sucked by the darkness, sent to Spiritual Colonies, spaceships or intraterrestrial cities.

In that phase, the dynamic of transition intensifies until a larger number of rescued beings go to intraterrestrial cities, since the number of beings survived after three days of darkness will be reduced.

Among those beings died physically, in the spiritual world there will be those ready to lead the groups to intraterrestrial cities. We hope they do not let the hysteria reach them, and by minimizing in their minds, the impact of millions of violent deaths, may lead those already selected to the access tunnels.

As a crazy herd of elephants will be the rescued spirits, and those with balanced minds may direct the ones unable to do it. Anyway, when were calm and balanced will already be in the shelters prepared to receive them.

There will be no time for lamentations, because the astral plane, where they will be in those days of complete disarray, and groups of "dark forces" will attach in an inhuman way all those in a state of lamentation.

Look for the Father and the Gospel of Jesus, which will be enough to guarantee you a minimum of balance in that awful hour.

Blessed is Jesus!

Colonel Fawcett, 10/19/2002.

28. Approach

Q: Are there minerals inside the Earth?

A: Yes, there are a lot of minerals in the Earth's subsoil. It is still unknown to humans, but after the hecatombs of transition will rise on surface for constructing the New Earth, scientifically speaking.

Humans when in touch with intraterrestrial brothers will receive advanced technological instructions. Some beings of the surface are already in some rescue cities; few ones, however, with study and learning conditions.

When human beings get in touch with unknown forms, they may enter into such a state of fear and despair able to annul, for a time, the benefit of the encounter. Until they are balanced to accept the new situation, much time is lost, precious time in the present situation of the planet.

To know us in advance makes easier the meeting.

Fawcett, 10/05/2002.

29. The Future Mankind

I have seen talking and approaching some intraterrestrial beings from Letha City. One of them greeted us.

Sisters, hail the Force! Hail the Light!

The time has come to which we prepared ourselves.

Closer is the time to open the doors given on the terrestrial surface, lovingly gathering those in charge to compose the mankind on Earth.

May vibrate in our hearts, the purest love! From our minds emerge the simplest actions of fraternity, because the visitors may arrive in our city like a curious child! We will rescue the wounded ones, comfort the sufferers and love equally them all.

Hail the Force!

Hail the Light!

Blessed is Master Jesus!

Being of Letha, 10/05/2002.

30. Warriors of Light's Desertion

Q: What may happen to those workers of Light that have abandoned the task?

A: They bring overwork to those who remain. May these ones, in turn, understand the hour they live and work with all their strength!

Those who stood behind, unable to fight against themselves will awaken in a painful and tragic way and begin from the point they had stopped.

Poor children then will know what had lost!

They will restart the neglected sowing.

Blessed is Jesus!

Fawcett, 10/05/2002.

OKAY – INTRATERRESTRIAL CITY Chapada Diamantina, BA/Brazil

From the sea came important navigations that enlarged to human beings, the horizons previously so tiny. From space shone the spaceships that revealed the small and tiny human existence. From within the earth raises the Light from God's Love revealing to men that only through Love we became truly great.

Ishmael, Spiritual Guide of Brazil.

01. Going to Cristal Harbor

When I closed my eyes, still in the car, I have seen many spaceships flying lower.

Right against us, I have seen a tiny point turning with intense energy. Maybe it was a portal. At 3:00 p.m., we stopped for concentration. The spaceships continued circulating in that place. The crew had long and thin bodies. I tried to get in touch with them, without success. Soon after, in front of us was a beautiful white unicorn. It stopped looking at us. Others black, brindled horses join it, staring us and then ran at high speed. (Note: all this happened above third dimension).

Next, I went to a beautiful place, where water fell from the ceiling and round walls. There was a passage through the waters and everything was blue.

Beneath us, there was clean water reflecting images from the walls and ceiling, making everything without definition. From there left a long water channel with a few kilometers long.

We boarded on the boat. While sailing, the waters seemed more agitated as if they would swallow us. I looked at my companion stopped looking at me and I imitated him. If it was a test of courage to me.

We got off the boat on the beach. We climbed a slope and then a very steep ladder. At the end of the stairs, there was small plateau exactly for both of us, obviously requiring our attention.

When I looked down, something has enchanted me. There was a city made of crystal. It was Okay downtown, where I could not get in yet. The intraterrestrial that accompanied me said:

We go ahead according to your Master's program. First is the information.

I have seen wide streets with channels interconnecting others parts of city forming an intricate design. Inside and outside the city had intense activity of beings, including birds coming in and out from the subterranean city to surface. They used means of transport unknown to me.

There were hidden ways given on the surface, invisible to the human eyes.

There was an intense coming and going of small spaceships. The inhabitants of Okay are jolly, easy going and aware of the planetary transition, and of the evolutionary impulse vibrating in their souls. They feel happy before the

opportunity of evolutionary spiritual growth, sure that the vibration of all beings ascends a step more

On the terrestrial surface, people of Okay circulate among of human settlements observing and comparing our way of living with that of theirs, even invisible to human eyes.

When we visited human beings that somehow feel our presence, we quickly go away.

Brothers, remove the veil of ignorance; open your minds for other ways of life like that of yours, offering the hands to help you.

We sorry to see the slow way, the creatures awaken their consciousness to Creation, delaying their spirits in pain. When human beings rebel against the Divine Designs, they meet only pains and sufferings.

Orcadim, 10/26/2002.

Note: It reminded me Chapada Diamantina, when we visited it for the first time in October of 1997. On that occasion, my work companion, medium had seen people of Okay going to Xique-Xique in Igatu village, and she communicated with one of them.

02. People of Okay's Greetings

I can see shinning the hall of an intraterrestrial city.

There was a transparent bubble wrapping us, spinning intensity and made us go back to that primitive time of dinosaurs and others flying reptiles. It was a dark night with rays and thunders. A black meteorite fell on the ground forming a large crater, and the black ball sank inland. I do not know if it was the place where appeared Hole of Poseidon (a touristic point in Morro do Chapeu/BA). When we visited it, we could not know, because of the local unpleasant energy, and we left it quickly.

Times later, we knew that it was a clandestine slaughterhouse. In a second concentration, I could see the Planet Earth at that time of Dinosaurs under seismic tremors. Someone said, the marks of planetary event were registered on the earth, as link of many past ages.

Then, wrapped with very nice, pink energy, I saw some Spirits of Light shining very much coming to greeting us.

Earthly brothers, we greet you in the name of the Light.

It is with a great joy to see each other again.

We knew of your spiritual progress, which we can feel them now. A lot of transformations have taken place on earth since our last meeting. The rescue also takes place accelerated at all levels on Earth.

The intraterrestrial cities had already undergone the training phase. Now, many human beings are among us, working and waiting for the rescued beings that arrive at all times.

You are brave warriors!

Hail the Force! Hail the Light!

Orcadim, 09/07/2002.

Note: Orcadim is a friend from Okay City. In October of 1997, we met him when for the first time we visited Chapada Diamantina/BA.

03. For the Planet's Welfare

The people of Okay grow up aware of inhabiting inside the Earth. Their minds and hearts seek self-perfection and collectively, and love other brothers, even if these do everything to destroy their houses.

The terrestrial scholars when truly wish knowledge seeking the collective progress, they receive help, in a form of intuition, from intraterrestrial beings under authorization from Above and their Instructors, about the study they fulfill.

All those who works for the Planet's welfare and its inhabitants, they always receive help from Above.

Orcadim, 10/26/2002.

04. Birth and Death

Blessed is Jesus!

Welcome to Okay, city of work and love.

Here, we devote to the labor of serving the humanity, because we find in the voluntary service, the reward that impels us toward the future of light.

We inhabit Okay since its foundation; before, in need; today in mission. For this reason, we shall accompany you in the incursion through the city. There are a lot of sections; we show you each of them, and later, we can ask your questions, under permission.

Let us begin with birth: Ties of sincere love unite men and women of Okay so that they begin a family nucleus. This same nucleus or family remains united for a long time, until meet other nucleus or not so that form new nucleus with the intention of adding new family experience.

The natural tendency of all nuclei is composing a homogenous society and, for this, the inhabitants work courageously.

When they reach the state of collective life, organized into small similar groups, they go to work.

Children and adults grow and get older always learning, because the older a citizen is, the more evolved he becomes, in those aspects of his current lifetime.

After this period of improvement, the spirit that have already achieved the knowledge wanted, he renews itself leaving the old body starting another lifetime of progress in a new body.

Q: How long people of Okay live?

A: They live about 700 -1000 years old in each lifetime. Next they adopt another more evolved form of existence.

Lemi, 12/14/2002.

05. Life and Family

Our city, as well as in Stelta still preserves the family organization composed by couples and children, generally two, conceived by power of love, through the couple mental union.

After birth, the little being of Okay begins to remember of many lessons learned in previous lives. This short time about 10 years. At this age, the young person goes to University, which leads his life in choosing his profession. When begins the reproduction process and conservation of species, they seek each other to constitute a new being, giving birth to other creatures, for the continuity of their own mankind.

In Okay, food is frugal essentially based on nutritive liquids and pastes, with some tasty, for people more attached to taste sensations, and other foods totally devoid of flavors.

The digestive system, likewise other organs, it has components able to detect sounds, odors, colors and flavors at high intensity, giving them extreme sensitivity, the main characteristic for the nature of tasks they fulfill.

They live from earth and for earth. They love their planet and everything they have been doing to help you to preservation of it. It is known that in remote times, inhabited here Evolved People, which science contributed a lot for evolution of life on Earth. One of these people provided with high sidereal technology and responsible for the development of life on earth were the **ancestors of the Okay people. Gardeners of the Universe** still keep unrestricted respect to the Creation.

They do not understand why men destroy everything and even hate other human groups, until the High Spirituality has invited them to work in favor of the humanity. Next, they understood them worthy of compassion and forgiveness, and to whom they readily agreed in working incessantly for the good of the humanity.

Hail the Force!

Hail the Light!

Lemi, 12/28/2002.

06. Various sections of Okay

Q: Is Okay City big and where is it placed?

A: We cannot reveal where exactly its location is. We only can say its territorial dimension occupies an area corresponding to that covering the states of Sao Paulo and Minas Gerais. The nucleus is small, thence, the connection among them makes the intraterrestrial cities into larger areas occupied by evolved civilizations.

From the central nucleus, leaves the commands that determine all dynamic of the city.

On one side, we have industries of production and transportation; on the other side are the areas of advanced research.

In a sector ahead, we can see centers of study including psychotherapeutic work, when are necessary.

In the west side of the city, the Centers of Command and Training, Protection and Defense Forces establish contacts with the spirituality.

It means, on one side, is the material life of the city, and on the other, the spiritual life.

Being of Letha, 09/08/2002.

07. Animals and Plants

The people of Okay will prepare you for the reconstruction of the Earth.

You feel familiar with the place, because, you have visited our city, as well as all those who have been working for awakening the humanity regarding the preservation of the Earth.

From here, leave rays of light intensifying the desire of many humans in preserving life of the Planet. Life pulsates in Okay, as if therein were the core of the spark animating all things.

In fact, the concentration of preserving forces has given to the city, aspect and form every day more surprising, like a small cell that grows and invigorates itself, when feeding on Divine Love.

All species of living beings present on your planet, know or unknown to you, they are kept as clones in Okay, except for some beings incompatible with the evolution level of a Regenerated Planet.

In the greenhouses kept under controlled temperature conditions, humidity, pressure, atmospheric components and nutrients, there are embryos of producers of energy of the new Planet.

Q: Is sure that some animals and plants no longer will live on Earth?

A: Lot of activities, mechanisms and relations will not find echo in the new way of life in the regenerating earth; thence, some beings were abolished.

Q: Could you give examples?

A: The inhabitants of shadows, for example, will not find space for development, because everywhere there will have only light. There will still have predatory acts in some specific cases, but for the most part, the surviving species will be predominantly herbivorous, having an immense diversity of plant species developed for the new race's food and health.

In the subtler matter, you can find the lighter elements, as raw material for the production of objects, works, and others. You can develop other materials with the elements found on the surface of the Renewed Planet.

The water springs renewed by the cleaning filter will be even clearer and abundant. Its characteristics will be less aggressive to the morphology of the new body.

The atmospheric air, free from astral impurities by the Planet Hercolubus. There will be no longer weapons, wars, pains, and aggression will give place to solidarity.

Orcadim, 12/28/2002.

08. The Health Gardens

I have seen a beautiful garden with many flowers of different size and color covering the field like a carpet. Then could see someone approaching. He seemed to be depressed and sick. When he arrived in the garden, he chose one of the trails amidst the plants and walked among the beds. The flowers of times had vibrant colors, other times soft colors of extraordinary beauty. As he walked, the plants exhaled perfumes mixed in the air, resulting in a unique perfume inhaled as medicine by that brother.

Someone explained to me that those perfumes resulted from exhalation of healing substances, which the brother needed. The plants seemed to be aware of what were doing, as if they already worked with human conscious mind in intention and will.

It was a beautiful and different scenario of pure love.

I have seen our group at the hall of the large cavern accessing Okay City. They gave us something to drink and we continued going down by a stone staircase until we found the cave given on the big room, where they gave us a map of the city indicating the health gardens.

Someone said:

We are healthy people. In our minds no longer have desires of domination, as distortions of reality. Eternal life proposes freedom, not domination and enslavement.

We neither subjugate animals nor plants that we see as brothers in evolution, similar to ours, but in lower stages.

We share reciprocal assistance, offering everything we can, due to the knowledge we have already acquired.

In our lands that belong to all creatures, no longer there are diseases, but if by chance, it occurs, is usually in scientists who permanently get in contact with the terrestrial surface. These are kindly treated in the Health Garden placed in Okay, where various species are cultivated in a harmonic way, allowing that the similar ones grow closer and, the antagonistic ones, more distant, thus respecting the individualities; but all of them contribute collectively.

If we could give a name to the exhaled substance, we would call it Hope. We had seen the brother that contaminated himself on the surface, when had his chest wounded.

After hearing his personal story, I saw the man in the garden with a small wound on his chest. A lot of leaves and petals began to fall down from the plants and the patient collected them with gratitude and used on his chest.

It was through the wound that was inoculated in the person, lack of hope and discouragement shown on his face.

Q: How did he get hurt?

A: He was trying to help an inhabitant of the surface who was in trouble.

Q: Who are you?

A: My name is Lemi. I am a resident of Okay.

Q: Could you tell us more about the Health Garden?

A: Yes, it is a natural hospital, as we call it, idealized, planned and built by intraterrestrial healers who inhabit in our city. Healing is one of the most developed activities here.

Our scientists have developed a lot of studies in this regard. We have been researching and developing techniques able to regenerate living organisms, from the simplest to the most complex, such as the Earth's body.

We have not been able yet to restore its health. The more we act in this direction, the more humans destroy it. Nevertheless, we can assure you that, after the supporting ring raised by extraterrestrial spaceships, it comes from our city the healing force that still keeps alive the Earth pulsating, wounded and broken by human ambition.

Q: Are there others gardens similar this one?

A: There are various gardens, likewise on the earth have the Medical Clinics for reception of reincarnating beings temporarily inhabiting the city. The more severe patients with mental problems undergo treatment in the Health Gardens.

There are also gardens in the early stages of construction with plants just beginning to grow.

In certain gardens have small lakes resulted from the spring that washes the surrounding roots forming a nutritious broth. In these lakes, have also the immersion baths.

Q: Are there any colleges?

A: Schools here are unique. When the individual goes to college, there is an instructor who accompanies his/her moral, spiritual, artistic, and intellectual development and respective results on the physical body. These are so-called Guides of Light.

In general, they are our oldest companions of evolved spiritual level. Each Guide of Light answers for at most eight students, and follows them up closely and gradually monitor them at distance, when the students can answer for other new students and later become an Instructor. After the formation of a certain number of new guides, the Guide of Light receives its certificate, and chooses to remain in the task or to develop other of his skills.

Q: Are these students that build the Health Gardens?

A: they answer for a part of learning, planning and construction of natural hospitals (health gardens). As they study the affinity among plant species, they approach each other, making their own behaviors compatible. They build and rebuild themselves, while rehearsing the construction and reconstruction of Treatment Clinics

Q: Which other activities do people of okay?

A: There are groups dedicated to the construction of wards to receive the incarnating beings. They are scientists who study materials so that discover those coming from raw material for constructing the Renewed Earth.

After revolving of whole earthly surface, a lot of the unknown minerals will emerge and the best way to use them depends on the needs of the future man, and it begins to develop in our cities, especially in Okay where has a large number of researchers and scientists.

Q: How do they rebuild a destroyed Planet?

A: We work with this question, trying to find techniques transmitted during the compulsory stage here.

To our city will come beings in charge to work in the planetary reconstruction, but first, they receive the necessary instructions.

Q: Besides of healing and manipulation of materials, what else people of Okay do?

A: We can communicate with other intraterrestrial cities and, we make "adaptation of bodies" in inhabitants of intraterrestrial cities, with those students who wish to spend a season of study or work in intraterrestrial cities, or work in another different city.

Q: Does such adaptation refer to the scenes I have seen?

A: Yes, such adaptation includes modification of feet and hands, with a membrane covering the whole body, thus preparing it for contact with water and developing a membrane among the fingers to allow a smoother movement.

The breathing system is adapted with special valves to remove the oxygen diluted in water. Other modifications are strengthening the muscles of arms, legs and chest to enable the displacement and prevent the pressure exerted by the large volume of water

Lemi, 12/28/2002.

09. Clandestine Entry

I penetrated inland through a cave in Chapada Diamantina/BA, where often can see lights. With astral body, I visited Xique-Xique, Lagoa Azul, Cahoeira da Fumaça, Morro de Pai Ignacio and other beautiful places in that region, where I felt vibration of Okay.

I stopped in an unknown place, where I have seen a cave and a man searching for something. He met a guardian Indian of the Xavant tribe. He simply ignored it, entered in a hurry looking suspicious to both sides; as if he knew, he should not be there. He went down and up as far as an opening given on the large room and then accessing the intraterrestrial city. When he was about entering in the large room, still hung on the ceiling of a rocky formation, an intraterrestrial being

appeared and said, "Stop!" He looked amazed paralyzed by a ray left from an intraterrestrial's hand. He fainted and woke up confused already on the surface.

They told me, the white man of the previous clairvoyance was not Brazilian and knew the city entry. He tried to open the door, but something abruptly stopped him.

I walked through Chapada Diamantina to identify the wards of rescue. Through a crack between giant walls, I entered in a hangar; however, I do not remember anything else from that point on. I woke up in our GESH's room, meditating.

11/30/2002.

10. Training and Rescue Center

The vibration of the intraterrestrial cities maintains the planetary balance readjusted by the belt of spaceships belonged to extraterrestrial brothers.

Men of the surface who should be most interested in this planetary balance for their own maintenance on Earth, they only destroy it, like a predatory animal, not matter that the imbalance will one day reach them. They only seek material goods, domination and power. These brothers do not think in sustaining of planetary life, since they cannot see beyond the dense matter, by their poor physical senses.

Since the capture, transformation and distribution of energy to intraterrestrial cities through the greatest intraterrestrial centers, one third is destined to the terrestrial surface.

We are a small link of planetary and universal equilibrium.

Okay is the Training Center for Coordinators of Rescue Parties. From there, leave the commands for training of Rescue Parties of several cities in charge to receive humans from earthly surface.

People of Okay is about to give an important evolutionary leap, since they accepted to be the Training and Planetary Rescue Center.

The renewal at the last moment of incarnating souls on the surface will not be occur, since these people attached to the evil will not accept the opportunity of the Father's Mercy to improve themselves. Thus, intense pains will reach its maximum in that moment determined by the High and these creatures will follow the trajectory they have chosen.

We always work seeking Peace and Planetary Renewal.

11. Training Centers

From Okay City, many groups of instructors left to various intraterrestrial cities, of same or less evolutionary category. Likewise, from Letha City, various trained groups left to other intraterrestrial cities guiding others intraterrestrial beings for similar actions in the Planetary Rescue.

When the cities have Rescue Parties, accommodations and help properly prepared, they began a new phase, now with intraterrestrial groups training brothers of the surface in charge of sending the crazy and unbalanced populations to Aid Centers.

This intensive training carried out within a few years of your calendar, granted to some humans, volunteers, **credentials to access the intraterrestrial Aid Centers**.

You have registered in your minds, the various trainings and conditioning of attitudes and actions to you lead crowds as far as inside the earth.

During the training, humans lived together with intraterrestrial and extraterrestrial beings that instructed them and had the firm intention of helping.

They may lead in an easy going way but firm, those beings in condition or similar groups joined with determination and purpose to be addressed to safe places.

Some Training Centers are still active, because every moment, can a soul awakens and, if accepted, receives the last minute training.

We are not imposing to our earthly brothers, neither our presence nor our help. Each one is free to accept our help and the inevitable our existence of living beings like you, inside the earth.

Men often spend time admiring themselves in front of the mirror, and anything else seems to interest them.

Groups of trained human beings including the incarnating and disincarnating spirits. These train without the physical body while sleeping and then go to intraterrestrial cities.

Free will of which man is so proud, it has been delaying his moral and spiritual progress, because in a situation of radical change in his way of life, the training offered by intraterrestrial and extraterrestrial beings to earthly brothers should be

accepted equally by all, since it seeks their own welfare. Nevertheless, being not imposed but offered, most of minds remain deeply rooted to the matter, out of fear, pride, disbelief or indifference refuse to do so.

The offering was addressed to all terrestrial humanity so that could no longer complain that God had forgotten them.

Instead of complaining, the earthly being should work more and more, because there are a lot of groups looking for own spiritual progress and wishing to help other needy brothers in the name of Jesus.

This cycle is over. Too late these brothers will regret for their wrong choice.

Orcadim, 10/26/2002.

12. Rescue Operation

The city of Okay may receive large number of rescued beings. From Okay leave spaceships to transport some rescued from inhospitable places.

Q: Does this event only happen in Brazil?

A: In various parts of the Planet, there are intraterrestrial cities prepared to receive brothers from surface during the planetary rescue.

Q: There will be exchange of knowledge among the rescued beings in intraterrestrial cities?

A: During the deepest transformations on the Earth, the intraterrestrial cities will be hermetically closed, so that the impacts from surface do not affect them. The tunnels also will be protected, under a strong field of energy, for not to collapse.

After the strong tremors, the Earth already with its vertical axis, but still in a preparatory phase for new settlement, again the intraterrestrial cities open their portals.

The teachings transmitted are similar in the various cities, being unnecessary exchange among the rescued beings that can do when go back to surface.

The major plan for the rescued ones seeks to let them feel comfortable, adapted and balanced for beginning as soon as possible the learning necessary to survive on the New Earth.

Q: Could you tell us about the inferior intraterrestrial cities?

A: They may undergo the necessary transformations and their inhabitants according to their merit will face the "separation between the wheat from the tares".

Q: Will the children be rescued to intraterrestrial cities?

A: Yes, since they deserve.

Q: Would not be better have children and parents together avoiding fear and despair?

A: the human beings rescued are precisely those that have faith enough to revert in the least vibration granting them the opportunity to be rescued. Therefore, people who after the first days of darkness recover lucidity, they will understand their situation and trust in God that will be enough to overcome and support pain of loss.

Hail the Light!

Orcadim, 12/07/2002.

13. Love without Bordelines

After praying the mantra at 3:00 pm next to "Cachoeira do Ferro Doido" in Morro do Chapeu, I saw various small spaceships flying lower. Throughout the river bed and even over it was full with workers of GESH that was with us on that trip.

Next to us, there was a group of intraterrestrial beings. Among them was our friend Orcadim who approached and spoke:

Some intraterrestrial cities are constructed throughout the earth, where men may live.

The intraterrestrial beings built those cities with energy from various other categories of living beings, including humans.

If a large number of humans had converted themselves to the Gospel of Redemption, the cities built would have energy enough to benefit the men itself more intensely. The rapid transformations are not competing with Doomsday, rather, aiding in beneficial action addressed to whom deserve.

Only individual actions can select the humanity.

Love without borderlines and unconditional love to the neighbor is the key for future happiness.

Blessed is Jesus!

Hail the Power of Love!

Orcadim, 09/07/2002.

14. Raw material for various constructions

I transported myself to Okay City, where I could see some residents with large, round and sweet eyes.

I looked at them for a while working with something like a soft modeling substance. That transparent substance like water left from some place where there was a huge crystal shaped as an obelisk. They seemed to shape it with the hands giving it a brick form. Mentally, I began asking them who were they and what were doing.

A: We work in the intraterrestrial city here.

Q: What are you doing?

A: In the same way, the matter by friction produces fire and heat useful, the contact among human bodies releases a certain load of energy, which we collect, but you do not know it.

Q: Is it the vital fluid released from loving hearts?

A: Neither one nor the other. It is gross energy, pure, without interference of feelings. In the same way, the mechanical energy from waters changes into driving force and electricity, the crystal you have seen acts as a transformer absorbing and transforming the gross energy captured into the malleable matter and shaped it as wanted.

(With the material he had in the hands, he shaped a being like himself).

Q: Now, can you give life to this doll?

A: Individually, only the Creator can.

Q: Which place is this? What are they building and why did you bring me here?

A: We brought you so that you could see one of the buildings bound to be future Administrative Center of that city. Then, I have seen the entire city emerging on the earthly surface.

Q: How will this city solidify?

A: The New Earth will be constructed with raw matter different from this one.

15. Together, we build the New Earth

Since primitive times, we have been offering help to our earthly brothers; however, most of them ignore us.

If they ignore extraterrestrial brothers that always visit them and can see in the sky, why would they believe in life and intelligent beings inhabiting the subterranean regions of the planet?

This humanity is already too late for believing, accepting, knowing and divulging about the vibrating and dynamic life inside the Earth.

About the planetary transition, issue that you know, the Planet Earth under vertiginous convulsions is immersed into water and a lot of surprises appear, when the unknown intimate part emerges, man must bear in mind, knowledge and be sure of our presence among them.

Our friendly hands seek you so that together we construct the New Earth!

Blessed is Jesus, Divine emissary, Sublime Governor!

Blessed is the Father's Light sustaining us!

Orcadim, 09/07/2002.

16. Food for Rescued Beings

Built as a "headquarter" for the earthly civilization, Okay city is a vast reservoir of energy and supply necessary for the cities of rescue.

Every raw material for production of solid or liquid food for the sheltered ones, leave from Okay to other cities. It resembles the express delivery system that you know.

The plants of conversion of the matter may work incessantly producing foods of less density, suitable for those brothers still dependent on organic products.

They will only serve frugal foods in various tasty and abundant meals for not to hurt the primitive mental morphology of many people.

Okay City also answers for sanitation of some sectors of Stelta and Letha in charge to shelter the rescued beings, because even supported; there will be production of dense waste coming from body and mind weakened by pain.

Okay City commanded by Nefertiti mobilizes with loving devices typical of the soft female energy for making comfortable and pleasant the stay of visitors inside the planet. This beautiful creature also commands the operation of all rescue sections. For this reason, she has inhabited for short periods of time, some regions of other planets that have subterranean cities, studying and planning future actions.

From Okay City set off the luminous rays of God's Love sustaining hope in those beings that prepare the web of life seeking to advance in respect and gratitude for the so much received from Divine Providence.

Monsters fall inert by the untouchable Goddess Sun.

Orcadim, 12/14/2002.

STELTA – INTRATERRESTRIAL CITY Domingos Martins, ES/Brasil.

"... It is already time to reveal to the earthly humanity about the reality of facts indicating the presence of Superior Life in the underground worlds of this Orb.

It is approaching the moment "They" will be helping many rescued beings and the Humanity must be prepared to receive such help...."

Ramatis, Spiritual Mentor of GESJ

01. People of Stelta City

We are intraterrestrial beings inhabiting the subterranean region of the Earth. We are from Stelta City geographically located in Domingos Martins, ES- Brazil.

The Central Administration is located below a stone called "Pedra Azul", however the city bounder line extends a few kilometers beyond that point. We are an easy going people.

We study on human brothers, as well as the earthly ecosystems in partnership with the various kingdoms mineral, vegetable and animal, thus minimizing the impacts suffered on that region. Together with brothers of stars, since long ago, we have been helping the Planet.

There are various access tunnels giving on the terrestrial surface, but only occasionally operated. There are also channels connecting us with other subterranean cities, like this one, but located in other regions of Brazil and Planet.

When we intend to make researches or help, we visit other communities on the terrestrial surface. We adopt human characteristics to be among humble and simple people that welcome us without fear. We are brothers and friends always seeking Peace and balance to the Planet.

I mentally asked the intraterrestrial being why I had seen him in gray color, and he replied, the gray color was not his skin, but a traveling cloth.

There are aspects in our life that resemble your way of life, such as working, studying and taking care of the family; and it is all, because our belief, faith and obedience to the Creator are yet unknown in your hearts.

We live for the spirit; the matter we use only for maintenance of life, with respect and love. We do not kill; there are neither wars and hate among peoples. We obey to the Eternal Father, strictly complying with His Laws with determination and love. Hence, we open the doors to our earthly brothers.

We know the bellicosity of yours. We are not a naïve people, but we fear nothing. We have compassion with your humanity that parallel to ours, lives in a different vibrational world. Humanity that grew and evolved with the same opportunities granted by God Father, and now at this crucial planetary moment, are still psychologically and spiritually so immature.

Come on Earthly brothers! We lend a willing hand to you so that, together loving God Father and the Planet Earth, we may reborn as new life on Earth.

02. Life in Stelta

We do not have a sewage system in our city. The least biological excretions are absorbed by our own body. The intraterrestrial's physical bodies and spirits evolved together.

Thus, the digestive system modified no longer produces excretion, as well as the evolved renal and urinary systems no longer need to eliminate unnecessary liquids. We feed without excess, only the portion necessary to be absorbed by the organism.

We have a circulatory system; which blood differs from yours. We have tears of different consistency from yours. Therefore, our cities do not need sewage system.

Diseases were abolished millennia ago. We dress on appropriate cloths when we visit the earthly surface, for not allow the contact with various microbial species over there.

We have abundant water, free from the contaminations that you know.

We have schools of various degrees up to University, where the favorite studies refer to the Universe.

We do not have direct sunlight; indirectly we capture it through the biggest crystals with which we build our city.

We will gather a lot of people on the surface in our aid rooms and lodgings that are ready and adjusted properly.

The human hate does not reach us; we are easy going people, but we know how to save ourselves. Our technology is far above your understanding and with a simple ray that any child of ours handles, we can stop you.

To remain obedient to the Creator's Law and the karmic course drawn by the High, we do it naturally with joy, since we live to serve the Uncreated Creator.

Q: Are there Elementals in your city?

A: Yes. We do not interfere on their evolution; we just respect and help them whenever we can, minimizing the damage caused by human lower attitudes and actions.

Q: Do you have animals?

A: Yes, they live harmonically with us. We treat them lovingly as friends, respecting their evolutionary level, as integral and active part of the Creation.

Q: What do you celebrate?

A: We celebrate special events. For instance, now, we celebrate the exuberant spring, which is a joyful event, thankful to God Father, for granting us such a beautiful spectacle, with no involvement with drugs that changes us the senses.

We vibrate in communion with Nature.

Loth, 09/21/2002.

03. Transport and Reincarnation

Since hundreds of years ago, we abolished the wheel for our transportation. We use small flying vehicles to move us for short distances.

We have small and large spaceships. The smallest ones circulate inside the Planet and on the terrestrial surface; the largest ones, we use for extraplanetarium trips always seeking the earthly balance.

Some of us, under special circumstances by complex process, incarnate on the surface. These incarnations always seek study, divulgation or help. A lot of beings get lost, spiritually speaking, when meet humans by adopting too much customs of theirs and failing into the same mistakes, delaying fatally to return the contact with those brothers.

As you know, there are births of extraterrestrial and intraterrestrial beings among humans.

The fallen ones equally answer for voluntary delay, injury and damages to the neighbor and then may suffer even more when see them farther from dear ones.

When man hurts the Earth – in some points sterilizing it – he reaches the vibrational levels in a dangerous way, where we are, but as we fully believe in our beloved Father, before the destructive blow, there is always the corrective action by His Law.

We know that, among so many weeds, there is special wheat and to these, we join for constructing the New House.

Loth, 09/21/2002.

04. The Brain

Blessed is Jesus!

My name is Elsim, resident in Stelta City. Our scientists sent me to take part in your project, elucidating some doubts that may exist.

Q: You look so young for such mission. Are not you?

A: in fact, I am 720 years old and very experienced in dealing with the plan of yours. I can move rapidly among the cities. I am programmed with data enough to help you in understanding a little better our civilization.

Q: You said programmed. Are you a robot or a living being like us?

A: I am living being like you; I myself can prepare and develop my mind. By the way, our civilization is so morally evolved able to know deeply the functioning of each region of the brain. Your scientists would be surprised if they could see only a tiny part of what we have already learned about this fantastic coordinating center of humans.

Q: Could you give us a practical example?

A: Each mental skill known by your people represents only the tip of an iceberg, which mass and larger portion is immersed in the ocean. Thus, the human memory is capable of storing everything about this and previous lives and experiences, whether karmic or not, physical, emotional, moral and transitory. Moreover, man can access each information whenever he wishes, since it improves enough a such specific skill.

In this region of memory can also be implanted extra memory cells like those existent in your computers that shall be changed, when you want to enlarge its memory. As to me, they did not remove my memory, but added another so that I could carry out the task. Later on, it is removed for not disturbing my development, because I must learn all things by my own efforts.

Q: But if you have not yet conquered them, why did they send you, and not someone more experienced?

A: Firstly, the more advanced spirits are fulfilling others more advanced tasks. *Secondly*, Communication is easier among us, once we are closer evolutionarily, and there is Divine Mercy offering countless tasks to whom wishes to serve.

Q: How are your daily habits?

A: Our habits of life are similar of yours, but as we evolve, we eliminate those useless ones to us.

Q: Could you give us example?

A: Beings born in Stelta, who are still in the first step of evolution among these people, they share family groups, feed themselves, inhabit single houses and can have animal with them. They love cultivating vegetables everywhere. In fact, there is in all us, through the vegetables, a deep feeling of gratitude.

Elsim, 10/19/2002.

Clairvoyance: At once, I have seen myself on a wide automobile track paved and demarcated by white lines, like our highways. I was on board of an aerial vehicle, which ran about 70 km. I did not see anyone else, other than Elsim and I myself. Then I began to observe the tender features of that Intraterrestrial being.

He was about 1.20-meter-tall, round face like a moon, his eyes like two bright almonds, serene and cheerful facial expression like a baby of soft skin without wrinkles. He was hairless, had something over his head like an antenna or similar for communication. He dressed on metallic color suit adhered to his body, with long sleeves and trousers. On his feet dressed a flexible slipper.

05. Main characteristics of Stelta and Inhabitants

You must be very careful from siege and attempts of mental attacks promoted by darkness. Keep your minds clean and free of worries. Practice Faith. You are on board of vehicle taking you as far as the earthly interior. In another dimension, inhabit humans, whose matter and degree of evolution differs from that of yours.

They are children of God in another stage of evolution fulfilling the karmic planning granted them by Divine Laws. Today, they

inhabit where the natural light covers the planet without reaching them, because they had planted and so deserve now. Their big eyes that generally characterize the intraterrestrial people. The color of their bodies can vary, which tone always resemble earthly copper, close to natural color of most known soils. Any other color means clothing for travelling, researching or studying.

In certain situations, it means healing treatments, when the therapy applied requires the appropriate clothes, which can vary and confuse the careless observer. Once the clothing shall adjust to the intraterrestrial body, outsiders wrongly may think to be the skin itself.

Hands and feet have only two fingers, characterizing some intraterrestrial people. However, these characteristics may vary according to the evolutional degree. There are those more evolved intraterrestrial beings, whose hand has no finger, however, when they need to hold something, they create fingers temporarily, projecting them forward.

Q: Do you mean the material body is simpler than of ours is?

A: Yes, the more evolved the race, simpler the body is. Those able to communicate telepathically are speechless. When the palate need ceases, they no longer need mouth, tongue and teeth. Some of them continues feeding through their own skin; others, directly through the stomach, without the digestive tract, until finally, the mind supply itself on Light, Energetic Primary Source maintaining Life on Earth.

Q: Is it ordinary *light?*

A: You refer to energy condensed inside the cities. I speak of The stage, which I said refers to those Beings in advanced evolution level, when no longer need to shape a body in the same density of astral matter. It is does not refer to the Beings you will study.

The flat shape is the main characteristic of those people of Stelta City. Other inhabitants however have characteristics from the third dimension, closer to it in evolution.

Q: I did not understand yet.

A: When you are ready, you know.

There are a lot of races inhabiting inside the Earth. They evolve while fulfilling superior projects in adapting the cities with hospitals for receiving a lot of incarnating beings ready for the rescue. Others have the function of making searchers and know well the human nature, its habits and customs, since a great collection of this humanity's history continues existing on the surface of the Planet. There is an information service registering and storing them for further recreating in the new land.

Q: Do you mean registers of all peoples?

A: I mean those peoples able to live in the Renewed Land.

It is sure that some changes seek in adapting each individual to the new dimensional garment.

Q: How will stay the inanimate beings such land, air and water?

A: This subject does not refer to the current work. Let us go to the point. In fact, the cities communicate among them. On the other hand, in the same way that not all terrestrial beings can travel and know the entire planet, not all earthly beings can access the tunnels given on all cities, since each individual fulfill a specific work, not always accessible to others.

Most of them intend to meet you, but there is a selection obligatory for those candidates who want to share knowledge with other cities. In the same way the astronauts require selection and training to withstand the absence of gravity, the interplanetary scientists also need preparation for facing vibrational changes from one city to another.

Stheim and Solt - 10/20/2002. Students at Peace & Light University

06. Looking for Portal in Stelta

I myself and Loth visited some beds of medicinal herbs in our ASJ - Jesus Servants Shelter. The local energy let me confused and then, I sought help from Master Ramatis who said it would depend on my effort and harmonization.

When I was well again, no longer I was in the medicinal garden, but on "Rio Jucu" bank, not far from there. On board of a yellow boat, we went throughout "Rio Jucu" until a too high waterfall. When we left the boat, we saw a cave behind of the waterfall, which was a portal given on Stelta City, from where we followed by a stream. As we walked, Loth, resident of Stelta spoke:

The communication among intraterrestrial cities is mentally. Even those cities, which are not at subtle plans and vibrationally nearer to the surface, there are different vibrational levels, steps and platforms likewise in other cities.

Those beings that live in denser, less evolved cities, they are not in the same evolutionary level. The most evolved inhabitants are those able to capture the messages from Above and transmitting them to other inhabitants.

Mentally, the inhabitants of the cities knew of the visit of brothers coming from the surface. No matter the vibrational level of them, the intraterrestrial beings of the cities visited, all await them.

Loth, 11/09/2002.

07. I have been in Pedra Azul

I saw myself closer to Pedra Azul, even though I could not see the stone, but I myself, Ersan and Loth were over there. I was very happy to meet them. I took Ersam by the hand, which spontaneous of mine gesture let me embarrassed.

There were various reptilians over there. Ersam said the human greed attracted some of those reptilians against the buildings outside the cities, and others, looking for the portals.

We went down through the "portal" existent on the hill. There was an immense orchard, with a path surrounded by apple trees. I felt the presence of Stelta's beings there, but I did not see them. We went downwards the orchards, then we crossed a river, and next entered and traveled slowly as far as where children played and on that moment helped a little bird fallen on the ground. They lovingly touched the bird that recovered its senses and flew away. The children laughed of it.

Finally, we got into somewhere with rural workers cultivating green planting, maybe medicinal herbs. We continued on board of the transport, where the energy was stronger and I felt dizzy.

Medium, 09/11/2002

08. Sunset

I was concentrated, when I heard the following words:

"Remove the darkness from you, so that the planetary darkness does not swallow you".

Q: Can you see the sunset?

A: No, at this time, we connect ourselves to the Superior Forces and Cosmic Creative Energy, which make us to become only one. You cannot yet understand such an indescribable experience.

In that meantime, the most evolved beings connected with such strength, they bring new messages and superior guidelines to help them in conducting both of life and people. It is enough a prayer and sincere devotion to God Father can offer us moments of rare beauty.

Each Group connected to sincere prayer supplies itself with superior energy, storing it to further distribution among other needy brothers. In these sublime moments, we can see the entire city full of light and everyone knelt down before God Father.

We practice no official religion. We compose ourselves into similar groups for to worship the Divine Presence of the Creator.

Q: Why cannot I see clearly around me?

A: Wait and believe in God.

Loth, 11/09/2002.

09. Tunnels

The intraterrestrial brother took me by the hand had tan body (although he was gray at the time). Later, I knew that it was his trips clothes. His hands and feet had only two fingers; he was around 1.50m tall, black, large and bright eyes.

We crossed through a tunnel giving on Vila Velha, ES-Brazil. There was a kind of elevator there, through which we went down until a depth I cannot measure. When we reached the elevator given on a hall, which could be also a cave. In that place had various access tunnels given on the earthly surface and a gap also connecting other intraterrestrial cities.

We walked as far as the garden with seats of grass. We sat down and the intraterrestrial described me the report I had written moments before, and then asked me to describe the astral trip we did.

Medium, 11/09/2002.

10. Means of Transport, Spaceships

As I told you, the intraterrestrial City of Stelta, among others, it is the simplest and closer to you. From the main hangar at Pedra Azul Hill, the spaceships transport the inhabitants to other Universes, realities and dimensions into space, as well as the Light crosses through the water, but without distortions because of changes of the physical environment. Transport is not for mere curiosity or pleasure, but for special flight in missions.

Q: What do them do and where go?

A: The reason and places they access vary. Some of them visit the nuclei of intraterrestrial civilizations in other planets, exchanging knowledge and techniques built by experienced scientists and prepared in creating, conducting, dematerializing or new materialization of flying objects.

Others beings are like the Brazilian Air force crew trained not only in conducting aerial vehicles, but also to facing possible adversities that surprise them in the work they do now.

Lots of beings visit the Earth collecting samples of beings and minerals for the researches they make seeking the future reconstruction of the Planet.

At times, the flights seek training to Rescue Parties, which requires extreme skill to reach humans at exact distance for not hurt them with magnetism of spaceship or with intensity of strength used to lift them up.

They are intraterrestrial beings; not prisoners inside the Planet. In fact, they fly over the earthy space much more than you suppose, since they are experts at remaining invisible among you.

Q: Is the intraterrestrial city itself that build the spaceships?

A: Yes, each intraterrestrial city has its Sector of Creation, where from generators and energy transformers, they shape the objects. The air-powered engines perform the movement of spaceships; which propulsion system is similar to that phenomenon that causes hurricanes.

They mentally operate the mechanism, in the same way that mentally they adjust the intensity of explosions holding the turbines generating the movements.

The vehicles destined to fly outside the cities demand a more complex technology. In the same way that your atmosphere produces a more impure air quality, they have their engines moved by small atomic explosions resulting from nuclear fusion and water as regulator of mass and heat generated. It is this quality reaction that makes possible the dematerialization and re-materialization of spaceships.

Q: Is the water similar that of ours?

A: Everything that you can see on your planet, you can also find in intraterrestrial cities, except for those elements unnecessary for the more evolved brothers.

We could say, the molecular structure differs in these cities, composed from double atoms in your Orb, constituting therefore, purer and finer energy than those distributed throughout the Planet Earth.

Ramatis, 10/26/2002.

11. More about Means of Transport

A little more about means of transportation in Stelta City, we assure that, as the spirits evolve, they get rid of the shapes, then, being unnecessary to the evolved mind, vehicles for displacement in the cities, but only in foreign environments, such as trip outside the city.

In the next stages, this organization remains until abandons the physical shape; and the individualities mixed up into a globe of light, likewise the evolved minds carry out their extra planetary trips. The spaceships often are the minds themselves and not their creation.

Q: I did not understand. Could you clarify it?

A: The difficulty of understanding often refers to the attachment to forms. The evolved mind is spotlight, which spark illuminates the places through where it goes and as creative fire, it heats and comforts the atmosphere.

Unlike the fire with no life, the spark of creation brings in itself, the human consciousness, which, developed can shape itself in the desired way and for such reason, we introduce ourselves to you, with the aspect that better identifies us before the human eyes.

In the same way, we can enlarge our body shape, creating an ambiance involving you with vibrations of peace, happiness and love.

This pleasant place results from mental intention to welcome and support those beings to whom we involve and you translate it as shape. They are images with elements of your human representation.

Q: Are the spaceships made under the same process?

A: Yes, as we told you, some spaceships commanded by Evolved Spirits becomes the own mind of the respective drivers.

Q: Is it the example of Commander Yuri's Mother Spaceship?

A: It is the case of Planet Patrol of Commander Yuri.

Elsim, 10/26/2002.

12. Selection of Intraterrestrial Beings

The organizational balance of intraterrestrial cities in nothing will change with arrival of humans from the terrestrial surface. The affinity of internal life style process can be modified because of the planetary transition that occurs in all levels, including the intraterrestrial cities also composing the Planet Earth.

The intraterrestrial beings also undergo the natural selection and then are transferred to other worlds, but in a different way than the terrestrial ones, because those have not negative karma to purge. Only the intraterrestrial beings from the more developed cities and those from cities of superior level can choose their destination, during or after the planetary transition looking for new paths of progress.

Some of them return to their home Planets; others go to worlds like the Planet Earth, to start other cycle of help, and many others remain on Earth for new regenerative jump, now no more hidden, but together with brothers of the earthly surface.

It is a New Planetary Age; new inhabitants or old inhabitants now renewed living harmonically.

All the kingdoms of Nature, men, intraterrestrial beings, and living beings on Earth may suffer direct influence because of the planetary transition, feeling the necessary adjustments to the new life coming.

The Kingdom of Peace will rise on Earth.

Loth, 10/26/2002.

13. Form of Government

Evolved and experienced beings compose the intraterrestrial government. They have powerful minds able to know of everything taking place in the intraterrestrial cities, as well as on the earthly surface. They communicate telepathically with the inhabitants of the most developed cities.

There are nuclei neither against nor in favor to the Government respected by all. They answer any request, always seeking the collective welfare.

The intraterrestrial rulers control all events on the earthly surface supposed to bring danger to the intraterrestrial cities by deviating or minimizing any inferior impact or damage to inside the Earth. They command the whole city in a firm and loving way, directing collectivities to evolution.

In the intraterrestrial cities, the Rescue Parties are ready, as well as the lodgments for receiving those spirits prepared for the rescue, since they always obey and follow an organization.

Loth, 10/26/2002.

14. <u>Stelta</u>

In Stelta, streets and avenues are flowery with the most varied colors and perfumes making the environment pleasant and happy. Temperature is always pleasant without important changes. The woods in the city give real pleasure to the daily pilgrimages.

Q: Can they see like us?

A: We can see everything, the environment and beings better than you can, and depending on the evolutionary degree of beings, we see beyond matter.

The intraterrestrial being has a sixth sense and others in the physical-spiritual constitution, which provide them expansion of vision and perception of the subtlest vibrations of the environment and its content.

For example, I look at a certain point of a forest, with intraterrestrial eyes, which process I cannot explain. I have seen flowers, trees, vegetation and the least changes of the environment, which seems alive and pulsating. I felt as if I were part of that scenario.

He continued:

By looking at the landscape, we can see not only the surface of objects, but also the vibrations and emanations surrounding them. Also capture any vibrational change within the environment of the mineral, vegetal, animal, elemental and human kingdoms.

Elsim, 11/23/2002.

LIGHT & LOVE, AND ODIM – INTRATERRESTRIAL CITIES Amazon Region/ Brazil.

"...When you see yourself immersed in the darkness invading and involving your Planet, more intensely turn on your "inner light" calmly assuring the continuity of life. Be you, warrior, disciple, humble servant of Jesus."

Shama Hare *

* Disciple of Ramatis, Margarida's Spiritual Guide, Leader of the Groups GESJ, GER=GESH AND ASJ. On the Spiritual World, Shama Hare answers for all spiritual activities of ours.

01. Again, you will not be alone

Odim is a satellite city located near to the intraterrestrial Light & Love City that will fulfill a special work during the transformation period on your planet.

The dark forces are strengthened as they get more and more successful attacks and obtain as result the precious energies to feed their unhappy intentions.

The greater the disturbance in the modern man's mind, greater is wasted power of good used by power of evil.

The dark Army increases, however, but not in the same proportion and form, the Power over the Light, which is insurmountable Divine Force. However, honest workers need to develop new ways of coping ensuring balance of forces. So it will be!

From Odim City, they control the Forces of Good. It is fed directly by current of "Universal light" that get into the earthly Orb, through the blessed receiver and distributor: Light & Love City.

Experts at perverse plans of Darkness that foresee the minimize the hope and enlargement of pain on the earthly surface, we form with the Armies of Odim a pact of action able to minimize the bad effect of the arbitrary dictate. We keep the spaceships and friends in permanent contact with the High Spheres, absorbing forces, developing mental skills and exercising in situation of great catastrophes and collective deaths on which the dark forces dare to interfere.

As hungry vampires, they advance on such situations, longing for human precious vital energy. The inhabitants of Odim help them, in often preventing them of such intent.

Q: Are they inhabitants of Light & Love City?

A: Yes, they are young, dedicated learners who voluntarily offer to help you.

Q: How is life in Odim City?

A: Students of Light divided into groups go to large laboratories, where spend full time observing and controlling events on the earth. They act like flight controllers, in the face of imminent collision; they direct the pilot to the proper direction.

Brothers of Odim by telepathic projections are in the main places and meetings where the governments make relevant decisions for the humanity welfare. From there, they follow up the events and intentions, manifested or not, however

constitute a net of parallel and invisible actions contributing for those events begun in the matter.

When necessary, they confront the reptilians present in the same places neutralizing a portion of their poison, allowing infusing among men only the quota of negativity corresponding to their own condition and merit.

When Commander Yuri gives a signal, this Army of Light goes away, leaving free the path for the farther disorder. Today, you live the order still kept by the Power of Light.

Q: After the Power of Light withdrawn, what happens to men?

A: The retreat only occurs when from Above, Jesus, The Major Commander of the planetary destiny, gives His definitive signal able to trigger the process of spiritual rectification, painful and sad but representing cleaning and renewal to you.

Then, the armies of Odim will be strategically in places prepared to continue neutralizing the negative astral forces, the "hideous trawlers" that will spread on the earthly surface.

Calm and serenity are essential to maintain the mental and spiritual health. Disconnected and bestial hordes will be angry fed on individual beasts emerging from abysmal regions.

Do not be afraid of, **again, you are not alone**. It is another test of faith to you. Useless is the Light, if you cannot capture it, and to it, you need to have lucid and healthy mind, free from the furious embodied or disembodied Beasts.

Q: How will be the rescue in that hour?

A: The Divine Providence help each one according to respective merit, collective or individually, men, women and children. Protecting Guides and spiritual friends will be with those looking for safe shelter. They will avoid the attacks from incarnating beings instigated or linked to perverse beings.

Q: Do the inhabitants of Odim eat?

A: Yes, they feed on light.

Q: What mean those green lights in the whole city?

For its nature in concentrating the Armies of Light against the dark forces, the inhabitants of Odim live permanently immersed in healing energy. This energy seen in emerald green color, it is also restorative and isolating from constant harassment by the dark nuclei that mentally try to know the exact place.

Q: Once they are little evolved, how could find an advanced city like Odim?

A: Yes, they are dense beings, but not less mentally skillful. Helped by evolved minds, they constructed a wave detecting apparatus reaching from the densest to the subtlest waves. The machine emits a ray, a magnetic wave that, after identifying the desired frequency, returns revealing its location.

It is this way, they detect the incarnating workers of Light and often neutralize them the force in the face of an important task. That is why we always say to you "pray and watch", to become strengthened the auric force fields by the connection with the High and resistant against the attacks of perverse minds.

Q: Are there other important characteristics in that city?

A: Almost the whole city is a University of work and research. The local people have not dense bodies, only with fluids of mental energies that shape them the bodies. They come here to live and work free and spontaneously, until they have their spirits evolved and then, they go to fulfill other tasks.

They no longer need of physical rest. They renew the minds through the Light.

There is no reproductive process, once there are not bodies to be shaped, but remain until become the proper light.

Love in itself is immeasurable able to disintegrate all dense bodies giving them the fluidity you see.

They live longer, not based on your calendar, since no more they have matter. They come from various points of intraterrestrial or extraterrestrial planets, but rarely evolved humans from the blessed colonies. They penetrate the portals of Love & Light City as if they were travelling to undergo a professional improvement course.

Linked to other planes in various dimensions, the channels flow like special roads crossing through the Universe, in long tubes of energy, invisible to the common eyes, but perceptible to the hearts. They transport, coming and going, thousands of beings arriving to us, for studying, teaching and making researches.

The transit of beings and energies is incessant and, like the human heart, Love &Light City vibrates as it were in the Earth's body.

Q: Who governs it?

A: The Planetary Christ.

The city sends energy that circulates throughout the Planet, just as the heart sends the blood to the whole body and collects with the veins the dense energies, purifying them, as the lungs do with the atmospheric air.

The local inhabitants work full time in circulating the planetary energies, renewing them every moment, because of pains and suffering caused by humans from the Earthy surface.

Count Rochester, 12/07/2002.

02. Ocã - Intraterrestrial City

More than once, we had read the book "Intraterrestrial Beings – A reality situated on the borders of the Impossible", written by Guinchard, Marie Therese and Paolantoni, Pierre.

It speaks of and incredible adventure by a foreign archeologist who was making researches in the Amazon Region and after a Calvary of torments and pains, found, by chance, a portal accessing an intraterrestrial city.

The expedition was with him and his partner and friend. Here it is an extract from an Intraterrestrial being to them: ..." if you tell this story, people will treat you as a crazy man and to persecute you, even by those who seek, far away, explanations for the phenomena that have been distressing them throughout their lives..."

Based on the mentioned above, I took the occasion to ask the intraterrestrial Abur, about the issue.

Q: Could you tell us about the city where the archeologist arrived in?

A: The archeologist was next to Light & Love City through one of its satellite cities, used for protection and contact. You have already visited Odim City, one of them. The other is Ocã City located in the northwest of Odim City. The curious and investigator Spirit of that brother took him over there, receiving the confirmation of the suspicious that impressed him greatly, on the first trip.

Therein, trained guardians established contact with them, sending them back to the earthly surface after the confirmation of an intraterrestrial city in that region.

The purity of his scientific thought only present on those who wish to reveal to the world new knowledge has saved him from being sprayed by the city's defenses. Otherwise, he would never have arrived in that place nor returned.

Abur, 11/30/2002.

Note: At the end of the book, there is a long warning from one intraterrestrial to the earthly beings. Read the book, which is very interesting.

03. Contact with Eliadne

Contact with Eliadne, intraterrestrial Being of Light & Love City, now, at service of Odim City.

The satellite Odim City is a projection of Light &Love City, which represents an area of contact between the intraterrestrial worlds and the earthy surface.

Light & Love City vibrates at high level and purity, and you cannot visit it. However, in Odim City, you can get a lot of information about Light & Love City.

Q: Am I going to visit it soon?

A: Concentrate about it.

I barely had concentrated, when I saw myself flying over the Amazon region. In the middle of the jungle, had a path opened and I thought to which way I should go. Immediately, I saw the path right against me lit up and I followed it. Incredible was the reality of sounds in the woods and landscapes, where I could distinguish sounds of crickets, birds and even of the wind blowing.

I walked until at once, I met the river edge, where some beings waited for us. They dressed me on a special cloth, like a uniform covering my whole body, feet and hands, and put on my head something like an inverted aquarium. I dived into water, when someone seemed to guide me, but indeed, it seemed someone pulling me. I did not see nobody.

I could see the bottoms of the river, which water was muddy; even thus, I could distinguish fishes of different sizes and shapes passing by, alone or in shoals.

We continued walking, at times swimming, until where there was something like a big transparent bubble, with material like acrylic. As I approached, at once, I touched the bubble, with open arms, as if I were driven by a Deja-vu knowledge on that moment. I crossed through the bubble, which seemed to suck my body, until I was inside it.

Then, someone took my special clothes off. I was already in another city, anxious to know of everything. They put me in a small room with a screen in front of me.

What a pity! I had to reduce my enthusiasm and sat quietly in front of that big screen.

When the big screen was "On" a spot light appeared in its center, like a powerful lamp. Then I saw an apparently feminine figure, hairless, without clothes and no sexual shape.

It seemed to have something green, but I could not distinguish whether were the eyes or color leaving from head.

He/she stared me, raised the hand without fingers and greeted us in the name of the Light. That contact made me feel dizzy and confused. Then I could identify the green light that was part of a green precious stone fixed on his/her crown chakra, which radiated vibrations into concentric circles of varied sizes and colors.

Q: Who are you?

A: Call me Eliadne.

Q: Do you live in Odim or in Light & Love City?

A: I am resident at Light & Love City, temporarily working in Odim City.

Q: Do your work refer to the "Planetary Transition?"

A: Yes, we prepare men for the "transition"

Q: As far as we know, the intraterrestrial cities Stelta, Letha and Okay should be used as refuges for the rescued ones. What is the function of Light & Love City in that phase, since they will not receive humans?

A: As you know, the human vibration is not compatible with that of our city, within a distance of 50 km, and these pure vibrations could pulverize quickly them the bodies. We have our task according to our option in sustaining the strength of other Rescue Cities.

Q: What do you mean?

A: In Light & Love City, we are source of forces captured from space by powerful generators and stored for distribution through ducts.

Q: Does the energy come through the tunnels?

A: No, parallel to the tunnels connecting the cities, there are tiny "capillaries" flowing outside, like the blood vessels. The capillaries full of light reach the cities, which collect it from the sources, storing it for further use and distribution.

Q: Where the light supply Light & Love City comes from?

A: We could say, we are like the **Planet's crown chakra.** We get the forces from the High, where the nebulae emit the radiation from creative explosions. In turn, the collecting spaceships capture them into tiny fractions directed to our city.

Q: Does this energy from stars undergo treatment in the city?

A: For a certain time is stabilized with telluric energies, so that become compatible. One is pure, the other, usually already worked.

Q: Do all the cities receive the same load of energy?

A: It is not this way. Each city receives energy in intensity and quality, according to its own condition. From the cities leaves the flow of energies that circulate through the capillaries, announcing their vibratory tone and mixed with the raw material collected from the stars. After a certain time processing the moisture the quota of light referred to that city follows by the same route, and then received and stored

While she was speaking, I saw the capillaries described and the light coming.

Q: Does Odim City also receive this light?

A: No, because is the mother city that feeds Odim City.

Q: Is the purpose of this light power only to supply the intraterrestrial cities?

A: No, part of it seeks to feed back the core of the earthy body, conditioning it, to the vitality of living organism.

Q: I feel very dizzy and my arm weighs. What is wrong with me?

A: Even with all care and protection, you feel the strong vibration of Light & Love City.

Because of high vibrations radiated by Light & Love City, it is up the contact with Odim City today.

Eliadne*, 11/02/2002.

* Eliadne is a Spirit of Venus, friend of the Group at service of the Planetary Transition.

04. About Medicinal Herbs

I have seen beds of medicinal herbs at Servants of Jesus Shelter. At once, some of the intraterrestrial beings arrived with small devices with which could feel to the Herbs energies. They found species that, at that moment emitted more energies than others did. I could see that energy as a lilac smoke left from the Herbs. With one touch on the device, the emanation was intensified and then collected by a small box like a vacuum cleaner.

Then, the group of beings went out and penetrated an access tunnel to Odim City. Before arriving there, they met local inhabitants, to whom they delivered the collected fluids and thence returned by same way. In Odim City, they handled the raw material from medicinal herbs collected until became dense like dye and finally stored in dark bottles.

Again, I have seen Beings of Odim uttering a lecture for a group of intraterrestrial beings different among them, and I could identify representatives of Stelta, Okay and Letha Cities.

Next, I saw intraterrestrial beings arriving in Servants of Jesus Shelter through the access tunnel toward the Phitotherapy Room. Therein, they got from the suitcase, a transparent tube, and without unpacking the bottles, collected its content through the tubes. From one bottle, they removed a substance like a dark liquid like Arnica dye.

The intraterrestrial beings transported that liquid as far as Odim City by the same path mentioned previously. Therein, they changed it into paste and stored portions in bottles of different colors and on the covers had the indication to specific organs like liver, kidneys, fracture, muscles, and so on.

In a demonstration, I could see the paste applied on someone's injured leg and slowly absorbed. The absorption can take days and serves as analgesic.

I also could see in the garden, the indication of each herb used in the previous collection and a tobacco tree very beautiful. On the tables, had three blocks of

medicines packed and then transported to the cities. Each block described types and quantities of medicines.

Besides the preparation of medicines and collect of fluids, I saw the garden beds prepared for receiving the rescued ones. Overnight, the edredon exhaled a steam around the Spirit, which emits sounds able to indoctrinate people while sleeping. There were also dark miasmas from mental activities of these same beings. The mist seemed do burn them.

Medium, 12/21/2002.

05. Factories

First, I saw Odim City surrounded by a cordon of light making a curtain of strength like a luminous barrier that kept invisible the city.

At the food factory had a set of products exposed on a long table and the local inhabitants dematerialized therein and materialized them in another place.

Again, I saw myself in Odim City, in a clothing sector, where special machines adjusted by operators, received white material like cotton balls. They put the balls on one side of the machine, and by the other side, left the clothes ready.

I saw skirts, pants, shirts, blouses, hats and dresses made of most varied sizes and models, all them seamless.

The ready clothes were carefully arranged on a long table. A group of beings dematerialized them and then I saw that set of clothes materializing in another intraterrestrial city. In the same way, I saw large, white towels produced and sent to other cities.

Medium, 12/21/2002

06. Bankruptcy of Human Institutions

First, I saw a big dinosaur in the city, walking and beating its tail and head on the buildings, cracking everything through where it passed through. It was interesting the buildings cracked, but did not fall down.

Then an intraterrestrial being spoke:

We are trying to disintegrate the force that supports the robot idealized by dark beings. It symbolizes the negative magnetism controlling the minds of many incarnating beings, which you have seen as small reptilians.

The damage done by its tail and head symbolizes the ruptures and moral cracks of human institutions, which are rapidly degrading themselves by loss of the primordial values of Light.

For rebuilding everything, first comes the process of destruction. This same process happens with body of beings decomposed and then returned to the soil as nutrients necessary to new cycle of life.

Everything to renew itself must first go through destruction. New values rise after destructing old values. I mean, old ideals renewed into new purposes that then follow life in matter, or outside. It is the Law.

Q: Who are you?

A: I am inhabitant of Odim City.

Q: What is your name?

A: I am Rami.

Q: How old are you? Are you so young? You have such a young face.

A: Yes, I am young. I am only 300 years old.

Q: How did you get so much advanced knowledge?

A: I go to school and I already study on the subject that much interests to me.

Q: What do you study?

A: In Odim City, we are preparing to defeat the dark Army that intends to avoid the rescue of many humans. While our earthly brothers compose the Rescue Parties in other cities, we stay here defending them from the power of evil they probably may face.

Q: Does it mean you already know the plans of dark beings?

A: We know of the dark Army prepared to attack and avoid the approach of Spirits of Light with the incarnating beings mentally weak obscuring their minds. Without faith, fear and terror invade them, becoming easier to vampires strengthened more and more fed on human energies.

Q: When exactly may it happen?

A: After the three days of darkness, they feel stronger and, into troops will be crawling throughout the Earth sweeping from fragile minds the hope and love to others.

Hail the Light!

Rami*, 12/06/2002.

* An old intraterrestrial friend of this Spiritist Group

07. Light & Love City

Purification inside and outside.

Silence, prayer and meditation.

Every effort is required to access the City of Light.

Subtler is the thread of contact with those also subtler beings inhabiting that city of elevated spiritual evolution.

Through the City of Light, you can establish contact with the Great Universal White Fraternity.

May the Light involve your Spirits!

Rama Schain, Disciple of Ramatis, 03/26/1999

For millennia the Golden City remains.

Many disciples wished to visit the Holy Temple. Few ones withstood the tests. Once again, you go towards the City of Light.

Akenaton, 03/26/1999.

The wise man is meek and persevering.

Patience is work of Light.

Love is the key to open the big gate.

Initiation and purification is the path toward the door of God Sun.

Unknown Spirit, 03/26/1999.

Note: Short messages with rich content received during the trip to Rio Negro, from Manaus toward its spring.

SHAMBHALA AND ZIMBALA – INTRATERRESTRIAL CITIES - ASIA

"... The rescue comes, do not forget it.

When fail all attempts that should change the Earth destiny, we will be with you. When pain and suffering come, bear in mind the messages that impel you to evolve, and exert efforts to conquer the "Light" that will raise you to our spaceships.

Do not fear. Everyone who wishes rescue will have it. However, it is not enough to want. It is essential to work full time for own renewal."

Ashtar Sheram*

Note: * He is Supreme Commander of all Stellar Fleets at service of the Transition Planetary. According to Ramatis, he is the same Archangel Michael.

01. The Least Balance

I see a multicolored ramification inside the Earth, in that region of conflict, I mean, in the Middle East. Someone speaks:

- "The intraterrestrial Forces are ready for everything to avoid the destruction of the **Planet**, **jewel of rare beauty floating in the Universe of stars**.

This energy net sustains the Earth and emanates on the surface maintaining life for the living beings in that region, like small blood vessels irrigating and keeping the vital integrity of the skin.

These energy-conducting threads maintain the least balance in that region, since the number of warlike artifacts detonated therein was enough to destroy that area, becoming it unsustainable to life. The sources of water shine under the influx of that energy.

Sambhala! This word echoes in my mind and through the soil, its fluidic emanations given on surface enveloping nature like a hot summer day.

Rami, 12/28/2002.

02. Words of Master Ramatis

They project right against me the Planet, which I can see slowly changing its axis position. Then appears a wonderful place of pure light with beautiful castles that seemed to float wrapped in a soft mist, shining brightly.

I felt uncomfortable with what I had seen and heard, because someone spoke to me and I understood nothing. At that moment, I thought on Master Ramatis, who appeared, took me by the hand as if I were a child and said to me:

- You can see the intraterrestrial Shambhala City.

He continued:

Shambhala is light, energy and life. Shambhala pulsates in the Earth.

It keeps active the protecting shield around the Middle East reducing the impact and filtering the intense negativity coming from the West Side.

Spirits of Light inhabit in Shambhala. We did not get permission to visit it.

Shambhala has an intraterrestrial satellite city, which inhabitants are ready for intervention or evacuation, if necessary. This city has the same function of Odim City, which is the satellite city of Love & Light. Its name is Zimbala.

The planetary events take place not only under the command of arrogant and proud human minds. Just as in the matter, many things occur hidden to the world, also in the dense dark planes, as well as in the highest planes of Light; the very important contacts take place far from the ordinary knowledge, but direct the human actions in matter, despite of illusory decisions purely individual.

The Planetary Protecting Force has been acting intensely, despite of the human rebelliousness; however, there is no force on Earth stronger than Father's will.

Ramatis, 01/04/2003.

03. <u>Testimony of an Intraterrestrial Being</u>

There is a Biological Research Laboratory using humanoids for manipulating the biological material created and controlled by human scientists seeking the destruction of other beings.

Creation of supermen as true destructive machines aiming at exterminating other brothers, as well as creation of artifacts of high destruction to control the other Nations

The Government of darkness has been working in this direction. The incarnating spirits still have karma of violence to be burned. The "angels of evil" taking the vengeful sword, throw themselves over the victims without mercy, unaware that in the future, with the same intensity, will receive the destructive impact back.

There is no need of human hands to provoke the burning of one's nontransferable karma. There is within nature and life of all creatures, situations able to impel them toward the regeneration within the Divine Law. It is up to each one understand and accept such reality.

The planetary destiny is in course, without chance of returning. Creatures exiled from Earth to worlds compatible with their still primitive nature, will cry for millennia, alone, regretted and missing of the former house, having before them a long way to travel, as gift of divine Mercy, until they can return to their home planet. It will be a long trip.

The superior energies gush abundantly over the Planet with the same opportunities for all creatures; however, the majority let the instincts direct and feed them on "Power of Evil".

The Generating Forces of Life will follow up and restrain the hand of destruction when see all possibilities of change disappear.

Hail the Power of Light!

Zani, Intraterrestrial of Zimbala, 01/04/2003.

Note: We took the occasion to bring two similar messages received in the same period.

04. Some of Governments on Earth

In our Group GESH, we tried to figure out if some of earthly governments knew of intraterrestrial cities, and soon we received the answer.

Indeed, some of earthly governments know of existence of intraterrestrial cities and looked for their entrances, guided by Powers of Evil. They look for treasures to enrich them even more. They do not accept as true, the existence of evolved beings inhabiting inside the Earth. They seek them for domination and depredation, never for some noble sense of interchange and Fraternity.

Some od earthly brothers have already visited and reported about the intraterrestrial cities, but were seen as visionaries or mad men. (Read the books "The Empty Earth" and "The Future Race", among others).

The earthly being still must learn too much about himself and about the Orb, in which lives. To stop searching for domain and destruction is the first lesson.

They will change, impelled by force of Law.

Ersam, 10/12/2002.

05. The Occult Government of Evil

The negative forces from the occult Government of evil often try discover the intraterrestrial cities, directing the human technicians' minds to the nuclear tests and to detonate the supposed regions of intraterrestrial beings. Poor fellows! They ignore the Power of Light!

The dark beings bring damage for those who deserve it, bringing delay for themselves and followers. They became angry more and more for not to know how to get into the subterranean worlds. They think themselves able to subdue the earthly surface, as well as inside the Planet. They forget that "where the major force is, it ceases the minor."

Hail the Light!

Ersam, 10/12/2002.

LUNTHI, INTRATERRESTRIAL CITY - RS/Brazil

The secrets of life are revealed for those that already have discernment and attention, consciousness and much love in the heart.

Akhenaton

Note: Akenaton was one of the Pharaohs of Ancient Egypt, husband of Nefertiti. He defended the idea of unique God and for worshipping H him, he built the Karnack Temple.

01. First Visit

With astral body I was taken to somewhere in the forest, where I have seen a bed made of stone with about 1.80 m long, 0.70 m wide and 0.50 m high.

On the front side, I could see the bed adorned with a lion figure resting on a natural rock covered with green vegetation. On the sides had lianas creating a singular shape. I could see myself leaning on the rock carved in shape of hands, which fingers touched lightly on the upside.

The whole resembled a triangle with only the bad without vegetation. In this place, I felt a strong vibration, and when I went back to the same place in a second concentration, a path opened on the rock under the bed and sucked me as far as a long deep tunnel. They drove me at high speed and threw me into a large hall, apparently in a cave of some mountain.

The place was large, bright and clean. I do not know where the light came from, because I did not see any exit given on the world outside.

I felt the presence of two little beings close to me. I was stand up but still under the zigzag effect from that tunnel. The two little beings without saying a word took me by the hand to outside the Hall.

We left the place through a green mountain, like savannah. I was surprised with the unusual landscape.

Medium, 01/09/2003.

02. The Ocean at intraterrestrial city

It was a wonderful ocean, as I had never seen so blue and calm in front of me. Soft waves lied their white foam on the sand that ended in lush moss-green vegetation, in small shrubs that more looked paint than reality.

At distance, the horizon line gives the idea of amplitude, as if I were on the terrestrial surface, which made me to feel confused, if I was inside Earth as I first thought or had I moved to another unknown point on earth?

While trying to figure out that scenery, I have seen approaching in the air, two winged white horses on which backs had two women so beautiful and soft in their gestures, colors and clothes.

More confused I was with those flying horses. Where was I? What was wrong? Are these artificial wings or part of the physical structure?

Then, a woman ok me by the hand inviting me to ride with her. Likewise, the proverb "who is in the rain is to get wet," I went with her. The animal flew toward the horizon line.

She said the seawater penetrated the city through an opening given on the surface. They worked to create that bay always renewed by entrance and exit of water, however free from the destructive force of strong waves. With their experienced hands and minds, engineers developed techniques to contain the furious water, changing it into the calm lake I can see now, while others, more evolved spiritual change it into a real masterpiece.

Medium, 01/10/2003.

03. Origin of Lunthi

We are sending the data to you understand our revelations.

We are from Planet Saturn, exiled on Earth. First, we colonized this world when we had the hard test of returning to live in a primitive way, for having caused serious facts in our home world

We constituted the Inca people on Earth.

As if were enough the suffering because of vibrational fall, more and more we exposed ourselves to the Divine Law, until the Great Universal White Fraternity determined that all our resulting technology and research since long ago should take part of the work of Light.

We were exiled again, now to inside the Earth, where we finally understood how far we were from the Light and from reality.

The awakening gave us the change of recognizing ourselves as a people expert at technology, but with moral evolution still deficient. From then on, we concentrated our efforts to improve techniques, applying the knowledge for the construction of a new world, very different from everything we have already done.

The past mistakes still hurt us. It is sad and shameful part in our history, but necessary for own transformation. No longer have we wanted such a life.

Q: Who are you?

A: I am Julian, a warrior of Lunthi protecting our lands from enemies. I am always attentive, so that nothing interferes on moral or spiritual development of our people.

Q: I am not well to continue this contact. I can see the city, but something disconnects me from the Earth. I do not know what is wrong with me.

Q: The energy of Lunthi is strong and closer to the telluric energy, thence the influence exerted on the terrestrial beings. It is the reason you felt sucked so violently by the rock opening, one of the entrances to our city. Be calm and persevering. It is difficult the communication with you because of excessive pollution. I am already taking the steps. I leave you now with the young guardians Zu and Li accompany you in the visit.

Q: Are these the names of those girls?A: Yes.

Julian, 01/10/03.

04. Presentation

Greetings, noble terrestrial beings!

We inhabit the intraterrestrial Lunthi City designated to present you our city. We knew that you would come, since the Supreme Court of Light warned us.

Lunthi City had never received foreign visitors and it is strange to us obtain permission to visit our world. There are many entrances to Lunthi City, because we often visit the terrestrial surface in search of information about your people, which offers us rich material of studying at our Universities. We apply the knowledge to our people's way of life.

The entrances are often located at the rocks gaps shown on the surface, but the main entrance is the one that attracted you. You have strong connection with us, because you have already take part of our Inca civilization. You are for us an old friend dressed on different way now.

The stone bed you had seen, it is part of a temple of sacrifice hidden and forgotten in the woods, however the pains triggered by the rituals are never forgotten by those who, in that temple, suffered the worst moments of life. The entrance is located at southern region of the country, where you may visit too. It is said that good children return at home. Both of you and the other woman who is with you, belonged to our people in the past.

Q: Do you know the work we are doing?

A: Yes, The Great White Universal fraternity through the Supreme Court of Light said that we should present our city to people of the surface. We must explain

about the events that led us to your planet in the past, as well as the many mistakes and rebellion that linked us to the successive falls. We are a strong and powerful people who, in the past, not so far, dared to be able to supplant Divine Omnipotence.

We paid high prices for our mistakes committed with rebellion in the past, as well as we faced a vibrational fall, humiliating and painful for us.

Nowadays, we understand that whatever degrades the spirit also purifies it. We are new creatures aware of our mission with this humanity. We can transmit to you, everything we have learned, expecting you do avoid the path of mistakes we have trodden.

We are exerting efforts to fulfill the established plan. There was nothing when we arrived here, and we gathered all our knowledge for the construction of Lunthi City.

We began covering an area inside the planet with a kind of protective shell with several exits, as you have seen.

While she was speaking, I have seen a source of pure, crystalline water emerging from the land.

Water is collected from inside the Planet and distilled for then compose the lakes, rivers and domestic provision stations. We have our houses similar igloos built with soft material but of great durability. Every parts fit perfectly, whenever the owner moves from one to another place and takes it with him. There is not shops here; we can change everything. Some embarkations go outside the town when necessary.

Agriculture here is therapeutic practice, as well as feed us. Nevertheless, when we sow and reap it, we hear the land and we only sow what it teaches us to be good for this or that place. As you see, we dress clean, light and wide tunics, gold or silver threads adorning our heads and shoes like sandals of yours.

Along of the time, we learned how to overcome the air barrier with wings attached to the feet, backs or back of animals, as means of transport.

Thence I had seen a flying horse.

Our relationship with animals is still necessary, since we hurt and affected so much the evolution of various species for us to make research.

Here inhabit various species of birds and mammals. They live free among us in the city, in natural untouched areas, where they go by night and return next morning. They help us spontaneously, becoming our lesson of fraternity to shout and echo in our souls that we are brothers whom we cannot subdue them whenever we wish.

Zu & Li, 01/11/2003.

05. The City Organization

Families compose themselves seeking coexistence and reciprocal respect.

We are organized into work groups.

The first group composed by ordinary citizens, local inhabitants devoted to the work and family and in touch with the Major forces through the study and research or through collective meditation and prayers in temples of energy. This group keeps active and dynamic the city, living harmonically with brothers of the forest.

The second group of priests is devoted to the spiritual work. They, at the same time, act as masters and spiritual instructors for the inhabitants' intellectual and moral progress. They hear the difficulties and try to reduce its daily effects at the city.

The third group of scientists is specially prepared to understand the Universe in the physical and astral worlds. They devote full time to the advanced technology able to get free the spirits of the matter.

Q: Is it the example of the wings coupled with humans and animals?

A: Yes. It was Ilcom an experienced scientist in our city that create those wings.

Nowadays, the techniques developed seek only the moral ascension of creatures after have eliminated the desire or instinct of dominating other beings.

We can improve our skills without running the risk of becoming those monsters of the past. We are free now.

Q: How do you use the vrill energy?

A: Some of the healing works require vrill energy, which you call laser. We store it in a device with limited capacity, as if it were an old ink pen. After pressed down the bottom it throws out in the amount and intensity corresponding to the bottom used.

Q: Where does the energy comes from?

A: It comes from the mineral diamond crushed into dust treated for several days with sunlight and its atoms changed into plasma. Then, they add other substances to preserve the matter physical state with durability so that, when active the devices, the energies do not disperse at once.

Q: How do these devices work?

A: When activated, the small apparatus (or other among devices of various sizes and shapes) triggers the immediate fusion of atomic nucleus, making them to liberate large load of energy that crosses through a kind of resistance in charge of controlling and dosing it. Here it is the great discovery made by Scientists, because before, we knew of everything about vrill energy but unable to control its use.

Q: How do you apply the vrill energy in your city?

A: We apply it for Health, Defense, Construction, Agriculture, Food and Clothes.

Q: Do you eat vrill energy?

A: In little dosages, the dust of vrill substance can be absorbed by living organisms, which acids naturally triggers the fusion described above, releasing tiny but important charges of energy to living beings, plants and animals.

Q: Were also you who discovered the vrill energy?

A: We did not. It was the Ancient Lemuria that discovered the vril energy.

Q: Did Lemuria exist indeed?

A: Not exactly in the way said by some of Scientists, but as a declined civilization that sought to restart based on the knowledge they held about the cosmic forces in the Universe.

Zu & Li, 01/11/2003.

06. About Shambhala

Q: Is it true the Occult World Government living in Shambhala?

A: Yes, Shambhala is the control center of the Great Universal White Fraternity on Earth. From there leave the important resolutions able to change the course of the Planet in which you live and of many others around you. It is the work nuclei of Spatial Beings, as if it were the control room of the Great Mothership.

Q: Where is Shambhala located at?

A: It is at Asiatic Region that you call Indian, extending until the Tibet, where many students look for wisdom.

Q: It sounds strange to me, how can a primitive planet such as this ours have a hidden government at so evolved city?

A: Inside the earth, in some places previously defined by the sidereal engineers, there are special points of energy created in the planet embryo. In those places, the temperature and pressure conditions determine the curve of time over space, also establishing points of energy directly connected to the galaxy center. In those points the energies that sustain the Earth's axis is now fixed and where cities like Shambhala, Agartha, and Love & Light can develop themselves.

Q: How do you know all of these things? Do you know Love & Light City?

A: Yes, I have been there for a short time. These cities are points of strong energy where spirits like us still awakening to the spiritual reality, could be simply pulverized.

I am studying to become a priestess, and as such, I go through several stages of learning. I am currently a student guardian seeking the apprentice level of the Temple.

I shall remain this position for some years, until I have gained enough knowledge and experience before starting a new work, when I must test myself capable of answering for new responsibilities.

To arrive here; I spent short periods in Zimbala and Odim (i.e. satellite cities of Shambhala and Light & Love City).

Q: What about you, Li?

A: I am a primary student and Zu my Spiritual Instructor. I am full time with her, in the sense of listening sincerely to my heart in serving to the neighbor as a priestess.

Now, I am member at Peace University where I develop a theoretical study about the history of primitive peoples with respective spiritual, moral and emotional aspects of progress or fall of them.

Q: It would be interesting, if we could have these disciplines here.

The researches and studies we make also include to access the Arkashic Registers, from which we get updated information about the events, dialogues and even thoughts of evolved rulers in that time.

At times, we get permission to access events of other planets, like the falling of ancestors of our civilization on Saturn.

Here on earth, we are guided by God's Love. We humbly obey the lessons of Lord Jesus, whom many other peoples and us reverence as an authentic Universal Avatar

Hail the Force! Hail the Light!

Li & Zu, 01/11/2003.

07. More Questions about Life in the City

At silent as usual, we concentrated for reciting the mantra at 3:00 pm. Again, I myself and the intraterrestrial being began the dialogue with a question of mine.

Q: How long does live the people of Lunthi?

A: They live about five hundred years. They hardly get sick and when it happens, they undergo an efficient auric treatment and cleaning, which keeps them immune for several years.

Q: How do you feed?

A: As we already said, Agriculture is the basis to our food. Here, we cultivated the soil with deep respect and love. We sow various seeds and wait for them to germinate and grow healthy.

The usage of energy vril is regular. After the harvest, we live on vegetables, fruits and juices, essentially pasty foods for scientists, priests and rulers, and semisolid food for the ordinary people.

Q: Is there sewerage system? How do you treat it?

A: They collect the dejections afterwards the consumption of foods in the lower parts of the city thrown outside it, next to the forest and then incorporated to the soil, renewing the natural load of nutrients for the plants.

Q: Is there any special treatment?

A: Yes, because the organic system of people here differs from that of yours, whose nature is cleaner than that of yours.

Q: How do they govern Lunthi?

A: Priests and Administrators, weekly (based on your terrestrial time), follow up the programmed activities seeking the spiritual common welfare.

Whenever is necessary, the Administrator assists the inhabitants presenting incompatibility. In such occasions, he uses all his experience and knowledge to solve the troubles. If he cannot do it with own resources, he asks help, depending on the deficient moral aspect in each one, making clear what they have to understand.

After this extreme measure, they recommend a quarantine period far from family and friends, so that they think about the situation, before making actions able to hurt them. Afterwards the quarantine period, they take the patient to the priest who, according with each situation, proposes a kind of treatment for the "enigma." (It is the word able to express the issue), which solution must develop cerebral regions, stimulating the creature's deficient appearance. After had solved the enigma, the individual returns to his habitual life.

Q: How the reproduction happens?

A: Man and woman with body and spirit united create the newborn child. Both father and mother look after the baby with differentiation of masculine and feminine tasks. Each newborn child acquires the knowledge necessary in that incarnation.

From the birth moment, the father takes care of his newborn child while the woman takes care of the family.

Q: Is the father who feeds and takes care of the newborn child?

A: Yes, as you see, in Lunthi, bodies of ordinary men and women are similar of men and women on earth, except the absence of hair covering the man's body and face.

Note: During the woman pregnancy, food bags appear on the man's body similar the mother's milk used afterward the child birth. This period is short because within a month (based on the terrestrial time), they begin with homemade food. Probably the human beings will laugh at judging to be madness or even excessive creative minds of mediums, but if they visited our world, would see exotic things about food and in areas of human life. I remembered of the popular saying, "So many countries, and so many customs".

Q: Do the priests eat?

A: Priests and Administrators have pasty food with an additional charge of energy vrill.

Q: How are the means of transport in Lunthi City?

A: As you have seen, the animals offer themselves as means of transport. This work is part of evolution.

Q: Are there other vehicles, spaceships, boats and so on?

A: Yes, we have every kind of aerial, aquatic and terrestrial transport. There are also bodies adapted for rapid displacement in the water, land and air.

Julian, 01/11/03.

THOORÃ, INTRATERRESTRIAL CITY Located between MG and Midwest/Brazil

Peace only comes for this humanity after hard pains and suffering.

Have courage, brothers!

The battle is hard and long, but at the end, you can finally see the Regenerating Planet. Believe in the Major Forces and especially on the Supreme Planetary Governor who guides you with such love.

Gandhi, Great Martyr against violence on Earth.

01. Thoorã City

I crossed throughout the illuminated tunnels at all latitudes and directions of the planet. I floated outside the Earth, seen as an X-ray. There were several luminous paths inside the Earth, with colors of different intensity, but all of them in feverish activity.

The Planet Earth is a laboratory for evolutional forces sustained and nourished by the Great Love of Master Jesus. In a second concentration, I have seen us in a place like a marsh. We were on the back of animals that resembled big scarabs. We crossed from dense swamp to a forest with large trees in front of us. After the path with too dense air, we met a wall full of mosses. One of the scarabs advances and put its horn into a small gap invisible to our eyes. A stone rolled on the side, with an opening through which we entered. The animals let us when we entered and the door closed behind us. We were not afraid of.

The scenery was not attractive. From there we set off toward the intraterrestrial city Thooran. Then we took an open transport that moved on the tall rails. As the speed increased, it was closing until taking a spherical shape. Then, it abandoned the rails and climbed up, as if it were and airplane taking off.

First, we flew over a region with dense forest divided by a river like the Amazon Region. Nevertheless, while flying lower, I could identify it as big lake surrounded by large trees. Then, I saw many dinosaurs and pre-historic animals of various species. The lake of clean and limpid waters had giant fishes of very large mouths and sharp teeth, swimming quietly here and there. I was confused with everything, but sure that later I would know of it.

For some time, we observed that landscape. Soon, Elsim, an intraterrestrial friend told me.

- Inside the Planet, outside the intraterrestrial cities, there are true prehistoric sanctuaries, relics from primitive Earth. In those places there is abundant and crystalline water, pure in its springs, where the millenary trees resist to time, inhabit prehistoric animals, dinosaurs of various species there arrived during the Earth's geological transformation.

These giant prehistoric animals survive and multiply in a harmonic and balanced way on earth.

The future planetary convulsions, which will once again suffer the Earth, and definitely extinguish these animal species with its cycle of existence ended in this Orb.

They are living beings remained from the primitive's ones that inhabited the Earth in ancient times. They are not dark creatures trying to subdue the human beings imitating their shapes.

These giant animals live inside the Earth, but surrounding the intraterrestrial cities. They have no intelligence, but only instinct, controlled by the Higher Forces of Nature.

Some of intraterrestrial cities coexist with species grazing next to the entrances; neither interfering in their evolution nor allow them penetrating their civilizations.

Thoorã is a medium-sized intraterrestrial city. Its people, in general, do not know the terrestrial inhabitants, however believe in its existence.

There is a peaceful coexistence with other intraterrestrial beings. Their basic foods are juices, fruits, pastes, jellies and vegetables.

They live in small communities linked to a Central Command.

Numerous families live in small nuclei, where they organize themselves sharing common welfare. Everyone works and use vril energy for collective benefit.

At Universities they exchange with other intraterrestrial cities.

They are meek and peaceful people always seeking the general good.

Elsim, January, 17-18, 2003.

SUB-AQUATIC AND SUB-OCEANIC COMMUNITIES

The arduous task is a challenge for noble hearts.

Mark definitely your journey in the matter with the Symbol of redemptive work, and throw to the World, the seeds of union celebrating the remaining Apocaliptic Humanity.

Hail the Force!

Hail the Light of Divine Master Jesus!

Joanna of Angelis

Note: To our dear martyr Joanna of Angelis, Heroine who sacrificed herself in defense of the "Convento da Lapa" in Salvador-BA.

01. Intra-Oceanic cities - The God's Eyes in the waters!

I was at the bottoms of the sea, when I have seen blue domes of an intra-oceanic city.

On board of a transport like a bubble, we crossed through the region until nearby the blue domes. Some whales circulate there, and close to the domes, they seemed to be small fishes.

The raw material of the construction seemed gelatinous, only in appearance; maybe because of moving water, however it is hard.

I can see a very big green forest surrounding the domes, making natural environment for the marine inhabitants.

Our transport got into the city through a very large gap, and then it goes up and goes down floating as far as a small beach. A male and a female beings approached on the beach. He seemed to be Neptune. She had clean, silver and wavy hair almost reaching on the floor. Both had crowns on their heads.

Next, I see them in a transport. They seemed to know who we were and what we were doing over there, but remained silent. As we sailed, I also could see other marine species like fishes but when they approached, I could identify them as beings already described by Ersam in another time.

Q: Do these beings evolve here?

A: Yes, they are superior to the humans and remain here voluntarily, sustaining the system. They capture the superior energy and distribute it equally within the oceans and seas, making possible the permanence of life in such worlds.

They are the God's Eyes in the waters!

Humans, you neither know of the Earth nor of yourselves!

The subaquatic beings mentally can use their high technology to keep them updated about every occurrence within the Planet's oceans and seas interfering for maintenance of life.

When necessary, these superior beings take the marine animals shape to visit the terrestrial surface, including the Eskimos shape or any other appropriate for the moment.

Ersam, 09/28//2002.

Note: While Ersam was closing the message, I saw inhospitable places, glaciers collapsing and ice floating. I also saw a lot of polar bears, birds and aquatic animals of that region.

02. Notion about the sub-aquatic cities

Sisters,

Peace in Jesus, who sustains the Planetary Force. This is a vast field of working and learning, where man systematically has his harvest of everything sowed in the past.

Few ones pick out flowers, much less sow them. The current sowing is plenty of thorns.

The Gospel Revelation of Jesus is in all human hearts, but the creatures often use the free will to choose shadows. Even those Spirits of Light trained and prepared for the battle as true Warriors of Light, they have abandoned the mission and bringing sorrow to our hearts. Human beings live the immediacy of the material existence.

Once again, the Father sends them, Light of hope and knowledge about the intraterrestrial brothers still ignored, even coexisting in the same Planet.

We hope the human beings aware of their existence, they spread the good news, about the existence of superior life inside the Earth!

After saturating the atmosphere about the truth, it will spread throughout the world, reaching the humble and disinherited of matter, bringing new hopes on earth. We work in the name of Jesus.

Hail the Force! Hail the Light!

Ersam, 09/28/02.

03. Life and Work at Sub-Aquatic Cities

Within their limits of action and the people's karma, the subaquatic cities have interfered in the maintenance of life, reducing pollution and excessive contamination of rivers and seas.

They act in subaquatic dynamic life for not to lose specimens of plants and animals that still must exist and survive.

The human ferocity overcomes limits even on their own survival, which they destroy, in the eagerness of domination and possession.

The intraterrestrial beings that work in the sub-aquatic areas, they come from various intraterrestrial cities of other planets.

These subaquatic intraterrestrials have skin differentiated from human beings, as they have adapted to the existing forms within waters, thus acting for not disrupt or disturb the inhabitants (fishes and other species).

They have a kind of scale covering them the entire body, as if they were fishes. They have two or three fingers in feet and hands connected by soft membranes, which give them the shape of flippers.

They also have on both side, small hole acting like ears or sonars capturing the least vibrations inside the water.

Instead nose, they have small holes that filter the water, making the gas exchanges necessary for them breathing. The eyes are similar to fish. They have mouth and feed on aquatic plants and algae.

They work for the planetary balance, minimizing at most the harmful consequences brought by nuclear explosions at sea, forming a boundary barrier against radiation and collecting animals for not being hit. In general, the polluted waters undergo treatment, because the nuclear radiation is not neutralized quickly. Sometimes, it takes millennia to return to its natural life for daily consumption.

The work is dynamic inside the land, seas and on the terrestrial surface, always directed to the New Land plenty of life and strength.

Blessed is Jesus!

Ersam, 09/28/02.

04. Submarine Community

Someone helped me to get rid of my physical body and then we went until a wild and completely desert beach.

I walked seawards and when the water covered almost completely my body, a female being gave me the hand and we dived. She guided me patiently. I was not frightened, but aware of everything happening.

I could see details of colors of that beautiful marine vegetation, as well as multicolored fishes and other species of the local marine fauna. As the depth increased, the fauna and flora changed. The animals did not frighten us. They seemed to agree with everything happened. The Instructor followed me with incredible tenderness. We arrived at such a depth that everything was dark, but my companion had a kind of lantern attached to the forehead illuminating the atmosphere around.

We went until the base of a marine hill and penetrated the tunnel until where had no water.

Outside the water had a huge hall, which floor had a porous surface, but it was not sand. The walls had gaps that despite their rough appearance did not hurt our hands. We crossed through the corridor until something like elevator constructed with quartz mineral. We went up and down by several floors with halls made of crystal, where they developed various different activities.

We returned to the meeting, where my physical body was. My companion said:

Good evening dear friends,

I am visiting you and let introduce myself. My name is Nasha. I am member of a "kind of beings" inhabiting inside the oceans.

We are a lot of beings taking the occasion to bring information about our way of life and tasks.

Indeed, it does not occur just as curiosity.

There is a determination from the High for this communication based on the task we have with you.

We are experts at fulfilling some tasks very useful to the humanity at the right time. Sooner, we send more information.

For the time being, we only can say, we are composing a planetary group cleaning part of the terrestrial psychosphere; including channels to anchor the superior energy amidst the chaos lived by terrestrial beings on the surface.

Dear friends, it is a great joy to share with you this important task. We shall make new contacts. Thank you with our best wishes!

May the Faith be strengthened!

Nasha, 01/29/99.

05. Activities in Intra-oceanic cities

Here we are to tell you about the intra-oceanic cities. We inhabit inside the oceans. We are also intraterrestrial beings, but of different species.

We are adapted to the marine environment transiting freely the oceans. We have devices on our bodies that allow us to transit amidst seas and population. Then, we can keep ourselves far from the human curiosity.

As we already said, we answer for cleaning the astral plane, through magnetic capture operated by oceanic waters.

The oceans are great sources of astral energies left from the insane humanity that throw their wildest desires and feelings over the astral plane.

Part of this deleterious force is processed by our city, which acts as an energy-recycling base.

Without this work associated with actions of the stellar spaceships determined by the Great Universal White Fraternity, the Earth's axis no longer would support itself.

Thus, this action shared between spaceships and intraterrestrial cities avoid for some time, the natural catastrophes triggered on Earth.

We develop many others activities, which we shall transmit further.

Wait for new contact.

I say good-bye in the name of Love.

Rechan, 03/12/99.

06. Purification Plants of the seawater

Ersam talks to me about the intra-oceanic life.

These intra-oceanic cities are very developed, of singular beauty, and the extraterrestrial beings get along well with the aquatic inhabitants. They no longer feed like you; they get from the water the prana energy for the sustenance of life.

They contribute with the planetary balance, minimizing the harmful consequences of human insane acts.

They detect and remove the abnormalities in the water bottoms, which cause unnecessary imbalances to the planet. It keeps the harmony and balance of seas.

They do not work directly at lower regions of the subaquatic world, but provide conditions to the Beings of Light to do so. They are peaceful beings, but of a very high vibration. They do not rescue beings of dense vibration from the oceans abyss.

They prepare themselves to go away from the planet where they worked, inhabited and evolved over ages, and contributed in a fundamental way, making possible life and control of waters.

Thence, we dived until the place where the waters were agitated, as if we were in a swirl. I saw giant bubbles where the water circulates. They were the purification plants of seawater, said Ersam.

Ersam, 11/30/02.

07. Earth, Planet School

At all times of Planetary Evolution man has received help of superior brothers from other planets, as well as inside the Earth, there are friendly beings who, hand in hand with the Brothers of Stars, minimize the harmful consequences provoked by insane attitudes of terrestrial beings.

It is the time for terrestrial and intraterrestrial beings construct their new house.

These brothers have so much to offer, even knowing little and nothing receiving as reward. They do everything only for the love and pleasure in serving others.

They are Evolved Beings aware of what happens in the entire Planet, always connected with the superior minds governing the Earth.

Obediently, they fulfill the determinations.

People of the terrestrial surface must avoid fear, and to open the hearts for understanding the different forms of life inhabiting the Earth, Planet School, Laboratory of a lot of souls of different vibrational levels.

From this understanding depends your life!

Blessed is Jesus!

Ersam, 09/28/02.

08. Syncrony of Actions

The intraterrestrial cities have "open doors" for those with a sincere desire to know them, but few ones get to overcome obstacles and barriers to meet us.

During the planetary rescue, human brothers will have the opportunity to meet us.

We hope they learn to love us as we love them!

Q: How will be the intra-oceanic and subaquatic cities during the Planetary Transition? Will the extraterrestrial brothers working there in favor of the Earth, return to their home planet?

A: Not necessarily, because some of those evolved Beings may choose to inhabit in another world in progress like this of yours helping the beings there, just as they are doing with you.

They are evolved ones and have the infinite as their house.

Q: Will the rescued ones go to intraterrestrial cities by tunnels or on foot?

A: According to their actions, vibrations and thoughts and merit will compose similar groups.

No soul shall be lost, because at that hour all they have their choices and destination.

The decision of destiny for human beings do not depend on intraterrestrial beings.

In the Army of Light there are groups of Specialized Beings who will compose and prepare the similar groups. The intraterrestrial and extraterrestrial beings answer for the Rescue Parties of the Commander Yuri.

The planetary transition process is complex, but well defined and structured, and each component linked to the rescue has a defined function. There is synchrony of actions, harmony of thoughts under unique command of the Father Creator of all worlds and Beings governing the present, past and future events. To Him, we surrender our lives and submit ourselves with respect and humility.

Blessed is Jesus!

Orcadim, 10/26/02.

09. The Support City

Q: Will the subaquatic intraterrestrial city at Amazon receive rescued beings?

A: Yes, it is a transitory base or support city for the extraterrestrial and intraterrestrial beings and temporary shelter for rescued of that region, and later transferred to other cities of rescue or spatial basis or Planets of transition.

Q: What means Planet of transition?

A: It is a small Planet prepared specifically for receiving the terrestrial human beings, where are trained, prepared and updated with Scientific and Technological knowledge for the New Earth.

Some humans are already inhabiting this type of Planet. The higher hierarquies that operate in the name of the Creator Uncreated, they work hard and dynamically so that every moment occurs synchronized and governed by the Light.

Man cannot see anything else around him, even the current planetary transition in process.

Blessed is Jesus!

Ersam, 09/28/02.

10. A Submarine Colony

I left my physical body in our Spiritist Group where I take part of the mediumistic work, and my Spiritual Guide already waited me outside. In the meantime, I saw some "deformed beings" that tried to interrupt my way. For a moment, I was afraid of them, but Rarafath took me by the hand toward his small "flying saucer."

We flow up until we could see the Earth in all its fullness and beauty. Afterwards, we began going down and at once, we penetrated the Pacific Ocean waters along of the United States of America. We went down until the bottoms of those crystalline waters, enjoying carefully the richness and exuberance of the local marine flora and fauna.

As we went down, we could see clearly everything around us, as if we were out doors, in full sunlight. Admired by that unusual landscape, I asked my guide the reason for such strong light. He explained that the friction of water in the disk fuselage put into operation its structure that, in turn, transformed the energy into light, illuminating everything around even at a considerable distance.

Beautiful, exotic fishes of varied shapes, sizes and shades moved right against us. Astonished, we could also see a cast of corals, shells, mollusks, crustaceans, seaweed marine and other inhabitants. Taking the occasion, Rarafath told me, they would study those algae in abundance so that constitute in the future, the main food for terrestrial beings.

Finally, we reached the bottoms of the ocean. Raraphat went to some place like entrance to a cave. We crossed through it and after some time, we arrived in very large area outside. At that immense oceanic region, we found an "Aquatic City."

The city or colony was surrounded by a giant transparent bubble, protecting it from water. Through one of its entrances, we overcame the obstacle, bubble, when two local inhabitants that seemed to belong to some leadership, they approached and greeted us. I looked at them carefully for further to describe them.

The local inhabitants are tall, of majestic features, bodies and heads covered by something like scales. They had thin ears, and big eyes expressing tenderness and intelligence. They have nasal holes and mouths like those of fishes. They also had upper and lower limbs ending with feet similar of duck and the hands with membranes among the fingers. The female had scales larger than the male had. They usually breathe inside and outside water, which means improvement of the physical body for better adaptation to the environment.

Under permission of my guide, we mentally began a dialogue in that "strange and unknown world" for us of the terrestrial surface.

Q: Are you from here on Earth?

A: No, we have already lived here for thousands of years.

Q: Had you always have this shape?

A: No, we developed this physical body, so that more quickly and safe, we could move better within the aquatic world without disturbing its fauna.

Q: Do you have any means of transport?

A: Yes, we have means of transport that take us at distant places, because we also take care of the security and preservation of marine species, which we monitor them closely through our "observatories".

Q: Where are you from?

A: We survived from a planet from a galaxy next to you. It had about ninety per cent of water and was about to have a collision with an asteroid, which happened indeed. Times before of the collision, all the prudent and deserved habitants received warnings and help so that abandoned that world. Thence, we looked for another "house." As says the proverb "he, who seeks, finds it", we found this beautiful Planet Earth that, other than water similar to that old address, the climate was also compatible.

Here we remained adapted to the way of life.

Nowadays, we protect the same waters, which men always insist on depositing their garbage. Here we help the humanity.

Finally, he invited us to visit them whenever we wished and would show us the city's way of life.

Rarafath, 09/09/85

Note: After that astral trip on September 9, 1985, we have never heard from those people, because the Spiritual Medium just quit the job. It reminds us of a phrase said by (Marcos Novaes, 1st semester of 2003). "The wall of lamentations is full of repentant deserters". It was another cycle of revelations interrupted like many others, which we mention in the presentation of this simple booklet.

11. Sanitation

Brothers,

Our work on the terrestrial surface takes place through sanitation of rivers polluted. We have our work base submerged in this river connecting with existing submarine basis in other parts of the planet. Our work comprises many sections of life and various kingdoms of nature: water, land, water, sea and air.

At this end of cycle, we intensify our task with dense energies present in this planetary Orb. Together with other intraterrestrial cities, which we coordinate and maintain contacts, we work seeking the evolution of the planet and its humanity.

Our spaceships and us remain at subtle vibration neither allowing perception nor interception by human beings.

Even the negative beings that try to subdue the world, they have their will constrained by us and The Great Universal White fraternity that not let the insane actions reach their superlative, although they have already exceeded the barriers allowed.

At this moment, they go imprisoned and sent to compatible planets.

We count on this Group for better dissemination of love in the entire Planet.

Be you on Peace and Love!

Saradim, Rio Negro, 03/31/99.

Note: In our fortnightly vigil, we joined in a beach between Barra do Jucu and Setiba in Vila Velha/ES.

More than once, extraterrestrial beings on special earthly mission visited us, leaving from an existing underwater base in that region.

Unhappily, we did not register clairvoyances and dialogues, however we still remember of the explanations they gave us regarding a submerged base, they are the same ones mentioned above.

"...So much cries begging for help resulted into the Great Planetary Rescue Plan.

Receive the guidelines of what will soon be your destination and start building a happy future…"

Rama-Schaim, Disciple of Master

CONCLUSION - BY VARIOUS BEINGS

"...May they hope to come from Heaven, fraternal hands to help them, but also to sprout from the Earth, affable hearts to welcome them! May they know that everywhere the Father wish, life manifests itself contradicting human thinking limited in its shape and structure...!"

Ramatis

01. The Book Effects for the People

Do not worry, because your work is not conclusive.

It is not your goal; on the contrary, the book may throw to the humanity the keys to discover new and curious worlds.

Each reader should know deeply the subject by elevating the thinking to the High in this regard. Then, experienced and trained intraterrestrial beings will help them to get rid of the mental insanity in which live the human beings, stimulating them with salutary energies able to prepare them to receive and understand the images, sounds and words received.

The book after published may approach men to the intraterrestrial cities, putting them in contact with unimaginable reality, materializing what the minds would not be able to capture, despite the largest efforts.

Everything takes place as planned. Lights of blessed enlightenment pour on you, and Divine Goodness invites you to share lovingly the gift with your incarnating brothers.

Hail the Light that provides everything!

Count Rochester, 12/07/2002.

02. Emergency Plan

Avoid doubts. You have correctly understood, when we affirmed to have an emergency plan to collect and remove from your Orb, all those who do not deserve to cross the valley of death, with such violence and destructive impact. As you know, we have enough Science and Technology to postpone, avoiding disaster in these proportions, even because our presence intends not only to protect men from themselves but also to keep the fundamental balance of sustaining forces of your solar system in the galaxy where is located.

However, free will exists and if, in an unforeseen act or an unfortunate creature taken by power of evil and perverse force dares destruction, **we will know at once**. This may free us from our commitment with the Great Universal White Fraternity and guide us to self-preservation.

We will depart in retreat, taking with us all those who, spiritually evolved, are able to disconnect quickly from the matter. Those who remain will weigh with intensity the lower instincts, which will direct them to a very painful end.

It is neither what we want or plan for you, nor what the Father wants. We will do everything to prevent such a collapse, since a lot of cycles will be necessary to rebuild what is lost. Nevertheless, you must know that this possibility exists, because the incarnating spirits have been sheltering the darkness in their hearts and the madness spreads over planet Earth.

Q "So will you come to the rescue?"

A: "Our emergency plan provides immediate help for all creatures in affinity with us. We monitor each of billions of inhabitants of your Planet that has a sidereal identity established from a vibrational pattern.

Those who have already reached the least required for a new life, they are closely monitored. The majority that has not yet reached it are encouraged by the Law of Karma and us, whenever is possible, even while sleeping to raise they vibrational pattern.

To collect them is therefore an easy task for us already prepared to do so. Difficult is to raise the vibrational pattern of creatures so primary still believing they are the only inhabitants of the universe.

Abur. 11/30/2002

Spiritual Medium's words: I saw advanced the Karmic Law through individual and collective events of different nature right against me. They all had a kind of medical register where were written down the little advances about spiritual health. They had a device like an electroencephalogram monitoring our vibratory pattern, which results were shown on a screen.

Q: "Is this emergency plan part of the Commander Yuri's Plan?"

A: Yes, Yuri is present.

Note: From here Commander Yuri continued with revelations.

We work permanently linked to the plan of redemption of this humanity. **We know** that powerful representatives of Darkness can manipulate some members like Governments and the world leaders.

There are balanced forces, since the perverse creatures do not dare to destroy or subdue the Planet. However, we know that by feeling weakened in dominate; they can, in a desperate act to destroy it. For avoiding it, we created the Emergency Plan, because there are a lot of beings who do not need or deserve to disintegrate with the Planet.

Remain in courage and determination, strength and light! These are your weapons.

Keep your mind on the guidelines and contributing to maintain balanced the forces now confronting each other on Earth.

Q: In a situation of nuclear explosion, would not have larger imbalance in the forces holding the planets of the entire system?

A: One of the first actions was to establish a plan, which consists the emission of magnetic waves at different levels.

Devices strategically placed at long distance will address their forces, creating a dense field of magnetism similar to that of the Earth, which replace their presence in maintaining the balance of the whole.

This measure seeks to prevent the imbalance of the whole system; on the contrary, the planets involved, as well as all other celestial bodies here, would be thrown into several directions causing major disorders in the whole set of systems and then around them, in a chain reaction to take the wrong way causing damage on the integrated systems.

Yuri, 11/30/2002.

03. The Intraterrestrial's farewell

Hail the Light and Peace!

Brothers, the representatives of intraterrestrial cities in charge to accompany you in the task requested by the High, renew desires of blessings and light in your path.

They have been with you every day of work and, at times, even in your daily routine. As you proceed to the next stage of work, they return to their cities, where will announce to the inhabitants everything they have seen and heard. In this way, they establish the bridges of communication between both worlds.

Be careful so that the Divine Mercy reaches even the most hardened and incredulous hearts like "water in hard stone", begin by opening your hearts.

May the Lord of the Worlds protect and be with you!

Intraterrestrial Onsã, 01/18/03

04. I am not Queen...

When we began singing, I saw Mary of Nazareth at distance, above Morro do Chapeu, because I was looking at it. She seemed calmly floating into space to our direction.

She dressed a queen's robe and a crown, but when she was in front of us, she dressed only a simple white tunic with the free in the air. She had in the hands, a bouquet of so white and brilliant lilies, which she shared individually among the present ones.

Then she sat down on the floor with us and said:

I am not queen, just a humble servant of Jesus, like you. Knelt down, I beg to beloved Father and His Son Jesus for this insane humanity still ignorant, despite the screams and clamors coming from the High.

You are in one of the most beautiful places of the Creator, where he confirmed the least life to flourish intensely. It is the micro-cosmos of rare beauty.

Wake up Brothers!

Look at the lilies of the field! Look at the birds on the sky!

Is not Him, the Father who provides everything?

Why so much greed and violence?

Abandon the power of evil, be you strong and courageous to face yourselves.

Soon through you, work group, cleaners of the light, may unveil throughout the world, other ways of living, which humans do not want to see the beauty right against them. Those who have eyes to see, and ears to hear, we hope they hear and see.

Hand in hand are the brothers of stars, humans and intraterrestrial ones.

Finally, a New Age of Peace!

I kiss you on the face thankful for helping the suffering beings.

Blessed is Jesus!

Mary, Morro do Chapeu, 09/08/2002.

Note: On September 8, 2002, we woke up about 5 a.m. at Morro do Chapeu, under fireworks and orchestras that lasted until 6 a.m., when they began praying the mass celebrated in the name of Our Lady of Victory. If noise meant faith, the city was full of it. Every city of "Morro do Chapeu" vibrated with joy in that celebration. Perhaps for this reason, the Astral Plane facilitated the manifestation of Mary so alive, spontaneous and human over there. All of us knelt down thankful to the beloved Father for sublime presence of Light among us. Thank you, Lord for so much received and so little we give.

05. Let the little children come to me

Let little children come to Me, for them is the Kingdom of Heaven!

Beloved daughters,

Walk like children among the wild animals that I will make them blind and unable to see you.

Keep pure your hearts to be invisible to the mental rays intending to reach you.

Offer your energies in favor of those brothers needing moral, spiritual and material charity.

Remain devoted to the good and everything else comes to you and your dear ones.

Keep the loving vibrations, sure that God Father guides you.

Keep your mind in the work, because, as you advance, your life no longer belongs to you, as instruments of renewal and hope in the Father's hands.

Thank Him for guiding you in Faith and Safety.

May Peace be with you!

Yours brother,

Jesus.

After reading this message, Mrs. Margarida said the words were so human, as if were one of us speaking over there. Great was the surprise, when the unforgettable Brother Jesus continued to transmit to us His thoughts.

- "Man I made myself among you so that you could hear and learn. As a man, they did not accept me as Son of God, and His words impregnated of love and wisdom became useless.

As I promised, here I remain among you, as Divine Spark disseminating the Light of my thoughts among men, so that once again those beings who have ears can listen to me. Through my Disciples, you can know works of my Love so that those who have eyes to see, can see. So it will until the end, so that everybody has life in fullness.

Nobody can blame God for having not received protection enough for his/her redemption and evolution.

Be you on Peace!

Jesus, 02/21/03.

Note: After reading this message, we were surprised with its content. The Spiritual medium could not create this beautiful message. We can only say thank you, Jesus, beloved Rabbi of Galilee, for bringing us so divine message.

06. PLANETARY TRANSITION: BEGIN, MIDDLE AND END

Peace on all quarters!

Peace also in your hearts!

The light that always shines, brighter it will shine when greater the pains are.

Everywhere in the terrestrial globe, survival groups are organized among the incarnating ones, instructed by our crews to the difficult tasks that await them.

To make it easier for you to understand the blessed rescue plan, we've broken it down into stages.

The first stage and most extensive is the preparatory one, which we have been intensifying with our appearances on this orb from the fifties of the last century based on your earthly calendar. This stage will culminate with the warning about the imminent action of toxic gases over the psychosphere (three days of darkness).

The second stage will be a chemical work to delay the decomposition of the bodies, the majority of disincarnated, your brothers that not believing in the warnings received, will find death with unprepared spirits. In addition to physical support in the sense of slowing down and containing the rapid decomposition of bodies, we will assist in the selection and transfer of those disembodied spirits, as the great disembodied mass will represent work superior to the service capacity of traditional spiritual help groups that have always assisted on occasions of collective deaths.

In this stage, several groups of spaceships will carry out a specific job. While some will be in charge of controlling the decomposition of bodies, others will collect and select the disembodied spirits and will direct them to a third group of spaceships that will lead them to the appropriate place according with their spiritual category and situation.

Meanwhile, a group of spaceships will be in the rescue of victims of suicide and madness, seeking to reduce and alleviate the sequence of insane acts that will surely grow worse; another group of specially prepared spaceships will collect and receive the seeds of the new age, children whose karmic planning will not force them to bear the endless pains that will devastate the planet's surface.

Finally, they will be placed over cities, energy generators with free access to the balanced and prepared minds that will have to draw strength from there to cross the darkness and survive amidst the chaos and human madness. At that time, elevate to us, your thoughts, because everything you need will be offered to you by the Father's Mercy. This moment will be crucial in the redemption of humanity.

Once the initial pain is overcome, we will then be in another stage of the rescue, where the survivors will have to look for each other, **forming support groups** and reciprocal assistance. Friends and relatives will look for each other. To find themselves, they must face the pain of leaving their shelters and verifying that the prophecies and warnings given were correct, in the sad scenario around them.

His love will be greater and will move them towards the rescue centers, as these are recorded in their unconscious that were worked on by us during the preparatory phase.

IMPORTANT: only those who accepted and allowed our contact during sleep received this instruction, which is engraved in their minds, as it is the within the free will of human beings. Therefore, we cannot impose our presence and the reality of our existence on any creature. They must believe in us and accept us, of the free will of their hearts.

Once gathered in the rescue center, some individuals will take some time to mold their Christian attitude in facing adversity, as a lot of them will I connect with us through the energy generators due to be fear and not because they have been renewed.

These creatures will need to purify their prejudices and ailments throughout the hard ordeal of living together, restricted in their food and in their actions, until the time comes when the tectonic movements denounce the approach of magnetic forces destined to definitively verticalize the Earth's axis.

At that time, those who really deserve it will be hoisted to our spaceships or sent to Intraterrestrial cities, so that they can move on to the stage of mental reprogramming and learning necessary for the reconstruction of the Earth.

The Earth will be washed and the bodies of unbelieving people, piled up and in a state of putrefaction, will be turned into compost for the sowing of a new civilization. Your pain will be forever imprinted on the Earth's body, as a record of your spiritual inadequacy and evidence of all the opportunities offered by the Father for your redemption.

We were present at the creation of this planet. We follow its childhood and planetary development. We were present in the awakening of rebellious adolescence, manifested by the humanity that developed here, and, now, we will continue to be present in the evolutionary leap, which will lift the Earth to the fullness of spiritual maturity.

Once the rescue stage is over, when a lot of them who are spiritually rising will be sent to Intraterrestrial cities, the disturbing element of the planetary order, the Cleaner Planet will be slowly pushed away by the magnetic force of our spaceships and will penetrate in the orbit of another system. Just as happened with the Earth in the past, there, on the Sanitizing Planet, the dawn of a new cycle of karmic evolution will begin, in which the beings transferred there (exiles) will have to restart their dense and poor evolutionary journeys, as they managed to store nothing of the intense learning that was given to them on his previous planet.

Question: Will this other system be close to Earth, in the same galaxy?

Answer: Yes. The distance that separates these two sister planets cannot be too great, despite the fact that they meet magnetically in different dimensions, because a lot of surviving beings on Earth will also be instructors, able to clarify the most varied subjects to the fallen.

Save the Light!

May God bless you!

Ashtar Sheran, 10/19/2002

Endless nights will come.

Be prepared with love in your hearts.

Pains increase in this Planet for simple noncompliance with the Universal Law. Love each other, Brothers and sisters so that the Father chooses you.

Ramp

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